

RSE Curriculum Overview 25-26 – Rotherhithe Primary School

Teach RSE – Summer Term

	Lesson 1	Lesson 2	Lesson 3	Lesson 4
Rec	<p>Caring Friendships Learning Objective To explore how friendships can help us feel happy and how we can welcome others.</p> <p>Success Criteria I can say how friends make us feel. I can show a kind way to welcome someone. I can spot when someone might feel left out.</p>	<p>Being Kind Learning Objective To explore what happens when friends fall out and how we can make things better.</p> <p>Success Criteria I can say why friends sometimes get upset with each other. I can show kind ways to make up after an argument. I know that hurting someone is never okay.</p>	<p>Different Families Learning Objective To recognise that families can look different and that families help and care for each other.</p> <p>Success Criteria I can spot ways families can be different. I can name people who are part of a family. I can say one way families help each other.</p>	<p>My Body, My Choices Learning Objective To understand that everyone likes different kinds of touch and that we can say what feels okay or not okay for our body.</p> <p>Success Criteria I can say when I like something and when I don't. I can show a kind way to say "no thank you". I know that some people like hugs and some people don't</p>
Year 1	<p>Different Friends Learning Objective To learn how to be a kind and welcoming friend, even when people are different to us.</p> <p>Success Criteria I know that friends can be different from me. I can say one way to be kind to a new friend.</p>	<p>Growing and Changing Learning Objective To understand how we grow and change. To learn the correct names for private parts of the body.</p> <p>Success Criteria I can name something I can do now that I couldn't do as a baby. I know the right names for the private parts. I know that some parts of my body are private.</p>	<p>Body Safety (Online and Off) Learning Objective To understand that our private body parts are private, even when we are using screens or video calls.</p> <p>Success Criteria I know what private means. I know that no one should ask to look at or touch my private parts. I know I can speak to a trusted adult if I feel unsure or unsafe.</p>	<p>Families and Care Learning Objective To know that families can be different To identify adults we can talk to when something doesn't feel right.</p> <p>Success Criteria I know that families can look different. I know it's okay to talk to someone if something makes me feel worried or upset. I can name a safe adult I could talk to.</p>
Year 2	<p>Gender Stereotypes Learning Objective To explore and challenge gender stereotypes.</p> <p>Success Criteria I can explain that boys and girls can like the same things. I can give an example of something people</p>	<p>Male and Female Learning Objective To explore how male and female animals and humans are biologically different and to understand how this is part of the lifecycle</p> <p>Success Criteria I can spot some body differences</p>	<p>Naming Body Parts Learning Objective To focus on sexual difference and name body parts</p> <p>Success Criteria I can name the private parts using scientific words. I can describe how male and female bodies are different.</p>	<p>My Body belongs to me Learning Objective To understand body privacy, personal boundaries, and the importance of consent.</p> <p>Success Criteria I know my body belongs to me. I can notice when</p>

	<p>think only boys or girls like - and say why that's not always true. I can notice when someone is treated unfairly for liking something.</p>	<p>between male and female animals. I can explain how we usually tell if a baby is male or female. I know that a baby is made by a male and a female.</p>	<p>I understand that most body parts are the same for everyone.</p>	<p>someone doesn't want to be touched. I can ask for help if something feels wrong.</p>
Year 3	<p>Body Differences Learning Objective To understand that all bodies are unique and to know some of the differences between male and female bodies. Success Criteria: I can talk about how people's bodies are similar and different I can name the private parts of the body using scientific words I know it's never okay to make fun of someone's body</p>	<p>Personal Space and Consent Learning Objective To understand personal space, body boundaries and what to do if someone makes us feel uncomfortable Success Criteria: I can say what personal space means and why it matters. I know it's okay to say "No" to touch that I don't like I know how to get help if something makes me feel unsafe.</p>	<p>Families and People Why Help Us Learning Objective To understand that families can be different and to know who I can talk to if I feel upset, worried or unsafe Success Criteria: I can name some different kinds of families I can talk about how family members help and care for each other I can name at least two people I could talk to if I needed help</p>	<p>Staying Safe and Getting Help – Online Learning Objective To understand how to stay safe online and what to do if someone makes us feel uncomfortable or unsafe in a message, photo or video Success Criteria: I can explain why my body is private online as well as offline I know what to do if someone sends or asks for something that makes me feel worried or confused I can name a trusted adult I could talk to if something online didn't feel right</p>
Year 4	<p>Changes Learning Objective To understand that puberty is an important stage in the human lifecycle Success Criteria: I can name stages in the human lifecycle. I can describe some physical changes that happen during puberty. I can use agreed words to name male and female body parts.</p>	<p>What is puberty? Learning Objective To learn about the emotional and physical changes of puberty, including how the body prepares for reproduction. Success Criteria: I can describe some physical and emotional changes that happen during puberty. I can explain that these changes help the body get ready for having a baby in the future (if</p>	<p>Healthy Friendships Learning Objective To explore healthy and unhealthy friendships and how to balance our own needs with the needs of others. Success Criteria: I can describe what makes a friendship feel respectful and fair. I can explain how to be kind while still speaking up about my own feelings.</p>	<p>Valuing Difference Learning Objective To explore what makes people unique and how to show respect for those who are different from us. Success Criteria: I can describe what makes me unique I can explain what a stereotype is and why it can be unfair. I can think of kind ways to respond when someone is treated unfairly.</p>

		<p>someone chooses to).</p> <p>I know that puberty starts at different times for different people.</p>		
Year 5	<p>Talking about puberty Learning Intention To learn about the main physical and emotional changes during puberty. Learning Outcomes I can describe the main physical and emotional changes that happen during puberty I can ask questions about puberty with confidence and respect</p>	<p>The Reproductive System Learning Intention To understand the changes to the reproductive system in puberty. Learning Outcomes I can explain how puberty affects the reproductive organs I can describe what happens during menstruation and sperm production I can talk about how these changes might make people feel.</p>	<p>Puberty Help and Support Learning Intention To learn how to care for our bodies and feelings during puberty, and where to find support. Learning Outcomes I can explain how to stay clean and healthy during puberty. I can describe how puberty might affect emotions and friendships. I can name safe places or people I can go to for advice and support.</p>	<p>Respect, Boundaries and Being an Upstander Learning Intention To understand how respecting ourselves and others helps us to set healthy boundaries and build positive relationships. Learning Outcomes I can show what it looks like to be assertive but kind. I can explain how to set and respect boundaries. I can give one example of how to be an upstander.</p>
Year 6	<p>Puberty and Reproduction Learning Intention To understand how the body changes during puberty in preparation for reproduction. Learning Outcomes I can describe some changes that happen during puberty. I can explain why these changes prepare the body for reproduction. I can use the correct scientific words for body parts and processes. I can talk about puberty and reproduction with confidence.</p>	<p>Communication and consent in relationships Learning Intention To understand why communication is important in relationships and why consent matters before any kind of physical touch. Learning Outcomes I can describe why communication is important in friendships and relationships, especially before physical touch is involved. I can explain what consent means. I can recognise when consent is given, not given, or withdrawn. I can explain how</p>	<p>Families, conception, and pregnancy Learning Intention To understand how families can be formed and how a baby is conceived and begins to grow. Learning Outcomes I can describe the decisions that have to be made before having children I can describe how a baby is conceived and begins to grow. I can use the correct scientific words when talking about conception and pregnancy. I can explain why consent is important in sexual relationships.</p>	<p>Communication and respect in relationships and online Learning Intention To understand what is appropriate and inappropriate to share, and to know what to do if something makes us feel unsafe or uncomfortable. Learning Outcomes I can explain why some things are safe, positive and appropriate to share, and others are not I can recognise when online behaviour (like editing photos, sharing adult content, or using sexualised</p>

		both words and body language can show consent.		language) is harmful. I can describe how harmful content or bullying online can make someone feel. I can explain what steps I can take if I feel pressured, bullied, or shown something inappropriate.
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