RPS Weekly Newsletter



Friday 6th November 2026

Dear Parents and Carers,

Welcome back to all our families and children. I hope you had a fantastic long half-term break.

This week in assembly, the children learned about the history of **Guy Fawkes** and the events that led to Bonfire Night. They explored why we remember 5th November. They learned the famous rhyme



"Remember, remember the Fifth of November,
Gunpowder, treason and plot.

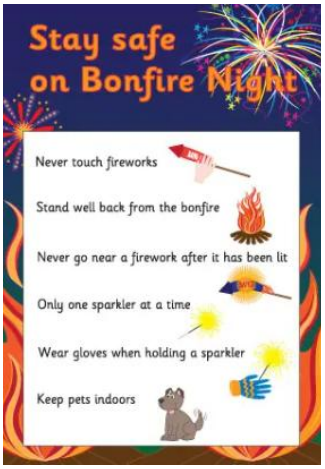
I see no reason why gunpowder treason
Should ever be forgot."



This rhyme was intended to remind people about the attempt by **Catholic** conspirators to blow up **Parliament** using gunpowder on **5th November 1605**. This plan, known as the **Gunpowder Plot**, was uncovered, and those involved were punished. The children learned that the word **treason** means trying to harm or betray your country or government.

The children also learned about **Diwali**, the Festival of Lights, and discovered how it is celebrated by millions of people around the world. They explored the meaning of Diwali and how it symbolises the triumph of light over darkness and good over evil.

Firework Safety
We also discussed the importance of staying safe around fireworks. The children learned how to enjoy fireworks displays responsibly, including standing well back, following adult instructions, and handling sparklers safely by wearing gloves, holding them away from their bodies, and placing used sparklers in water once they have cooled. These important safety messages will help everyone enjoy the celebrations safely.

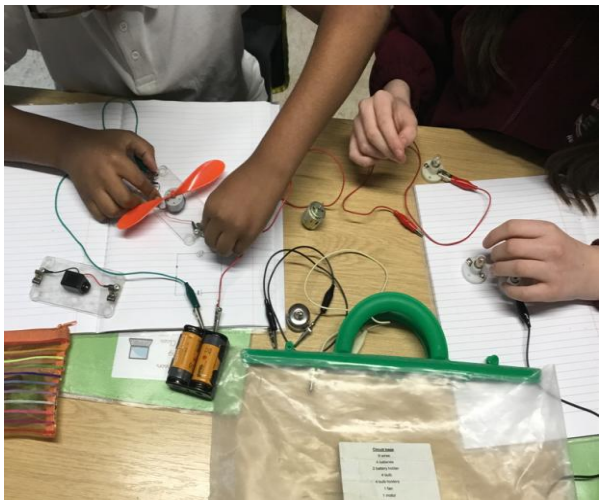


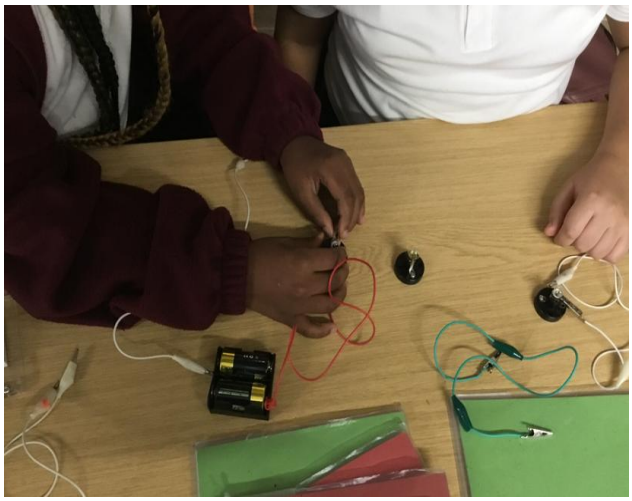
Congratulations! It's a girl!
We are delighted to share the wonderful news that **Annalise has welcomed a beautiful baby daughter, Ottilie**. Both Annalise and baby Ottilie are doing very well and enjoying this special time together.
We are sure that everyone at Rotherhithe Primary School will join us in sending our warmest congratulations and best wishes to Annalise and her family as they celebrate the arrival of their precious new addition.



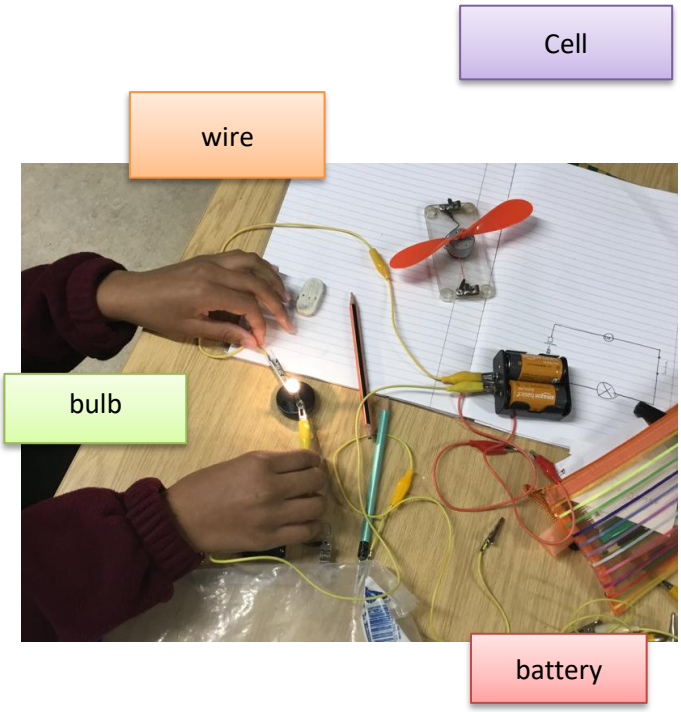
I have had a number of parents ask whether we will be raising money for **Children in Need** this year. We will be supporting the charity on **Friday 20th November**, so get ready to get spotty!
Have a wonderful week! Lisa (HoS)

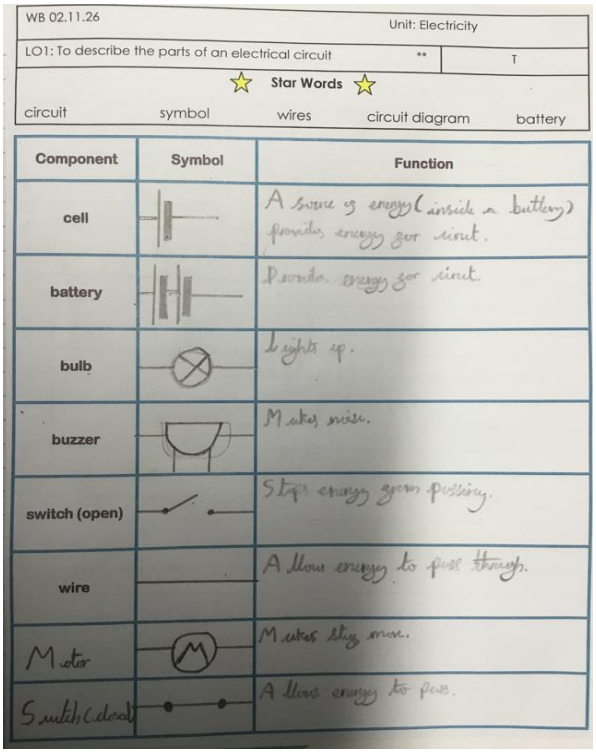
Year 6 Become Electrical Engineers!





Year 6 pupils have been putting their science knowledge to the test as they explored the exciting world of electricity.
During the lesson, children successfully identified the different parts of an electrical circuit, including cells, wires, bulbs, switches and buzzers. They then learned how scientists and engineers represent circuit components using standard electrical symbols.
The budding electricians took on the challenge of constructing their own circuits using both circuit diagrams and real-life components. Working carefully in teams, they connected equipment to create complete circuits and tested whether their designs worked as planned.





WB 02.11.26 Unit: Electricity

LO1: To describe the parts of an electrical circuit ** T

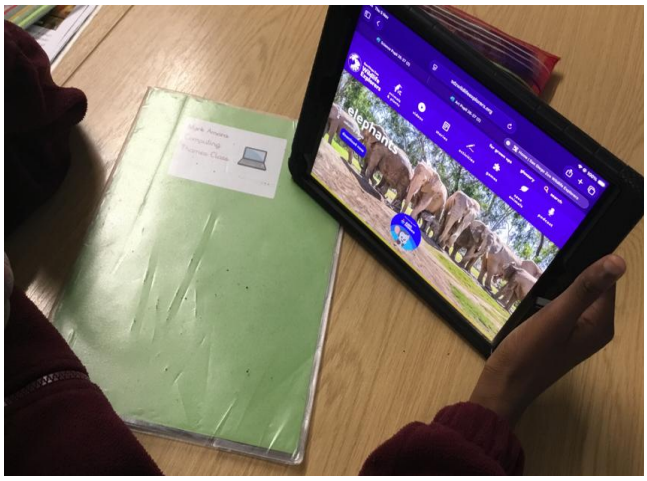
Star Words

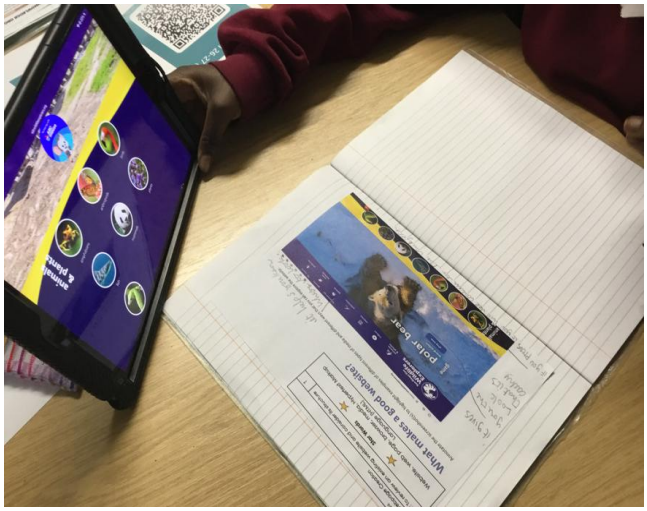
circuit symbol wires circuit diagram battery

Component	Symbol	Function
cell		A source of energy (inside a battery) provides energy for circuit.
battery		Provides energy for circuit.
bulb		Lights up.
buzzer		Makes noise.
switch (open)		Stops energy from passing.
wire		Allows energy to pass through.
Motor		Makes things move.
Switch (closed)		Allows energy to pass.

Year 6 Investigate the Secrets of Successful Webpages

Year 6 pupils became digital detectives this week as they explored what makes an effective webpage. During their computing lesson, the children analysed a range of websites, carefully examining their design, layout and content. They identified key features that help webpages engage visitors, including clear navigation menus, eye-catching images, informative text and appropriate use of colour.
The pupils discussed how successful webpages are organised to make information easy to find and understand. They also considered the importance of accessibility, readability and online safety when creating content for different audiences.
Working collaboratively, the children evaluated examples of webpages and shared their opinions on what worked well and what could be improved. Their thoughtful observations demonstrated excellent critical thinking and a growing understanding of web design.





TALKING TUESDAYS



School uniforms should be banned.

Oracy Matters

Please use this statement as a discussion point with your family.

Can you persuade someone to change their point of view?

Dates for your Diary

9.11.26	Author visits – Gabby Dawney & Alex Barrow
10.11.26	Individual and sibling photographs Maths specialist assembly and workshop for Year 5 Parents' meeting for children with SEND.
11.11.26	Armistice Day Year 4 to Sports Inspired Festival
12.11.26	Michael Rosen Workshop Poetry Party
16.11.26	Road Safety Week Anti-bullying week
20.11.26	Children in Need
2.12.26	Author visit
4.12.26	Drama 4 All Workshops for Years 1 & 2 Christmas Fair after school
8.12.26	Parents' Evening
9.12.26	Parents' Evening Follow up flu vaccinations
10.12.26	Christmas Jumper Day and Christmas Lunch
12.12.26	Achievement Awards 10 am KS1 10:30 KS2
14.12.26	Lea Class Trip to the National Portrait Gallery Achievement Awards Christmas Performances- exact timings to be confirmed
17.12.26	Attendance Parties
18.12.26	Class Parties
Christmas Holidays	

School Trips
Parents, please remember you must provide **consent** for children to attend school trips, or your child will miss out.

Please give your consent on Arbor before the cut-off date and time.

Attendance Matters

Class	Weekly percentage	Star attendance winners
Penguin	91%	
Whale	89.3%	
Octopus	94.2%	
Coral	94%	
Seal	**95.6%**	★
Peck	**97.9%**	★
Avon	**98.5%**	★
Wandle	94.3%	
Effra	90.5%	
Lea	**99.3%**	★★
Severn	**96%**	★
Thames	**97.3%**	★

Please help us to improve our school attendance. Our current attendance stands at **94.1%**, which is below the national expectation of **96%**
Please make sure children are in school unless they are unwell.



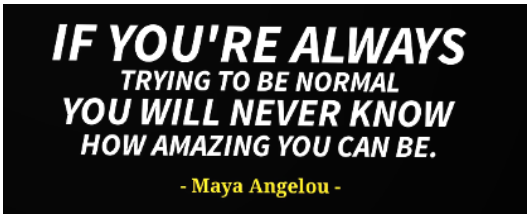
Attendance Week to Date
For All Pupils



Attendance School Year to Date
For All Pupils

If children are unwell they should remain at home, but please **do not book holidays** during term time as this may lead to a penalty notice.

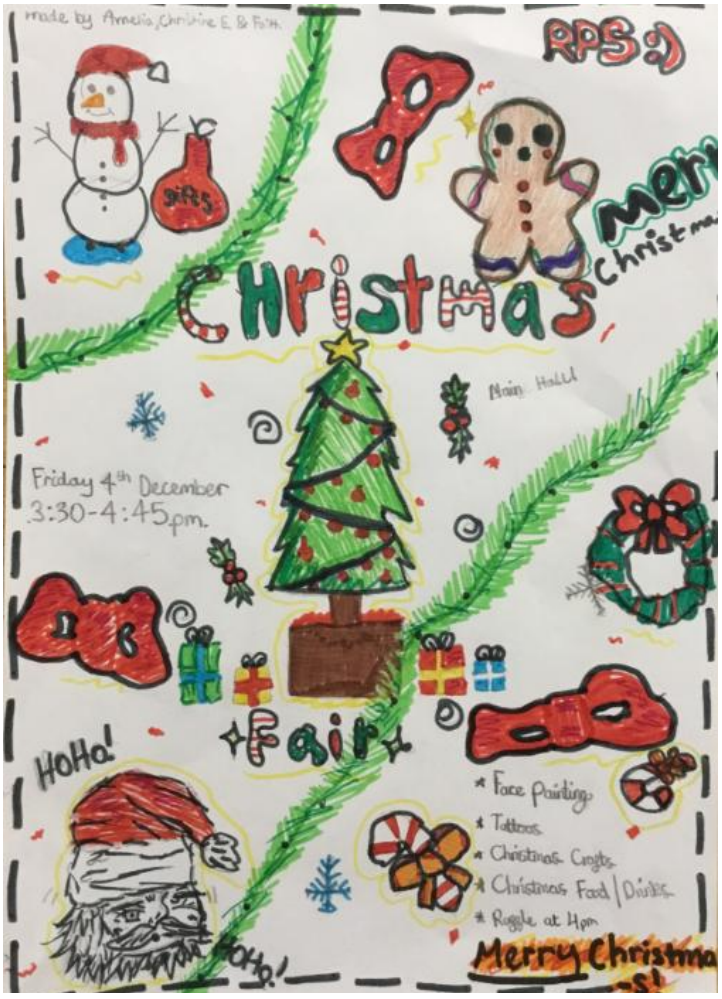
Studybugs





Whale	Atia	Atia comes to school every day with a big smile on her face and a fantastic attitude towards learning. She is always eager to participate and tries her very best in every lesson. We are especially impressed by how confidently she uses the star words and wow words she learns in class, particularly in Science and Maths.
Octopus	Levi	Levi has been working incredibly hard during our phonics lessons. He always makes sure that he is looking and listening carefully, and this has helped him to make great progress. Well done, Levi! Keep up the hard work!
Coral	Inara	Inara has had an amazing week! I have been really impressed with her effort, particularly in writing. She is growing in confidence and is using the word bank effectively to support her learning.
Seal	Amarra	What an amazing week Amarra has had in Seal Class! She has come back with a great attitude to learning, staying focused and trying hard with her work. She is using word banks well to help her share her ideas and complete her tasks. Well done, Amarra!
Avon	Avon Class	You have all made a fantastic start to the term by working collaboratively with others during talk tasks and group work. You have shown excellent teamwork, listened carefully to your classmates, and shared your ideas thoughtfully. Your positive attitude has helped everyone learn together. Keep up the great work!
Peck	Abdul	Abdul really impressed me today. He made a fantastic first impression, demonstrating readiness to learn, respect and kindness. Keep it up, Abdul!
Effra	Jayden	Jayden has been such a great mathematician this week! I've been really impressed with Jayden's explanations and use of Maths vocabulary during our carpet sessions. Well done, Jayden!
Wandle	Aamirah	Aamirah has really impressed Jade and I this week with her independence in her learning. She has on multiple occasions used her initiative to access support for her own learning using strategies we've been working on. She's a star! Keep it up, Aamirah!
Lea	Jason	Well done for making a great start to the new term. You have approached your learning with enthusiasm and are consistently trying your best. Keep up the excellent effort and continue to take pride in all that you do.
Severn	Reggie	Reggie was an enthusiastic participant in our drama lesson this week, acting out the story of Snow White with confidence. I was also really impressed with his reading of the dialogue and the expression with which he spoke.
Thames	Elijah	Elijah has made an excellent contribution to our science learning by confidently sharing pertinent prior knowledge during discussions about electricity. His thoughtful contributions helped deepen our understanding and encouraged others to think carefully about the topic. Well done, Elijah, for your enthusiasm, scientific thinking, and active participation!





1st Place

FATHER'S GROUP



Join a 10-week course to improve your parenting skills.

Whether you are a father, grandfather or stepdad, receive advice and tips on topics such as positive parenting, improving relationships and role modelling. Crèche provided.

When	**Friday Morning's at 10.30am - 12.30pm** **Starting 15th January 2027**
Where	**1st Place Best Start Family Hub** **12 Chumleigh Street, Burgess Park, SE5 0RN**

BOOK A PLACE
Email: Tara.Long@southwark.gov.uk or Jamal.Jones-Thomas@southwark.gov.uk
Phone: 07513 713 090

BEST START IN LIFE | FAMILY HUBS | UK Government | BWCFC@1stplace.uk.com | www.1stplace.uk.com | @1stPlaceCentre | Southwark Council

SOUTHWARK FATHERS GROUP
KEEPING FAMILIES STRONG

FATHERS FOR FATHERS

Drop-in after care support following on from Southwark Fathers Group.

This space is designed for male carers who have previously attended the Southwark Fathers Group who want to stay connected with male carers, receive parenting support or information, advice and guidance in a specific area of need, or touch base with the Parenting Team, in a community setting.

When	1st Friday of every month at 10.30am - 12.30 Upcoming dates: **8th Jan, 5th Feb and 5th March**
Where	1st Place Family Hub 12 Chumleigh Street, Burgess Park, SE5 0RN

To find out more information please or contact
Email: Tara.Long@southwark.gov.uk or Jamal.Jones-Thomas@southwark.gov.uk
Phone: 07513 713 090

1st Place | Southwark Family Hubs | BWCFC@1stplace.uk.com | www.1stplace.uk.com | @1stPlaceCentre

EPEC BABY & US

Baby & Us is a 9 week peer-led group which helps parents gain confidence in parenting and everyday life with a new baby (0-9 months).

This includes supporting parents in understanding baby's cues, coping with challenges around feeding, sleep, and crying, interacting positively with baby and managing parental stress.

JOIN NOW

Contact: Claire Gager or Sunshine Brand on 07547 659 646 or 07597 506 898

Email: claire.gager@southwark.gov.uk or sunshine.brand@southwark.gov.uk

Or scan QR code to complete registration form



WHEN IS IT ON?

STARTING WEDNESDAY 13TH JAN 2027

COIN STREET NEIGHBOURHOOD FAMILY & CHILDREN CENTRE
108 STAMFORD STREET, LONDON SE1 9NH

What time?

10am - 12pm

STRENGTHENING FAMILIES STRENGTHENING COMMUNITIES

For parents of children aged 8 – 18 years

This 12 week course helps parents and carers to

- Build positive family relationships
- Manage anger and stress
- Implement effective discipline strategies
- Understand your child's development
- Recognise and value your family and cultural traditions
- Develop effective communication
- Meet others and share ideas

(online groups sometimes available)

JOIN NOW

Who to contact: Rebecca or Jamal

Email: rebecca.arinze@southwark.gov.uk or Jamal.Jones-Thomas@southwark.gov.uk

Call: 07939635458 or 07710 018 385



WHEN IS IT ON?

Starting Tuesday 12TH January 2027
Ann Bernadt Family Hub, 29 Chandler Way SE15 6DT

Face to Face English
Online/Face to Face - Spanish

Starting Wed 13th January 2027

Face to Face - Arabic

What time?

10am-1pm

EPEC BEING A PARENT

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

JOIN NOW

Contact: Claire Gager

Email: Claire.gager@southwark.gov.uk

Call: 07547 659 646



WHEN IS IT ON?

WEDNESDAYS

STARTING 13TH JAN 2027

CRAWFORD CENTRE
5 CRAWFORD RD, LONDON SE5 9NF

What time?

10am-12pm

THURSDAYS

STARTING 14TH JAN 2027

RYE OAK CHILDREN & FAMILY CENTRE
WHORLTON ROAD, PECKHAM, SE15 3PD

EPEC BEING A PARENT 1–3

For parents of children aged 1 – 3 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

JOIN NOW

Contact: Claire or Sunshine

Email: Claire.gager@southwark.gov.uk or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898



WHEN IS IT ON?

STARTING TUESDAY 12TH JAN 2027

BEST START FAMILY HUB 1ST PLACE
12 CHUMLEIGH STREET, LONDON, SE5 0RN

What time?

10am-12pm

Rose VOUCHERS for fruit&veg

Free fruit and vegetables for families with young children

The Rose Vouchers Project gives vouchers to buy fresh fruit and vegetables from local markets and some other places. If eligible, you will receive at least £4 of vouchers every week.

Who is it for?

If you live in Southwark and have children under 5*, or are more than 10 weeks pregnant, you may be able to get Rose Vouchers if one of the following applies:

- You receive Healthy Start
- You have a low or no household income (less than £408 income a month if you are on Universal Credit)
- You have no recourse to public funds (NRPF)

Children must be under 5 until 31st August

SCAN ME

1stplace.uk.com/rosevouchers

rosevouchers@1stplace.uk.com

1st Place · Alexandra Rose Charity · Impact on Urban Health · Southwark Council

Rose VOUCHERS for fruit&veg

Free Fruit and Vegetables for Families with Young Children Living in Southwark

Get vouchers every week to buy fresh fruit and vegetables for your family.

Available if you are pregnant or have children under 5 until 31st August, and have a low income, no income, or NRPF.

Find out more

1stplace.uk.com/rosevouchers

SCAN ME

Centre details

Alexandra Rose Charity · 1st Place · Impact on Urban Health · Southwark Council



FREE STREET CRICKET

WHEN:
Friday 4:00-6:00
Ages 8-15

WHERE:
Southwark Park, SE16 2TX

All abilities welcome
Wear what you want
Make new friends
No equipment needed
Explosive action



CHANCE TO SHINE STREET · SURREY CRICKET FOUNDATION

CONTACT | Alex Hughes | ajhughes@surreycricket.com | 07756 269946

Thinking About PARENTING

TAP – IN SESSIONS

Free and stand alone information sessions for parents and carers on a range of topics.
Join us with Thinking About Parenting and TAP in to.....
New dates to be announced with new topics...

- **Parenting Foundations**

Exploring the importance of communication, boundaries, praise and appropriate discipline for our family life and relationship with our children

- **Bullying Awareness**

What is the impact of bullying on children? Why might children bully? What can we do to support them

- **Emotionally Based School Avoidance**

What it is, why it happens and how to seek help and provide support to our young people

These will be joining our existing topics
- Digital Safety
- Parental Emotional Wellbeing
- Ages and Stages
- Parenting and Autism
- Parenting and ADHD

JOIN NOW

All sessions held online - link will be sent out 1-2 days before session via email



For more information or to join now contact:

Beth Gilbey

Email:
bethany.gilbey@southwark.gov.uk
parenting@southwark.gov.uk

Or call:07394 865 980

FAMILY HUBS · UK Government · Southwark Council

Autism Support Team

Developing Toileting Skills

Free online training for parents & carers of autistic children

In partnership with the Neuroinclusive Education Network (NEN)

Do you want to know how to support your autistic child to achieve toileting independence and how to work with others to develop these skills?



Through this training session you will learn:

- ✓ How autism can impact the development of toileting skills
- ✓ The importance of all adults working together to support the process
- ✓ How to remove barriers to developing toileting skills
- ✓ How to make adjustments to support further toileting independence

All sessions are delivered **online** for **free**
by Early Years Autism Support Officer, Annette Archer

Click here or scan to register

Upcoming sessions	
Tuesday 20th October 2026	10:00am - 12:00noon
Tuesday 8th December 2026	12:00noon – 2:00pm
Monday 8th February 2027	10:00am – 12:00noon
Tuesday 23rd March 2027	12:00noon – 2:00pm
Tuesday 25th May 2027	10:00am – 12:00noon
Monday 26th July 2027	12:00noon – 2:00pm
Thursday 5th August 2027	10:00am – 12:00noon
Thursday 12th August 2027	12:00noon – 2:00pm

A Microsoft Teams meeting link will be sent to your email 2 days prior to the training

National Autistic Society | Neuroinclusive Education Network

autismsupportteam@southwark.gov.uk

Southwark Council

educational wellbeing team

AUTUMN 2026 NEWSLETTER



A little hello from us

Hello from the ***educational wellbeing team (ewt)***! We'd like to wish all children, young people and families a happy and restful break. In this newsletter you can find some of our top recommendations for things to do this half-term, along with some tips of how to look after yourself and your wellbeing.

As always, we're here if you need us – and we look forward to connecting with you again after the break.

What is an *educational wellbeing team*?

We are a group of trained professionals who work with schools to support the emotional wellbeing of children, young people and the wider school community.
Our work consists of:



Learning Together
You might see us in an assembly, running drop-in sessions in schools, or delivering a fun corridor workshop.

Wellbeing Support
We offer 1-1 support to help with low mood and worries before they become bigger.

Supporting Families
From workshops and drop-ins to parent coffee mornings, there are lots of ways to get involved!



Get In Touch
n: 0333 011 3050
e: ewt.southwark@groundwork.org.uk

Hours:
Monday-Thursday: 9am-5pm
Friday: 9am-4pm

https://ewtsouthwark.org.uk/

MAKE A REFERRAL

MILLWALL PL KICKS GIRLS SESSIONS

Premier League Kicks

FREE FOOTBALL SESSIONS



Wednesday

St Paul's Sports Ground
SE16 5EF
4:30pm-6:00pm
Girls
8-18 year-olds

Thursday

Docklands Settlements
SE16 5AA
5:30-7:00pm
Girls
8-13 year-olds

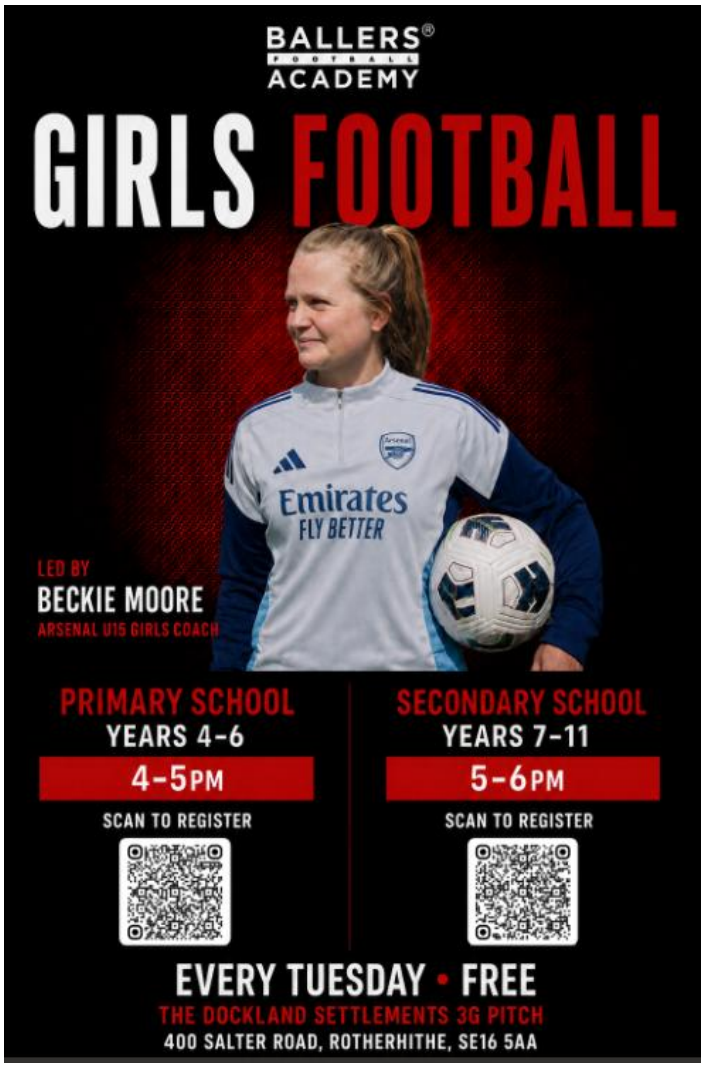


For more information, contact gperkins@millwallcommunity.org.uk

Premier League Kicks

WIGGETT GROUP

Follow us on Instagram:







Click the link below for the website and sign up if you would like your child to begin music lessons.
https://www.rocksteadymusicschool.com/

Millwall Breakfast and After School Clubs

Come and join us for our Breakfast and After School Clubs!

Breakfast Club starts at **7:45am** and includes cereal or toast. The cost is **£5.50 per day**.

After School Club sports activities and games cost **£6.30 for one hour** or **£13.65 for two and a half hours**.

We are able to offer a discount to families who wish to book a full week of After School Club, which is charged at £57.75 per week.

Wraparound Care (ASC) will not be suitable for Nursery-aged pupils.

Please see Sharon in the Office for more information!



Are you interested in working for NEST—or do you know someone who might be?

At NEST, we offer a wide range of rewarding roles across our schools. Whether you're an early career teacher, an experienced educator, returning to work after a break, or simply looking for meaningful employment, we'd love to hear from you.

We have opportunities in **teaching**, **school administration**, **finance**, **HR**, and **estates**. Click **here** to view our current vacancies or register for our talent pool and learn more about joining the NEST team and the exciting career opportunities available

Southwark Independent Voice
Empowering families - creating brighter futures

SIV Parent Support Group
Connect, Share and Support

Tuesday 15th September 2026
10am to 1pm

The Links Community Centre
353 Rotherhithe New Road
SE16 3HF

Are you looking for support, advice or just a place to connect with other SEND Parent Carers?

Join our friendly support group where we share experiences, offer guidance and find encouragement from others who understand.

Whether you are facing specific challenges or just looking for a supportive SEND community, we would love you to join us.

The life of a SEND parent carer brings so many daily struggles and often it is the parent carers mental, emotional and physical health that suffers.

Come along and meet others so you know you are not alone on this journey.

No one need to be alone on their SEND journey, SIV is run by parent carers of children/young people with SEND, so we really do understand how difficult and life changing being a parent carer of a child with SEND is.

If you find it difficult to join a group you do not know, please do not worry one of our team will welcome you and support you throughout.

Light refreshments provided

* This event is for adults only as we do not have facilities for babies and children.

Southwark Independent Voice
Empowering families - creating brighter futures

SAVE THE DATE!
Make sure you don't miss any of our upcoming events

YEAR 5 ANNUAL REVIEW (transition for Secondary)

Tuesday 6th October 2026 – 10am to 1pm
Recommended for those with children in Year 3,4 & 5
Come along and learn from the Southwark SEND team what the Year 5 Annual review is about. This annual review is so important as it's the one that goes forward for secondary school choices.

MEET THE SIAS TEAM (Southwark Information Advice Service)

Thursday 19th November 2026 – 10am to 1pm
SIAS has a new manager, come along and meet the whole SIAS Team. Find out what they do and how they can help. PLUS share your experience of the service with the new manager so they can improve the service.

EMOTIONAL REGULATION (BIG feelings, helping you to understand how you can support yourself and your child with greater safety, calm and confidence)

Tuesday 1st December 2026 – 10am to 1pm
Join GRAPEFRUIT WORLD who combine educational expertise, evidence-informed practice and lived experience, to help you understand the foundation of emotional regulation. Plus learn how to become the regulation anchor your child needs while being able to regulate your own emotions.

WHERE – The Links Community Centre, 353 Rotherhithe New Road, SE16 3HF

Light refreshments provided

* These events are for adults only as there are no facilities for babies and children

South Bermondsey Best Start Family Hub
Tuesday 3rd November – Friday 18th December 2026

Bermondsey & Rotherhithe Locality
South Bermondsey, Rotherhithe, Ellen Brown & Pilgrims' Way

SOUTH BERMONDSEY **ROTHERHITHE** **ELLEN BROWN** **PILGRIMS' WAY**

South Bermondsey Best Start Family Hub

Monday	Tuesday	Wednesday	Thursday	Friday	PARENTING COURSES
Chattertime 1-5 years **South Bermondsey** 10:00am – 11:30am **9th November – 14th December** Meet a speech and language therapist and practise general communication strategies with your child. **Baby Boogie Mites** 0-12 months **South Bermondsey** 1:30pm – 2:15pm **NO GROUP ON 2ND NOVEMBER**	**Parent Advice and Support** **South Bermondsey** 10:00am – 4:00pm Email or call to make an appointment 0207 358 2878 familyhub@pilgrimsway.southwark.sch.uk Advice on housing, SEND, navigating Southwark services. All members of staff are available to assist or signpost to **'What's on in the Best Start Family Hub'.**	**Southwark Housing Advice Clinic** 9:00am – 4:00pm **South Bermondsey** **11th November & 9th December** **For more details and to book a place please email familyhub@pilgrimsway.southwark.sch.uk**	**Tiny Moments** 0-12 months **South Bermondsey** 1:30pm – 2:30pm	**Adolescent Sure Start Team Drop In** 11+ years 2:30pm to 5:00pm **South Bermondsey** Every week **Citizen Advice Advisor** 10:00am to 4:00pm **South Bermondsey** **Email to book an appointment** **familyhub@pilgrimsway.southwark.sch.uk** **or call** **0207 358 2878** **Rose Vouchers** Collection **South Bermondsey** 9:30am – 12:00 noon	

Rotherhithe

Monday

Little Crocs Football
22 months - 3 years
Rotherhithe
10:00am – 11:00am

NO GROUP ON 2ND NOVEMBER

Tuesday

Little Steps to Nursery
18 months – 2 years
Rotherhithe
10:00am – 11:30am
Bookable course

Baby Boogie Mites
0-12 months
Rotherhithe
2;00pm – 2:45pm

Wednesday

Play Together
(Twin & Triplet group)
0-3 years
Rotherhithe
10:00am – 11:30am

Thursday

Breastfeeding Café
Infant Feeding Drop in
Rotherhithe
10:00am – 12 noon

Starting Solids Workshop
Henry Programme
10:00am – 12 noon
Rotherhithe
1:30pm – 3:30pm
10th December

To book or more details for Starting Solids Workshop and Fussy Eating Workshops please email below
gst-tr.hvsupportanddevelopmentworker@nhs.net

Friday

Toddler Boogie Mites
1-2 years
Rotherhithe
10:00am – 10:45am

Toddler Boogie Mites
2-4 years
Rotherhithe
11:30am – 12:15pm

Saturday

'Welcome to Parenthood' Support Group
FULLY BOOKED
14TH November
21st November
28th November
5th December
12th December

Email to book your place familyhub@pilgrimsway.southwark.sch.uk

Sunday

Junior Park Run every Sunday – 9am
4-11 years
Free, fun and friendly 2K run in the park. Southwark Park, Gomm Road, SE16 2TX.
southwarkjuniors@parkrun.com

Ellen Brown

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Steps to Nursery 18 months – 2 years **Ellen Brown** 10:00am – 11:30am **Bookable course** **Tiny Moments – Baby Group** 0-12 months **Ellen Brown** 1:30pm – 2:30pm **NO GROUP ON 2ND NOVEMBER**	**Stay & Play (Childminders ONLY group)** 12 months + **Ellen Brown** 10:00am – 11:30am **Rose Vouchers** Collection **Ellen Brown** 9:30am – 12:00 noon Rose VOUCHERS for fruit&veg	**Toddler Steps to Nursery** 2 -3 years **Ellen Brown** 10:00am – 11:30am **Bookable course** **Baby Boogie Mites** 0-12 months **Ellen Brown** 1:30pm – 2:15pm	**Melodies for Mums** 0-9 months **Ellen Brown** **8th October until 10th December 2026** Free weekly group singing sessions for new mothers (and their babies) to boost emotional and mental wellbeing. **Email to join group or for more information.** **melodies@breatheahr.org** **0203 290 2013**	**Little Explorers** 12 -18 months **Ellen Brown** 10:00am – 11:30am	**21st November** **5th December** **Toddler Boogie Mites Group 1** 1-2 years **Ellen Brown** 10:00 – 10:45 am **Toddler Boogie Mites Group 2** 2-4 years **Ellen Brown** 11:15am – 12:00 noon

Pilgrims' Way – TEMPORARY BUILDING CLOSED DUE TO BUILDING MAINTENANCE

Monday	Tuesday	Wednesday	Thursday	Friday	

If you have any concerns or would like advice on your child's development, appointments to speak with a SEND practitioner can be arranged by speaking with any member of staff or email familyhub@pilgrimsway.southwark.sch.uk or call 0207 358 2878

We would like to keep EVERYONE safe and healthy, and some groups have a limited number of families permitted in our centres.

We kindly ask everyone NOT to use their mobile phones whilst in our sessions. This is for safeguarding purposes, and it is an opportunity to spend quality time with your child/ren.

South Bermondsey Children and Family Hub

Tenda Road, London, SE16 3PN

Ellen Brown Children and Family Centre

145 Grange Road (Spa Park) SE1 3EU

Pilgrims' Way Children and Family Centre

Tustin Estate, Manor Grove, SE15 1EF

Rotherhithe Children and Family Centre

Southwark Park (Hawkstone Road entrance) SE16 2PF

Telephone: 0207 358 2878

familyhub@pilgrimsway.southwark.sch.uk

Please visit our website for further information

br-cc.org.uk

Free Vitamin D
Pregnant women, new mums, and children under four in the borough can get free vitamin D supplements.

Dolly Parton Imagination Library

If you live in Southwark and have a child under 5, you can register to receive a FREE book every month until their 5th birthday. Sign up and make bedtime fun. Check your eligibility and sign up on the Dolly Parton Website.

https://imaginationlibrary.com/check-availability/

50 Things To Do Before Five!

Download the app or visit the website for free fun activities to do with your child and have fun, play, and learn.
Website: https://50thingstodo.org/

SOUTHWARK START FOR LIFE offer includes help with:

- Feeding your baby ✓
- Making friends and connections ✓
- Mental health & wellbeing ✓
- Building relationships with your baby ✓
- Support for children special needs & disabilities ✓
- Early education at home ✓
- Everyday parenting challenges ✓
- Accessing information, advice, and your free childcare offer ✓

https://services.southwark.gov.uk/

All sessions are free of charge. For more information about our sessions and services please contact familyhub@pilgrimsway.southwark.sch.uk 0207 358 2878 South Bermondsey Best Start Hub, Tenda Road, London, SE16 3PN