



## Rotherhithe Primary School PE Curriculum Map 2025-2026



Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS PE Coach	<b>Multi-Skills</b> <b>Fundamental</b> <b>Movement</b> <b>Physical ability</b> <b>Confidence</b>  <i>Walking</i> <i>Jumping</i> <i>Running</i> <i>Hopping</i> <i>Skiping</i> <i>Throwing</i> <i>Catching</i>	<b>Gymnastics</b> <b>Balance</b> <b>Physical ability</b> <b>Confidence</b>  <i>Rolling</i> <i>Crawling</i> <i>Walking</i>	<b>Throwing and</b> <b>Catching</b> <b>Co-ordination</b> <b>Ball skills</b> <b>Technique</b> <b>Confidence</b>  <i>Jumping</i> <i>Running</i> <i>Hopping</i> <i>Climbing</i> <i>Kicking</i> <i>Dribbling</i>	<b>Kicking with Feet</b> <b>Co-ordination</b> <b>Ball skills</b> <b>Technique</b> <b>Confidence</b>  <i>Jumping</i> <i>Running</i> <i>Hopping</i> <i>Climbing</i> <i>Kicking</i> <i>Dribbling</i>	<b>Athletics</b>  <i>Throwing</i> <i>Catching</i>	<b>Problem Solving</b> <b>Communication</b> <b>Rules</b> <b>Physical ability</b>  <i>Running</i> <i>Hopping</i> <i>Skipping</i> <i>Jumping</i> <i>Landing</i>
1 Teacher	<b>Invasion Games</b>  <i>Throwing</i> <i>Aiming at a target</i>	<b>Dance</b>  <i>Make a shape hold it and move about in that shape</i> <i>Dance with an object to communicate an idea</i> <i>Pretend to dance with an object to Communicate an idea</i> <i>Move to the rhythm of the music</i>	<b>Multi Skills</b>  <b>Fundamental</b> <b>Movement</b> <b>Balance</b> <b>Master basic movements such as running, jumping</b>	<b>Invasion Games</b>  <i>Sending and receiving</i> <i>Basketball</i>	<b>Net Games – Using a Racket</b>	<b>Athletics</b> <b>Sports day</b> <b>Preparation</b>



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PE Coach	<b>Multi Skills</b> Coordination Agility Rules  <b>Master basic movements such as throwing and catching</b>	<b>Net Games</b> Using a Racket Grip Focus Coordination	<b>Gymnastics</b> Feedback Analysis Technique	<b>Invasion skills</b> Throwing Towards a Target  Technique Resilience Physical ability Confidence	<b>Athletics</b> Technique Effort Confidence  <b>Sports Day prep</b> Feedback Rules Confidence	<b>Problem Solving</b> Teamwork Communication effort Physical Ability
2 Teacher	<b>Invasion Games</b> Throwing Aiming at a target	<b>Dance</b> Mirror movements Choose movements to add together to make a dance Talk about how music and dancing makes them feel Say what they like about their own and other's movements	<b>Multi Skills</b> Fundamental Movement Balance Master basic movements such as running, jumping	<b>Net Games</b> Using a Racket	<b>Athletics</b> Sports day Preparation	<b>Invasion Games</b> Basketball Attack vs Defence



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PE Coach	<b>Multi-Skills</b> <b>Fundamental movements and skills</b> <b>(Able to apply the ABCs with fluency in a range of activities)</b> <b>Feedback</b> <b>Confidence</b> <b>Technique</b>	<b>Invasion skills</b> <b>attack vs defence</b> <b>Problem Solving</b> <b>Leadership</b> <b>Confidence</b> <b>Understanding</b>	<b>Gymnastics</b> <b>Feedback</b> <b>Analysis</b> <b>Technique</b> <b>Physical ability</b>	<b>Athletics</b> <b>Technique</b> <b>Effort</b> <b>Confidence</b> <b>Physical ability</b>	<b>Problem Solving</b> <b>Orienteering</b> <b>Responsibility</b> <b>Understanding</b> <b>Rules</b>  <b>Sports Day prep</b> <b>Rules</b> <b>Confidence</b>	<b>Net &amp; Wall skills</b> <b>(Cricket)</b> <b>Technique</b> <b>Confidence</b> <b>Rules</b>
3 Teacher	<b>Invasion Games</b> <b>Basketball/Handball</b>	<b>Dance</b> <b>Central School of Ballet /</b> <b>Contemporary</b> <b>'Blushing Unit'</b>  <b>Develop motifs and perform in groups</b>	<b>Multi Skills</b> <b>Fundamental Movement</b> <b>Balance</b>	<b>Net &amp; Wall Games</b> <b>Volleyball</b>	<b>Striking &amp; Fielding</b> <b>Softball</b>	<b>Athletics</b> <b>Sports day Preparation</b>
PE Coach	<b>OAA skills</b> <b>Problem solving</b> <b>Technique</b> <b>Tactics</b>	<b>Invasion Games</b> <b>Passing and Moving with Hands</b> <b>Tag Rugby Skills</b> <b>Communication</b> <b>Understanding</b> <b>Teamwork</b> <b>Physical Ability</b>	<b>Gymnastics</b> <b>Feedback</b> <b>Analysis</b> <b>Physical ability</b>	<b>Multi-Skills</b> <b>Fundamentals of moving</b> <b>Problem Solving</b> <b>Responsibility</b> <b>Confidence</b>	<b>Athletics</b> <b>Technique</b> <b>Effort</b> <b>Confidence</b>  <b>Sports Day prep</b> <b>Feedback</b> <b>Respect</b> <b>Understanding</b>	<b>Net Games-</b> <b>Throwing and Hitting</b> <b>Tennis Skills</b> <b>Tactics</b> <b>Technique</b> <b>Rules</b>
4	<b>Multi Skills</b>	<b>Central School of Ballet /</b>	<b>SWIMMING</b>	<b>SWIMMING</b>	<b>Striking &amp; Fielding</b> <b>Softball</b>	<b>Athletics</b>



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Teacher	<p><b>(Able to apply the ABCs with fluency in a range of activities)</b> <b>Feedback Confidence Technique</b></p>	<p><b>Contemporary 'Blushing Unit'</b></p> <p><b>Use dynamics and space in choreography</b></p>	<p>swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>perform safe self-rescue in different water-based situations</p>	<p>swim competently, confidently and proficiently over a distance of at least 25 metres</p> <p>use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]</p> <p>perform safe self-rescue in different water-based situations</p>		<p><b>Sports day Preparation</b></p>
PE Coach	<p><b>OAA Problem Solving</b> <b>Problem solving Technique</b> <b>Tactics</b></p>	<p><b>Invasion Games - Football</b> <b>Communication</b> <b>Understanding</b> <b>Teamwork</b> <b>Physical Ability</b></p>	<p><b>Gymnastics</b> <b>Feedback</b> <b>Analysis</b> <b>Physical ability</b></p>	<p><b>Wall Games - Tennis</b> <b>Skills</b> <b>Tactics</b> <b>Technique</b> <b>Rules</b></p>	<p><b>Athletics</b> <b>Technique</b> <b>Effort</b> <b>Confidence</b></p> <p><b>Sports Day prep</b> <b>Feedback</b> <b>Respect</b> <b>Understanding</b></p>	<p><b>Striking Games – Batting and Bowling</b> <b>Technique</b> <b>Consistency</b></p>
5 Teacher	<p><b>Invasion Games</b> <b>Football</b></p>	<p><b>Central School of Ballet /</b></p>	<p><b>Net &amp; Wall Games</b> <b>Volleyball</b></p>	<p><b>Striking &amp; Fielding</b> <b>Softball</b></p>	<p><b>Invasion Games</b></p>	<p><b>Athletics</b> <b>Sports day Preparation</b></p>



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		<b>Contemporary 'Blushing Unit'</b>  Perform dances with expression and accuracy			<b>Basketball</b>	
PE Coach	OAA Problem Solving  Problem solving Tactics Rules Physical ability	Tag Rugby Communication Tactics Rules Teamwork Physical Ability Leadership	Gymnastics Feedback Analysis Technique Physical ability	Athletics Technique Effort Confidence Rules	Net & Wall Games Tennis Technique Feedback Respect  <b>Sports day Prep</b> Feedback Respect Understanding	Striking & Fielding (Cricket & Rounders) Tactics Technique Rules Understanding
6 Teacher	<b>Invasion Games</b> Hockey	<b>Dance</b> Central School of Ballet / Contemporary 'Blushing Unit'  Create and perform complex dance routines with evaluation	Net & Wall Games Volleyball	Striking & Fielding Softball	<b>Invasion Games</b> Basketball	Athletics Sports day Preparation
PE Coach	OAA Problem Solving  Problem solving Tactics Rules	Tag Rugby Communication Tactics Rules Teamwork	Gymnastics Feedback Analysis Technique Physical ability	Athletics Technique Effort Confidence Rules	Net & Wall Games Tennis Technique Feedback Respect	Striking & Fielding (Cricket & Rounders) Tactics Technique Rules



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	Physical ability	Physical Ability Leadership			Sports day Prep Feedback Respect Understanding	Understanding
<b>Health and fitness</b>						