

RPS Weekly Newsletter

**time to
talk day**
05/02/26



Friday 6th February 2026

Dear Parents and Carers,

Young Readers Pyjama Day! As it is the National Year of Reading, we were absolutely delighted to be selected to participate in the National Literacy Trust's Young Readers Programme. On Friday, year 1 & 2 children took part in their first event - a fun pyjama day! They got to take home a new book to read and treasure.



The **Reading Jackdaw** is a website dedicated to reading for pleasure and they have produced a helpful reading newsletter for February which contains up-to-date suggested reads for pupils in Year 3 – 6 (see below). Link for the website: <https://www.readingjackdaw.co.uk/>

Thursday 5th February was **Time to Talk Day** and across the country, people were talking about mental health and wellbeing. Next week 'Place 2 Be' have a special awareness week focussed on being aware of **'Children's mental health'**. So, this Thursday, Folu from Groundwork held a special assembly all about having a **'Place to Belong'**. The children talked about what belonging means and what types of groups they belong to. They considered what helps them to feel like they belong. They felt that showing kindness and including children would help. **Small, friendly actions make big changes. If each of us does one kind thing, our classroom and playground will be a place where everyone feels they belong.**

Unfortunately, due to personal circumstances Folu will not be in school on the 12th February so her third workshop has to be postponed. We are sorry for any disappointment caused.

Have a fantastic week! Lisa (HoS)

Art & Science Ambassadors Visit Rod Kitson's Mural

Last year, our Art and Science Ambassadors had the exciting opportunity to collaborate with local artist Rod Kitson—and this term, they were finally able to see the incredible results of their work brought to life.

The children visited the stunning mural that Rod created using their original ideas and designs. Inspired by the intricate, nature-rich patterns of William Morris, the finished artwork features beautiful wallpaper-style motifs celebrating the animal and plant life found in our local area. The pupils were thrilled to recognise elements of their own sketches transformed into large-scale professional artwork.

As part of the project, Rod also produced a captivating acrylic painting titled *Five Minute Portraits*. This piece consists of quick, expressive portraits of the children, each created in just five minutes—a testament to both his skill and the vibrant personalities of the pupils who took part.

The visit was a wonderful celebration of creativity, collaboration, and the power of combining art and science. Our ambassadors left feeling inspired and proud to have contributed to a piece of artwork that will be enjoyed by the community for years to come.

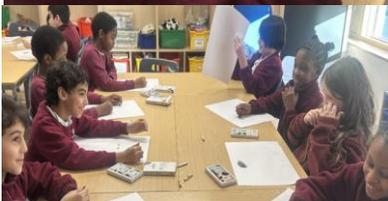


Artist Visit: Chila Singh Burman Inspires Years 3–6

We were delighted to welcome renowned British artist Chila Singh Burman to our school this week for an exciting and memorable creative experience. Known for her vibrant use of colour, bold imagery and mixed-media approach, Chila brought her artistic energy into our classrooms and worked closely with pupils from Years 3 to 6.

Chila began by sharing a selection of pieces from her personal portfolio, giving children a unique opportunity to see how an artist's ideas develop from early sketches to finished works. Pupils were fascinated by the storytelling, symbolism and cultural influences woven through her art and they asked thoughtful questions about her creative process, inspirations and techniques.

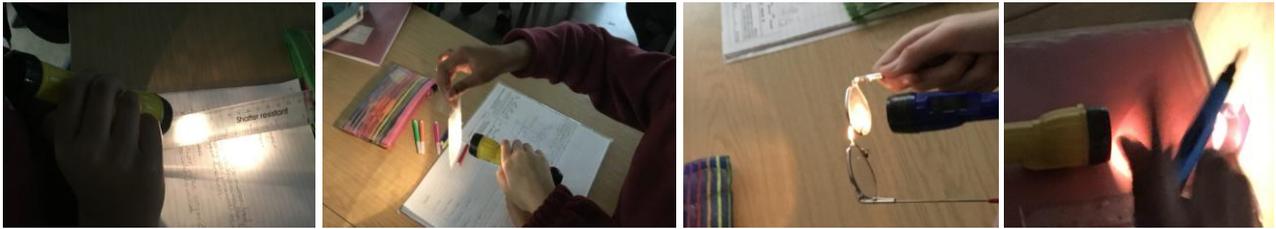
Throughout the workshops, Chila encouraged pupils to experiment, take risks and express their individuality through colour and pattern. Working collaboratively and independently, children explored printmaking, collage and layered imagery—key elements of Chila's artistic style. The sessions were lively, joyful and filled with discovery, with pupils fully engaged and eager to showcase their ideas. Chila's warm, approachable manner and her passion for art made a lasting impact on everyone who took part. This was a truly inspiring experience for our pupils—one that has ignited creativity across the school and will be remembered for years to come! Thank you, Conor, for making this contact for our children!



Year 6 Learn about Light, Shadows and the Sun

Last week, Year 6 explored how shadows are formed and why they change. The children learned that the length of a shadow varies depending on how far an object is from the light source, noticing that the shadow becomes longer when the object is closer to the light and shorter when it is moved further away. As part of their investigation, pupils practised collecting and recording data carefully by measuring shadow lengths at different distances and organising their findings clearly.

They also used their understanding that light travels in straight lines to explain why shadows always match the shape of the object that casts them. Because light cannot bend around an object, it creates a shadow with the same outline wherever the light is blocked. Through practical activities and discussion, Year 6 deepened both their scientific knowledge and their enquiry skills.



This week, the children explored how to keep people safe from the sun by investigating where to position sunshades around the school grounds. Using chairs to represent people sitting outside, they shone a torch to act as the sun and carefully drew the shape of the shadows the chairs created.

They then moved each chair closer to the torch and made a second drawing to show how the shadow changed when the object moved. This helped them see how the size and position of a shadow depend on the location of the light source.

Using what they discovered, the children experimented with where umbrellas would need to be placed so that everyone around the school would have the most shade. It was a fantastic mix of scientific investigation, problem-solving, and teamwork—and the children were thoroughly engaged throughout!



In this issue:
 + Art and Design
 + Science
 + Mathematics
 + Technology



EXCITING NEWS!!!!!!!

Some feedback from the Chila Burman workshop.

leena

I liked how we could draw the person in front of us and her paintings. -Lola

I liked her drawings and paintings because her technique and the way she styles buildings

Mathematics

Recently, Year 5 have been working hard on fractions, specifically finding out their amounts, turning amounts, turning them into decimals and simplifying these fractions.



science

This week, the children in Thanise class explored how to keep people safe from the sun by investigating where to position sun shades around the school grounds.



Art

I am personally proud that me and my friends are on a mural in our local area. This was a treat to have our faces on a local mural. -Hudson

I am incredibly appreciated by going on the mural trip I had lots of fun and want to say thank you Alex for this —Annabel

Computing

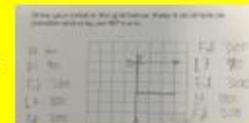
In computing, Year 4 was creating their initials Using an application named scratch.

Quan--

"I loved the lesson because we were making

Shapes on tablets with the commands. Sometimes,

It was hard but I fixed it."



Oracy Matters

Our whole school debate topic this week is...

The voting age in Great Britain should be lower.



I disagree with ... because ...

To build on what... said...

That reminds me of...

Could you clarify what you meant by...?

I have changed my mind because...

In my opinion...

I think we all agree that...

To sum up what has been said...

I partly agree with... but I also think that...

Each class debated this statement in their classroom this week using their oracy skills. Please ask your child about the discussion and what was presented for each side of the argument. You could even hold a mini debate at home!

Year 6 explored the work of Fiona Rae, a contemporary British artist based in Hackney, known for her vibrant, energetic abstract compositions. Pupils studied and discussed Rae's unique style, learning how she combines colour, form and a variety of unexpected marks to create dynamic and expressive pieces.

Inspired by her approach, the children then created their own abstract artworks, experimenting with a range of media to express movement, emotion and imagination. Each piece reflects their individual creativity while drawing on the bold, playful qualities found in Rae's work.

Artist in Focus: Fiona Rae



Dates for your Diary

6.1.26	Children return to school
7.1.26	Recorder lessons start for year 5 Swimming lessons start for Effra class
8.1.26	Pioneer Dance starts back
9.1.26	9.30am new to reception open morning
13.1.26	EYFS/KS1 Reading parent workshop 9:00-9:30 am Sound Steps Assembly
14.1.26	KS2 Reading parent workshop 9:00-9:30 am
15.1.26	Groundwork parent coffee morning 9-9:45 am
18.1.26	Energy Saving Week
22.1.26	Effra class trip to the Garden Museum
23.1.26	'Midnight in the Toyshop' workshops for Reception and Year 2 children.
29.1.26	Groundwork parent coffee morning 9-9:45 am
3.2.26	Breck Foundation workshops Yr 3 & 4 and YR 5 & 6: Staying safe online First Debate Mate competition
5.2.26	Year 4 Parent Workshop – Multiplication check 3:45 pm
6.2.26	Time to Talk Day (mental Health and wellbeing)
9.2.26	Year 1 Parent Workshop – Phonics Screening check 3:45 pm Safer Internet Day LGBT – history week
13.2.26	Break up for Half term
25.2.26	Pupil Led Review parents meeting (all classes except Brent)
26.2.26	IQM review Brent class Pupil Led Review parents meeting
2.3.26	Yr 1 Mock phonics check
3.3.26	Tyne class trip to the National Gallery Parents evening individual meetings BRECK Workshops
5.3.26	World Book Day
9.3.26 week	STEAM Week Yr 6 Mock SATS Avon & Peck trip to the National Gallery
16.3.26 week	Steam Week Parents meetings for children with SEND
20.3.26	STEAM Fair
21.3.26	World Poetry Day
23.3.26	Effra class trip - Royal Festival Hall
26.3.26	Achievement Awards KS2 Pioneer Dance finishes
27.3.26	Easter Bonnet Parade Achievement Awards KS1

Attendance Matters

Class	Weekly percentage		Star attendance winners
	30.1.26	6.2.26	
Penguin	91.5%	94.1%	
Jellyfish	92.5%	93.6%	
Octopus	94.6%	97.4%	★
Whale	95.5%	97.3%	★ ★
Eden	95.7%	88.9%	★
Tyne	95%	98%	★ ★
Avon	97.7%	95.5%	★ ★
Peck	95.2%	94.3%	★
Effra	98.3%	97%	★ ★
Brent	93.8%	98.8%	★
Lea	93.3%	88.8%	
Thames	92.7%	92.3%	

Please help us to improve our school attendance. Currently we fall below national expectations for attendance- 96%.



Attendance Week to Date
For All Pupils



Attendance School Year to Date
For All Pupils

If children are unwell they should remain at home, but please **do not book holidays** during term time! This may lead to a penalty notice.

Reminder: Parents need to contact the school and let us know each day that a child is absent. If you have the Study bugs app, this makes it far easier for you to let us know. So, if you have not already signed up to study bugs, please do so by following this link:

<https://studybugs.com/about/parents>



Week ending 30th
January 2026

Star of the Week

Whale	Erick	Erick has done exceptionally well in phonics this week. He has been practicing his phonics sounds consistently and is using them confidently across most areas of his work. He is beginning to apply his knowledge independently, showing increased accuracy when sounding out words and a growing confidence in his reading and writing tasks. Keep up the excellent progress, Erick!
Octopus	Aiden	Sadly, we are saying goodbye to Aiden this week. We want to thank him for all his hard work and his brilliant contributions to school life. Aiden, you have been a delight to teach and we will miss you dearly. Stay in touch- we can't wait to hear all your successes 😊 You will be an asset to your new school.
Tyne	Nyrah	Nyrah, for his fantastic effort and determination in phonics. He has been working exceptionally hard, showing great focus during lessons and a real enthusiasm for improving his skills. Nyrah has been applying his phonics knowledge in both his reading and writing. He is sounding out tricky words with growing confidence, blending more accurately, and using his phonics independently to spell words in his writing.
Eden	Isaac	I have given Isaac my star of the week as he is an amazing role model and is always making the right choices. He also always tries his best in class and it has been a pleasure to see him come out of his shell this term and contribute to discussions more. Keep it up Isaac!
Effra	Madison	Madison is always positive and responsible—she follows the classroom rules, helps clean up and is a great role model. Keep up the great work Madison!
Brent	Urannia	Well done Urannia! You consistently show outstanding role-model behaviour. You are always kind, respectful and responsible, setting a fantastic example for others through your actions and attitude. Your positive choices help make the classroom a happy and supportive place for everyone. Keep it up!
Thames	Deeqa	Deeqa has shown impressive resilience when tackling reasoning questions and consistently demonstrates excellent learning behaviour across the curriculum. She should be very proud of her positive attitude and hard work. Well done!

Week ending 6th
February 2026



Whale	Hunter	Hunter has earned <i>Star of the Week</i> for always being polite, using kind and respectful language and showing excellent manners. He consistently treats others with kindness and makes our classroom a positive and welcoming place for everyone. Well, done, Hunter—we're so proud of you!
Octopus	Talia	When writing, Talia has made a conscious effort to fill the yellow handwriting tracks with her letters. This has supported her to keep letters consistently sized in relation to each other. Well done for meeting your writing target!
Tyne	Shehab	Shehab has made great improvements in his writing this week. He is beginning to write with more confidence and independence, and he is using a wider range of vocabulary to make his sentences more interesting. He listens carefully to feedback and is showing real determination to improve.
Eden	Zainab	Zainab has really impressed me with her attitude to learning this week. She has come out of her shell this term and is contributing to class discussions more. I want you to keep it up!
Avon	Ollie	Ollie has shown fantastic improvement in his attitude to his learning. This week he has brought in his homework having caught up previous missed home learning. He has also shown great perseverance across all areas of the curriculum. Keep it up!
Peck	Deborah	Deborah is fantastic at applying her maths skills to new problems and challenges. She thinks carefully and uses brilliant strategies to work things out. Her confidence in maths is growing every day and it's wonderful to see!
Effra	Ashley	For his fantastic work matching arrays to digits and showing strong numeracy skills. Ashley confidently recognised groups, counted carefully, and matched each array to the correct number. Well, done Ashley!
Brent	Caylib	Caylib has modelled fantastic oracy and vocabulary use during class lessons. He confidently shares his ideas, using ambitious language and listens respectfully to others, helping to raise the standard of 'talk' for everyone. His enthusiasm for speaking and learning is a brilliant example to his peers. Well done Caylib!
Lea	Safiya	Safiya always impresses me with her patience, kindness and hard work. She gives 100% to any task she sets her mind to and has exceptionally high standards for learning and behaviour. She is a joy to have in class and a true role model to others!
Thames	Heaven	For displaying great perseverance with her writing this week. Her formal letter piece showcased her grasp of writing using formal language and her spelling has really improved too. Well done!

Year 2 Star Writers!

Year 2 are currently learning all about the Great Fire of London that burned from Sunday 2 September to Wednesday 5 September in 1666. The children have role played putting out the fire and thought about the types of equipment that they would have needed as fire fighters at that time.

The children have produced some fantastic writing around this topic. This is an example of a diary entry written by Jakob, in role as a fire fighter. It certainly sounds like a hard job Jakob!

The second is written by Maryam, who is learning to use the present progressive tense in speech. What brilliant writing, well done both of you.

Topic: The Great Fire of London	Date: Tuesday 27 th January 2026 Wednesday 28 th January 2026	OT / CT / TA	Teacher
Book 	**LO10: To write a diary entry (in role as fire fighter)		

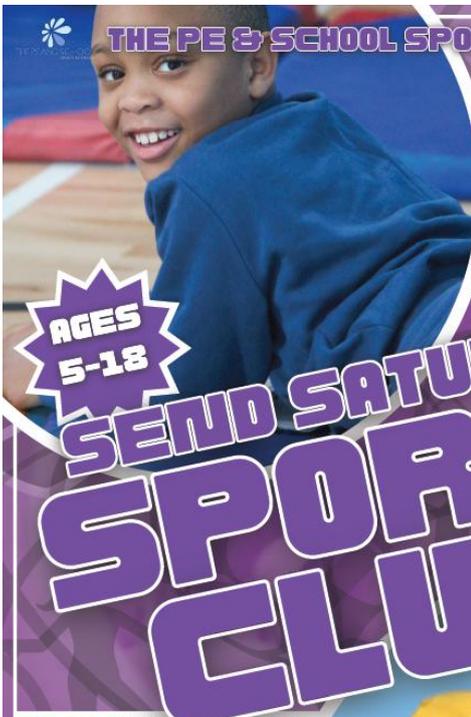
First, we passed buckets down a long line. The buckets were really heavy. It was ^{very} exhausting but we had to carry on because the fire was spreading. My hands were full of dripping blood. Next we tried to make a giant firebreak. I felt really petrified. But the fire was too fierce. My back was cracking! After we used water squirts but they were useless. My face was covered with soot. I wanted to help people but I

Jakob

Maryam

Topic: The Great Fire of London	Date: Tuesday 3 rd February 2026	1 / T / CT / TA	Teacher
Book 	**LO11: To use the present progressive tense in a speech		

London is ^{burning} burning. I am scared.
Houses are are burning. People are running. children are shouting.
A woman is shouting.
People are coughing.
Help us!



"The Saturday club has been a lifeline for my son. He has many friends and looks forward to going. He also uses the trampoline as a release of tension."

AGES 5-18

SEND SATURDAY SPORTS CLUB

OPEN EVERY SATURDAY (TERM TIME ONLY)

OPEN TO SEND PUPILS IN SOUTHWARK

For more information please contact Glyn and George via the emails below:
Glyn Davies: glyn@pessn.org.uk
George Richards: george@pessn.org.uk

Telephone: 0207 237 1928 Ext: 4086 - Website: www.pessn.org.uk



The Saturday sports club runs through the year at Bacon's College. The club caters for SEND students of all disabilities between the ages of 5 - 18 years old. Each session lasts for 60 minutes.

There is a highly skilled and motivated team of 14 working at the club ranging from teachers, teaching assistants, coaches, and special needs specialists.

As well as improving fitness levels and health and wellbeing the club works on social skills such as listening skills, waiting, sharing, teamwork, individual work and focus.

Sports and activities change weekly - trampolining, nature trail and the gym for the older clients, volleyball, football, basketball, multi skills, tennis, cricket, badminton, boccia, new age curling, dance, parachute games, athletics, capoeira, etc.

The club currently run in 4 different sessions:

- Session 1: 10:30 - 11:30
- Session 2: 11:30 - 12:30
- Session 3: 12:30 - 13:30
- Session 4: 14:00 - 15:00

"The Network and Saturday Sports Club at Bacon's College has offered myself and family much-needed respite. Glyn, George and the team are very understanding and aware of my son's SEN needs: autism and ADHD."

Venue:
Bacon's College, Timber Pond Road
Rotherhithe, London
SE16 6AT

SEND SATURDAY SPORTS CLUB

Telephone: 0207 237 1928 Ext: 4086 - Website: www.pessn.org.uk



FEBRUARY HALF-TERM FOOTBALL HOLIDAY CAMP

- St Paul's Sports Ground, Rotherhithe, SE16 5EF
- 10am-3pm
- Tuesday 17th February - Friday 20th February
- £12 per day or £40 for four days
- Age 5-13 year-olds
- Contact: Nfarrell@millwallcommunity.org.uk or telephone: 07932877303 for more information

Register here or visit:
<https://tinyurl.com/4zapb3en>



FEBRUARY HALF-TERM HOLIDAY CAMP

- The Lions Centre, Bolina Rd, SE16 3LD
- 10am-3pm
- Monday 16th February - Friday 20th February
- £12 per day or £50 for five days
- Age 5-13 year-olds
- Contact: Epoole@millwallcommunity.org.uk or telephone: 07958026876 for more information
- Football, Multi-Sports and Arts & Crafts Camp

Register here or visit:
<https://tinyurl.com/3uz9zrh>



Millwall Breakfast and After School Clubs

Come and join us for our Breakfast and After School Clubs!

Breakfast club will start at 7.45am- This will include breakfast of cereal or toast and will cost £5.50 per day

After School club- sports activities and games will cost: 1 hour £6.30 and 2 and half hours £13.65

We are able to offer a discount to families that wish to book a full week after school club and this is charged at £57.75 per week.

Wraparound Care (ASC) will not be suitable for Nursery aged pupils.

Please see Sharon in the Office for more information!



Are you interested in working for NEST—or do you know someone who might be?

At NEST, we offer a wide range of rewarding roles across our schools. Whether you're an early careers teacher, an experienced educator, returning to work after a break, or simply looking for meaningful employment, we'd love to hear from you.

We have opportunities in **teaching, school administration, finance, HR, and estates.**

Click [here](#) to view our current vacancies or register for our talent pool and learn more about joining the NEST team and the exciting career opportunities available.



AutismSupportTeam@
Southwark.gov.uk

AUTISM SUPPORT TEAM TOILET TRAINING FOR PARENT/CARER ONLY

HOW TO SUPPORT YOUR AUTISTIC CHILD TO DEVELOP TOILETING SKILLS

In partnership with the Autism Education Trust (AET) we are offering Developing Toileting Skills Training for Parent + Carers of autistic children.

Aims:

- To develop knowledge of how to support autistic children to achieve toileting independence.
- To understand the importance of working with others to support autistic children to develop independent toileting skills

Learning objectives:

- Understand how autism can impact on children developing independent toileting skills.
- Understand the importance of all adults working together to support the development of **independent** toileting skills.
- Consider how to remove barriers to developing toileting skills and **how to make** reasonable adjustments to support further toileting independence.

Free Training Online Dates:

- | | |
|----------------------------------|-------------------|
| • 21 st October | 9.45 – 11.45 2025 |
| • 15 th December 2025 | 12.30 – 2.30 2025 |
| • 9 th February | 9.45 – 11.45 2026 |
| • 23 rd March | 12.30 – 2.30 2026 |
| • 18 th May | 9.45 – 11.45 2026 |
| • 23 rd July | 12.30 – 2.30 2026 |
| • 6 th August | 9.45 – 11.45 2026 |
| • 13 th August | 12.30 – 2.30 2026 |

Register [here](#)

Online Microsoft Teams Training Link will be sent to your email 2 days prior to start date of training.



FEBRUARY HALF-TERM HOLIDAY CAMP ST MATTHEW ACADEMY, BLACKHEATH

📍 St. Josephs Vale, London, SE3 0XX

🕒 10am-3pm

📅 Monday 16th February - Friday 20th February

£ £12 per day or £50 for five days

AGE Age 5-13 year-olds

✉ Contact: Nfarrell@millwallcommunity.org.uk
or telephone: 07932877303 for more information

📄 Register your interest to get priority booking

Register here or visit:
<https://tinyurl.com/5f9hjpw7>



AFTER SCHOOL ACTIVITIES

FOR PARENTS AND CHILDREN

ACTIVITIES INCLUDE: ARTS AND CRAFTS,
STAY & PLAY, MUSIC AND DANCE, SKATING,
FUN WITH MATHS ETC

EVERY WEEK
MONDAYS- THURSDAYS

TIME: 3:30PM - 5:00PM

VENUE: THE LEWINGTON CENTRE
COMMUNITY CENTRE
9 EUGENIA ROAD ROTHERHITE SE16 2RU

FOR DETAILS & TO REGISTER
02035369609, 07394662602
Admin@parentskills2go.com
parentskills2go.org

Proudly supported by



BANJI'S CLASS
PERFORMING ARTS GROUP
BACK FOR A 3RD YEAR! AS SEEN
ON BRITAIN'S GOT TALENT!
STARTS MARCH 2026

EVERY SUNDAY
1:00PM - 4:00PM
5 MIN WALK FROM VAUXHALL STATION, SE11

TRAIN IN DANCE, SINGING & DRAMA, + STAR IN YOUR OWN MUSIC VIDEO!

To apply for a place, visit: WWW.BANJISCLASS.COM

FUN ACTIVITIES TO DO WITH CHILDREN OF ALL AGES

To celebrate Children's Mental Health Week 2026, Place2Be is happy to share an activity to explore this year's theme 'THIS IS MY PLACE'

We know that our sense of belonging as individuals, in our friendships, in school and in communities plays a vital role in our mental health and wellbeing. Belonging is the feeling of being a valued part of the groups and places that are important to us. It means feeling cared for and comfortable to be ourselves.

This resource encourages children to explore their sense of belonging by creating a personal map, which can include places, groups, or activities or something not physical where they feel they belong.



ACTIVITY AIMS:

- Increase personal sense of belonging
- Foster understanding of belonging and its importance to wellbeing

MATERIALS:

- paper or card paint, crayons/pastels, coloured pens, or pencils
- Optional (materials to cut and paste with):
- recycled paper (ex/ from magazines and newspapers)
 - scissors, string, glue, or tape



EPEC BEING A PARENT

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

Contact: Claire Gager

JOIN NOW

Email: Claire.gager@southwark.gov.uk

Call: 07547 659 646

WHEN IS IT ON?

WEDNESDAYS STARTING 14TH JANUARY 2026
 CRAWFORD BEST START FAMILY HUB
 5 CRAWFORD RD LONDON SE5 9NF

THURSDAYS STARTING 15TH JANUARY 2026
 COIN STREET NEIGHBOURHOOD FAMILY & CHILDREN CENTRE
 108 STAMFORD STREET, LONDON SE1 9NH

What time?
10am-12pm



FATHER'S GROUP



Join a 10-week course to improve your parenting skills.

Whether you are a father, grandfather or stepdad, receive advice and tips on topics such as positive parenting, improving relationships and role modelling. Crèche provided.

When	Friday Morning's at 10.30am - 12.30 Starting 16th January 2026
Where	1st Place Best Start Family Hub 12 Chumleigh Street, Burgess Park, SE5 0RN

BOOK A PLACE
 Email: tara.long@southwark.gov.uk or
jamal.jones-Thomas@southwark.gov.uk
 Phone: 07513 713 090



Support your child's development for free

Get unlimited access by scanning the QR code*



Parenting advice and activity ideas for children aged from birth to five, shared by our community and experts.

Available for all parents and carers in Southwark.



easypeasyapp.com/southwark



*For full terms and conditions, please visit easypeasyapp.com/terms.



TAP - IN SESSIONS

Free and stand alone information sessions for parents and carers on a range of topics. Join us with Thinking About Parenting and TAP in to.....

Monday 19 th January 10am - 12 MS Teams Parenting and Autism	Thursday 29 th January 10am - 12 MS Teams Parenting and ADHD	w/c 9 th Feb 10am - 11.30 MS Teams Ages and Stages
w/c 23 rd Feb 10am - 11.30 MS Teams Parenting Foundations	w/c 2 nd March 10am - 11.30 MS Teams Parental-Emotional-Wellbeing	w/c 9 th March 10am - 11.30 MS Teams Bullying Awareness
w/c 16 th March 10am - 11.30 MS Teams Emotional-Based School-Avoidance	w/c 23 rd March 10am - 11.30 MS Teams Digital Safety	Tuesday 24 th March 10am MS Teams Parenting and ADHD
Thursday 19 th March 10am MS Teams Parenting and Autism	All sessions held online - link will be sent out 1-2 days before session via email	



TO REGISTER FOR A PLACE [CLICK HERE](#) OR CONTACT

Beth Gilbey
07394 865 980
bethany.gilbey@southwark.gov.uk
earlyhelp@southwark.gov.uk



Rose VOUCHERS
for **fruit & veg** 

Free fruit and vegetables for families with young children

The Rose Vouchers Project gives vouchers to buy fresh fruit and vegetables from local markets and some other places. If eligible, you will receive at least £4 of vouchers every week.

Who is it for?
If you live in Southwark and have children under 5*, or are more than 10 weeks pregnant, you may be able to get Rose Vouchers if one of the following applies:

- You receive Healthy Start
- You have a low or no household income (less than £408 income a month if you are on Universal Credit)
- You have no recourse to public funds (NRPF)

* Children must be under 5 until 31st August

SCAN ME Find out more 

 1stplace.uk.com/rosevouchers
✉ rosevouchers@1stplace.uk.com



e2e end2end TV
FOR AGES 8-16 FORTNIGHTLY SATURDAY 10.30-12.30PM

DIGITAL CREW SATURDAYS WWW.END2ENDTV.CO.UK

#NEW for 2026 SCREENLAB

MONTHLY CLUB FOR YOUNG PEOPLE AGED 10-18 INCLUDING DIGIFILMIX™

SATURDAY AFTERNOON 1.30-4.30PM **PREMIUM BRAND NEW CLUB**

ONCE A MONTH FUN! **FOR FILM MAKERS, TECHIES & CREATIVES**

- USE BROADCAST TV & FILM EQUIPMENT.
- EXPLORE MEDIA INC., NEW ANIMATION SUITE
- CONSIDER YOUR AUDIENCE
- BECOME GREAT CONTENT CREATORS.

e2e end2end TV

FIND OUT MORE & BOOK: WWW.END2ENDTV.CO.UK

Start for Life Southwark

Helping you to give your child the best start in life, with support during pregnancy to the age of 5.



Download the Start for Life brochure

Packed with essential resources for parents and caregivers. Useful information in one place to help you find a wide range of local support and services.




Mindful Mums

Free wellbeing groups for new mums

Parenting can be the most extraordinary thing we ever do. It can also be the most exhausting and challenging. If you feel overwhelmed, you're not alone, join one of our free 5-week meet up groups. Open to all mothers and birthing people with babies 0-12 months.

Rye Oak Children and Family Centre, SE15 3PD
Thursdays 1pm - 2.30pm
15 January - 12 February

Crawford Children and Family Centre, SE5 9NF
Thursdays, 11am - 12.30pm
6 February - 26 March

Book your place
selmind.org.uk/mindful-mums

Contact us
mindfulmums@selmind.org.uk



South East London 





SOUNDSTEPS

MUSIC SCHOOL



Free Children Piano/Keyboard Taster Available Now

- Weekly 1 hour lessons available Monday to Sunday for children aged 5-13
- Children learn to read, write and play music in every lesson. we also provide keyboard at every lesson
- Termly Exams and certificate along with opportunities to sit at internationally recognised exams and perform at live events



Contact us Now by Email, Phone, Whats App or via our Website/QR Code to Book Your "FREE TASTER SESSION"



e:office@soundstepsmusic.co.uk t:07926 371583
www.soundstepsmusic.co.uk



EPEC BABY & US

Baby & Us is a 9 week peer-led group which helps parents gain confidence in parenting and everyday life with a new baby (0-9 months).

This includes supporting parents in understanding baby's cues, coping with challenges around feeding, sleep, and crying, interacting positively with baby and managing parental stress.

JOIN NOW



Contact: Claire Gager or Sunshine Brand

Email: Claire.gager@southwark.gov.uk or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898

Or scan QR code to complete registration form



WHEN IS IT ON?

STARTING WEDNESDAY 14TH JANUARY 2026

RYE OAK BEST START FAMILY HUB
WHORLTON RD, LONDON SE15 3PD

What time?

10am - 12pm



EPEC BEING A PARENT 1-3

For parents of children aged 1 – 3 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

JOIN NOW

Contact: Claire Gager

Email: Claire.gager@southwark.gov.uk or Sunshine.Brand@southwark.gov.uk

Call: 07547 659 646 / 07597 506 898

WHEN IS IT ON?

STARTING TUESDAY 13TH JANUARY 2026

1ST PLACE BEST START FAMILY HUB
12 CHUMLEIGH STREET
LONDON
SE5 0RN

What time?
10am-12pm



Southwark Children & Family Hubs

STRENGTHENING FAMILIES STRENGTHENING COMMUNITIES

For parents of children aged 8 – 18 years

This 12 week course helps parents and carers to

- Build positive family relationships
- Manage anger and stress
- Implement effective discipline strategies
- Understand your child's development
- Recognise and value your family and cultural traditions
- Develop effective communication
- Meet others and share ideas

JOIN NOW

Who to contact: Rebecca Arinze

Email: rebecca.arinze@southwark.gov.uk
Call: 07939635458

WHEN IS IT ON?

Starting Tuesday 6th Jan 2026
Face to Face English
Online/Face to Face - Spanish

Starting Wed 7th Jan 2026
Face to Face - Arabic
(online groups also available)

What time?
10am-1pm

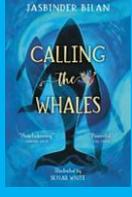
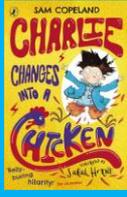


Age 7+

Have a look at my 2026 Year 3&4 and Y5&6 booklists on www.readingjackdaw.co.uk

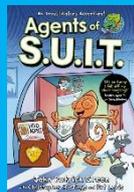
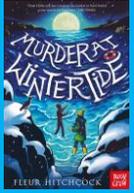
FEBRUARY 2026 NEWSLETTER

FEBRUARY'S 15 FICTION PICKS



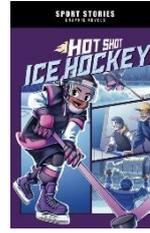
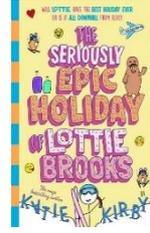
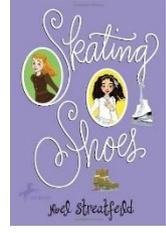
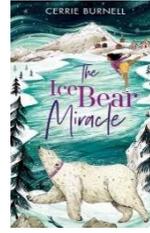
Animals & Nature 

Thrills & Mystery 



Picture Books & Graphic Novels 

Winter Olympics 2026



Find more booklists, recommendations and resources www.readingjackdaw.co.uk



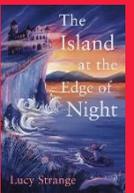
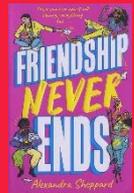
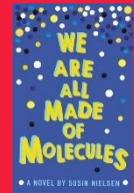
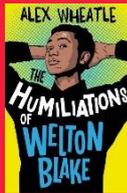
Age 11+

Have a look at my 2026 Year 5&6 and Year 7&8 booklists on www.readingjackdaw.co.uk

FEBRUARY 2026 NEWSLETTER

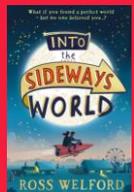
FEBRUARY'S 15 FICTION PICKS

Funny & Uplifting 



Crime & Mystery 

Dystopia & Sci-Fi 



BROWSE THE LIBRARY AND CLASSROOM SHELVES AND THE INTERNET TO FIND BOOKS THAT HAVE BEEN MADE INTO MOVIES, TV SERIES OR VIDEO GAMES.

Diary Novels

- Chinglish, Sue Cheung
- Dork Diaries, Rachel Renée Russell
- Glow Up Lara Bloom, Dee Benson
- Cringe Club, Emily Jane Clark
- The Private Blog of Joe Cowley, Ben Davis
- The Extremely Embarrassing Life of Lottie Brooks, Katie Kirby
- Memoirs of a Neurotic Zombie, Jeff Norton
- My Name is Mina, David Almond
- Spud, John Van de Ruit
- The Closest Thing to Flying, Gill Lewis
- The Frenemies, Jenny Valentine
- The Weird Friends Fan Club, Catherine Wilkins
- Thornhill, Pam Smy

Find more booklists, recommendations and resources www.readingjackdaw.co.uk



Age 13+

Have a look at my 2026 Year 9 and Year 10&11 booklists on www.readingjackdaw.co.uk

FEBRUARY 2026 NEWSLETTER

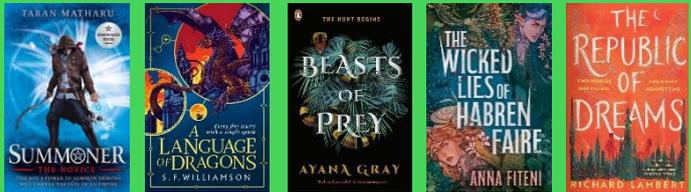
FEBRUARY'S 15 FICTION PICKS



Thrills & Suspense



Love & Romance



Fantasy, Demons & Fairies



THIS WEEK CHALLENGE YOURSELF TO READ 5 DIFFERENT TYPES OF READING MATERIAL, CHOOSE FROM: NEWSPAPERS, MAGAZINES, PROSE NOVELS, GRAPHIC NOVELS, VERSE NOVELS, NON-FICTION, BIOGRAPHIES, ELECTRONIC, PRINT, AUDIO.

Uplifting & Mood Boosting Fiction

- Almost Nothing Happened, Meg Rosoff
- Black Flamingo, Dean Atta
- Puddin', Julie Murphy
- Stand Up Ferran Burke, Steve Camden
- The Rest of the Story, Sarah Dessen
- This is How You Fall in Love, Anika Hussain
- Twenty-Four Seconds from Now, Jason Reynolds
- When Mr Dog Bites, Brian Conaghan
- You Should See Me in a Crown, Leah Johnson
- You're the One that I Want, Simon James Green

Find more booklists, recommendations and resources www.readingjackdaw.co.uk



Reading is not just sitting silently by yourself with a book, being a reader is so much more. Try one of these activities and enjoy being a reader.

Sit with friends and chat about books and reading. Talk about the good, the bad & the ugly.

Try Print, Audio, E-Books, Prose, Graphic or Verse Novels, Newspaper, Magazines or, Diaries & Blogs

In a group read an agreed piece of writing and reflect on its impact on each of you.

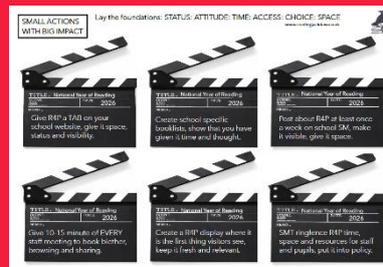
Choose a screen adaptation (incl. video games) of a book. Reflect on changes made and your preferences.

Think about celebrities, sport icons, politicians, influencers etc. Have they written an autobiography?

Ask friends for recommendations on what to read or find some booklists that you like and browse.

SHOWING not TELLING that you value Reading for Pleasure

(Click on the pictures for the link to the resources)



Practical ideas to dig the foundations required to support a Reading for Pleasure School before building the walls and a roof.

Lay the foundations: STATUS ATTITUDE TIME ACCESS CHOICE SPACE

6 Quick and Easy things for staff to do each week to SHOW and not simply TELL your school community that your school values R4P.



WHAT IS BELONGING?

Belonging means being part of something.
It makes you feel good, confident, and tougher when things get tricky.

Not feeling like you belong can feel rubbish, so for Children's Mental Health Week and using the theme 'THIS IS MY PLACE', we asked Place2Be for help.

WHERE DO I BELONG?

At home. My family know my quirks and still like me. Result.

Inside yourself. You're already great. Accept it.

At school. My ideas get heard and teachers believe in me.

With my friends. They make me laugh and stick around when things go wrong.

In clubs and activity groups. Same interests = instant connection.

THINGS THAT HELP US FEEL WE BELONG



Playing games with friends.

Try make friends!

It can be awkward - but it's worth it.

Doing stuff we actually enjoy.

Having a grown-up to talk to when things aren't great.

Talking about feelings instead of bottling them up.

Being kind, trying new things, meeting new people.

Hanging out with people you like being with.

BELONGING BASICS

BE YOURSELF.

Trying to fit in is exhausting. Being you works better.

LIKE WHAT MAKES YOU DIFFERENT.

Your strengths and quirks are not a problem. They're the point.

FOLLOW YOUR INTERESTS.

Clubs and groups are where people who like the same things hang out.

LISTEN TO YOUR FEELINGS.

Feeling lonely? That's your brain asking for more connection. Belonging isn't about changing who you are. It's about finding where you already fit.

