



Rotherhithe Primary School PE Curriculum Map 2026-2027



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS PE Coach	Multi-Skills Fundamental Movement Physical ability Confidence <i>Walking</i> <i>Jumping</i> <i>Running</i> <i>Hopping</i> <i>Skipping</i> <i>Throwing</i> <i>Catching</i>	Throwing and Catching Co-ordination Ball skills Technique Confidence <i>Jumping</i> <i>Running</i> <i>Hopping</i> <i>Climbing</i> <i>Kicking</i> <i>Dribbling</i>	Gymnastics Balance Physical ability Confidence <i>Rolling</i> <i>Crawling</i> <i>Walking</i>	Kicking with Feet Co-ordination Ball skills Technique Confidence <i>Jumping</i> <i>Running</i> <i>Hopping</i> <i>Climbing</i> <i>Kicking</i> <i>Dribbling</i>	Athletics <i>Throwing</i> <i>Catching</i>	Problem Solving Communication Rules Physical ability <i>Running</i> <i>Hopping</i> <i>Skipping</i> <i>Jumping</i> <i>Landing</i>
1 Teacher	Invasion Games Throwing Aiming at a target	Dance Make a shape hold it and move about in that shape Dance with an object to communicate an idea Pretend to dance with an object to communicate an idea Move to the rhythm of the music	Multi Skills Fundamental Movement Balance Master basic movements such as running, jumping	Invasion Games Sending and receiving Basketball	Net Games – Using a Racket	Athletics Sports day Preparation



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PE Coach	Multi Skills Coordination Agility Rules Master basic movements such as throwing and catching	Invasion skills Throwing Towards a Target Technique Resilience Physical ability Confidence	Gymnastics Feedback Analysis Technique	Net Games – Using a Racket Grip Focus Coordination	Problem Solving Teamwork Communication effort Physical Ability	Athletics Technique Effort Confidence Sports Day prep Feedback Rules Confidence
2 Teacher	Invasion Games Throwing Aiming at a target	Dance Mirror movements Choose movements to add together to make a dance Talk about how music and dancing makes them feel Say what they like about their own and other's movements	Multi Skills Fundamental Movement Balance Master basic movements such as running, jumping	Net Games – Using a Racke	Athletics Sports day Preparation	Invasion Games Basketball Attack vs Defence



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PE Coach	Multi-Skills Fundamental movements and skills (Able to apply the ABCs with fluency in a range of activities) Feedback Confidence Technique	Invasion skills attack vs defence Problem Solving Leadership Confidence Understanding	Gymnastics Feedback Analysis Technique Physical ability	Net & Wall skills (Cricket) Technique Confidence Rules	Problem Solving Orienteering Responsibility Understanding Rules	Athletics Technique Effort Confidence Physical ability Sports Day prep Rules Confidence
3 Teacher	Dance Central School of Ballet / Contemporary 'Blushing Unit' <i>Develop motifs and perform in groups</i>	Invasion Games Basketball/Handball	Multi Skills Fundamental Movement Balance	Net & Wall Games Volleyball	Striking &Fielding Softball	Athletics Sports day Preparation
PE Coach	OAA skills Problem solving Technique Tactics	Invasion Games Passing and Moving with Hands Tag Rugby Skills Communication Understanding Teamwork Physical Ability	Gymnastics Feedback Analysis Physical ability	Net Games- Throwing and Hitting Tennis Skills Tactics Technique Rules	Multi-Skills Fundamentals of moving Problem Solving Responsibility Confidence	Athletics Technique Effort Confidence Sports Day prep Feedback Respect Understanding



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4 Teacher	Multi Skills (Able to apply the ABCs with fluency in a range of activities) Feedback Confidence Technique	Striking &Fielding Softball	SWIMMING swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] perform safe self-rescue in different water-based situations	SWIMMING swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] perform safe self-rescue in different water-based situations	Central School of Ballet Step Up to Dance Unit (with Dance Teachers from CSB) they will be supported to: • Reflect on how the sessions and performance make them feel • Build self-regulation strategies • Recognise the transferable skills learnt in dance • <i>Perform dances with</i>	Athletics Sports day Preparation



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					<i>expression and accuracy</i>	
PE Coach	OAA Problem Solving Problem solving Technique Tactics	Invasion Games - Football Communication Understanding Teamwork Physical Ability	Gymnastics Feedback Analysis Physical ability	Wall Games - Tennis Skills Tactics Technique Rules	Striking Games – Batting and Bowling Technique Consistency	Athletics Technique Effort Confidence Sports Day prep Feedback Respect Understanding
Swimming: Pupils should be taught to: -swim competently, confidently and proficiently over a distance of at least 25 meters - use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] -perform safe self-rescue in different water-based situations.						
5 Teacher	Invasion Games Football	Striking &Fielding Softball	Net & Wall Games Volleyball	Invasion Games Basketball	Central School of Ballet Step Up to Dance Unit (with Dance Teachers from CSB) they will be supported to: • Reflect on	Athletics Sports day Preparation



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					how the sessions and performance make them feel • Build self-regulation strategies • Recognise the transferable skills learnt in dance • <i>Perform dances with expression and accuracy</i>	
PE Coach	OAA Problem Solving Problem solving Tactics	Invasion Games Tag Rugby Communication Tactics	Gymnastics Feedback Analysis Technique Physical ability	Net & Wall Games Tennis Technique	Striking & Fielding (Cricket & Rounders) Tactics Technique Rules	Athletics Technique Effort Confidence Rules



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	Rules Physical ability	Rules Teamwork Physical Ability Leadership		Feedback Respect	Understanding	Sports day Prep Feedback Respect Understanding
6 Teacher	Invasion Games Hockey	Invasion Games Basketball	Net & Wall Games Volleyball	Striking &Fielding Softball	Dance With Pioneer Dance Teacher <i>Create and perform complex dance routines with evaluation linked with Year 6 Performance</i>	Athletics Sports day Preparation
PE Coach	OAA Problem Solving Problem solving Tactics Rules Physical ability	Tag Rugby Communication Tactics Rules Teamwork Physical Ability Leadership	Gymnastics Feedback Analysis Technique Physical ability	Net & Wall Games Tennis Technique Feedback Respect	Striking &Fielding (Cricket & Rounders) Tactics Technique Rules Understanding	Athletics Technique Effort Confidence Rules Sports day Prep Feedback Respect Understanding

