

RPS Weekly Newsletter



Friday 14th November 2025

Dear Parents and Carers,

What a busy week it has been! Monday started with the launch of anti-bullying week. Monday's assembly focused on understanding what bullying is and that it is never ok! How people can be bullied was discussed. Bullying can be:

Physical towards someone or their property

Verbal which includes name calling, teasing, or spreading unkind rumours

Social being deliberately left out of a group

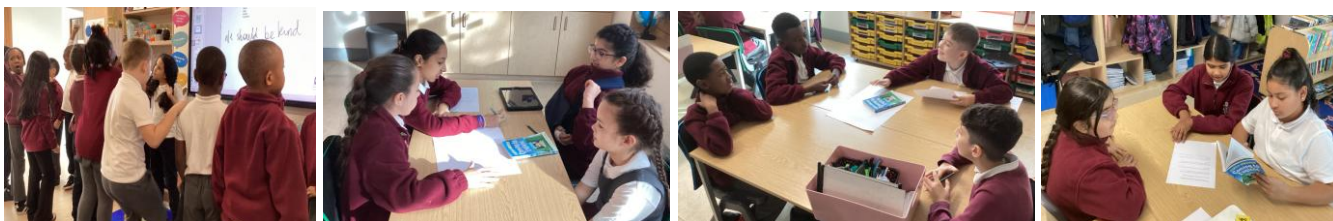
Cyber the bullying occurs online or through messages

Bullying occurs when there is an imbalance of **'power'** and it typically happens **repetitively**. Bullying often occurs when there is a **collective group** that **enables** the bullying to occur. The emotional impact from being bullied is significant and can cause someone to be very unhappy and anxious. The children considered what to do if they are being bullied or concerned that someone else is being bullied; Tell them to stop, seek a safe space, get support from their friends and tell a trusted adult. The following short film clip explains bullying in a child friendly way.

<https://www.youtube.com/watch?v=F6r0B78GQgg>

The school has been completing an **Empathy Project** this term and we have linked this to our anti-bullying week competition. Year 6 Art ambassadors (Annabel and Khloe) introduced the art competition brief in assembly. Don't forget the closing date for entries is Monday 17th November. I can't wait to see all the entries. For a sneak preview, read the STEAM newsletter below.

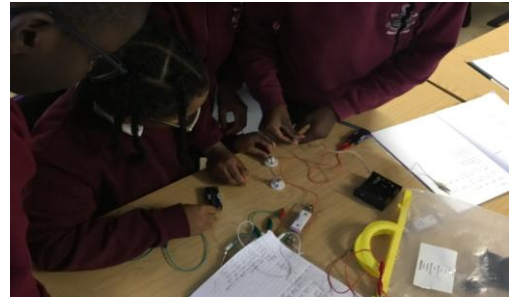
As part of antibullying bullying week classes across KS2 got together to hold a cross-phase book club to discuss their 'empathy' class reads. Year 5 and 6 met to discuss Floella Benjamin's 'Coming to England', a story about a young girl who came to London in the Windrush generation and was met with prejudice and discrimination. Year 3 and 4 met to discuss Mallory Blackman's 'Cloud Busting', which explores themes of bullying and neurodiversity. It was wonderful to hear the children's thoughts on how characters could have acted with more empathy and what advice they would give them. We were also proud of our children's developing oracy skills that were showcased during this book club.



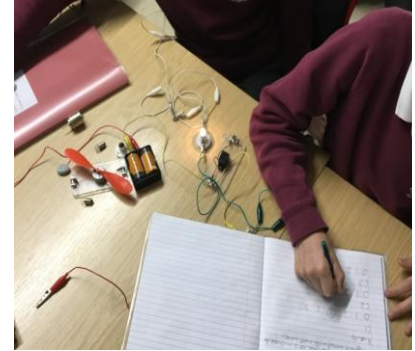
On Friday, children got spotty for 'Children In Need'. A big thank you to all families for your generous donations for this worthy charity. Have a great week! Lisa (HoS)

Year 6 Explore Electricity in Action

This week, Year 6 continued their science unit on electricity with a hands-on investigation. The children explored how the brightness of a bulb is affected by changing the number of cells (batteries) in a circuit. Through practical experiments, they discovered that increasing the number of cells made the bulb shine more brightly, helping them understand the relationship between voltage and electrical output. It was a bright and engaging session full of curiosity and discovery!

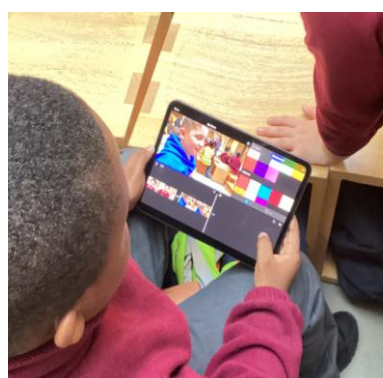


We love Science!

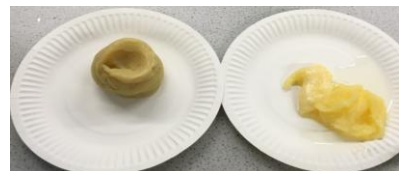


Lea Class visit the Apple Store

Lea Class was lucky enough to take part in a movie making workshop at the Apple Store in Covent Garden. In groups, children chose a topic for their film and filmed clips speaking about their topic while highlighting the amazing setting of the Apple Store. They then learnt how to create transitions between each clip and added special effects and music. The finished products were fantastic! We couldn't leave without a class photo next to the magnificent Christmas trees in the Covent Garden.



Kitchen Science Family Workshop



Kitchen Science Workshop: The Chemistry of Cakes

Last week, families joined us for a hands-on parent-and-child workshop that turned baking into a science experiment! Using simple microwave mug cakes, participants explored the fascinating chemistry behind everyday ingredients. The session began with everyone following a recipe for the perfect cake. Then came the fun part—experimentation! By leaving out key ingredients one at a time, families observed dramatic changes in texture and taste, uncovering the science behind each component:

- **Baking powder:** Essential for a light, spongy cake. It releases carbon dioxide gas, creating bubbles that make the cake rise.
- **Eggs:** Packed with long chain-like proteins, eggs provide structure and stability.
- **Oil:** Coats other ingredients to prevent dryness, ensuring a moist, tender crumb.

The workshop showed that baking isn't just cooking—it's chemistry in action! Parents and children left with full bellies, curious minds, and a new appreciation for the science behind their favourite treats.

'The cake with no baking powder didn't rise because there's less bubbles'

- Katerina

'Flour makes the cake strong and stand up'

- Haris

'It is soft and spongy because I put baking powder and flour in'

- Adam

A huge thanks to Alex for delivering these workshops!



Dates for your Diary

2 week half term Half term

3.11.25	Children return to school Tyne Garden Museum Trip
4.11.25	Brent Garden Museum Trip
5.11.25	Parents evenings Reception to Year 6
6.11.25	Reception to year 6 except- Whale and Brent Parents Evening for Whale and Brent classes
Week starting 10.11.25	Anti-bullying week Odd Sock Day Year 6 Millwall PE lesson trip
11.11.25	Armistice Day School photographer – siblings and single photographs
12.11.25	Science workshop for parents
13.11.25	Healthy School Food matters Parent Coffee morning 9 am – 'Cautious Eaters'.
14.11.25	Children in Need – dress up for charity Lea class trip to the Apple store
18.11.25	Brent class trip to the Apple store
20.11.25	School Food Matters events
21.11.25	Rocksteady Workshops KS1 & 2 Year 6 online workshop Sanccob penguin workshop
25.11.25	KS2 Cinema trip to the O2 to see Wicked
28.11.25	Drama 4 All workshops for year 1 and year 3
1.12.25	International Day of Disabilities
11.12.25	Christmas Jumper Day Pioneer dance last session to finish for Christmas
12.12.25	Christmas Fair after school
16.12.25	EYFS Christmas performance am Year 1 Christmas performance pm
17.12.25	Year 3 & 4 Christmas performance Year 5 & 6 Christmas performance
19.12.25	Year 2 Christmas performance Class parties pm
19.12.25	Break up for Christmas

Attendance Matters

Class	Weekly percentage	Star attendance winners
Penguin	93.5%	
Jellyfish	92.1%	
Octopus	97.5%	★
Whale	96.4%	★
Eden	95.6%	★
Tyne	96.9%	★
Avon	95.5%	★
Peck	96.2%	★
Effra	94.5%	
Brent	94.6%	
Lea	91.8%	
Thames	93%	

Well done to the 6 classes with over 95% attendance.

We have been informed that a number of families have been issued with penalty notices by the local authority and have or are in the process of paying the fines that have been issued. Each of these fines is due to families taking children on holidays during term time.

If children are unwell they should remain at home, but please **do not book holidays** during term time! This may lead to a penalty notice.

Reminder: Parents need to contact the school and let us know each day that a child is absent. If you have the Study bugs app, this makes it far easier for you to let us know. So, if you have not already signed up to study bugs, please do so by following this link:

<https://studybugs.com/about/parents>

Star of the Week

Whale	Gulalai	Gulalai, shows great pride in her work and is always trying her best a little more each day. She carefully writes her sentences using her vocabulary mat and has started using exciting adjectives to make her story more interesting. Her determination to present her work neatly is brilliant too. Keep it up.
Octopus	Harry	Harry always remembers to punctuate his sentences with full stops. This week, Harry has worked really hard to use capital letters to begin sentences too. Great work Harry!
Tyne	Theo	Theo has shown fantastic enthusiasm for reading this week. He approaches every book with curiosity and excitement and it's wonderful to see how much he enjoys discovering new stories. Keep up the great work. You're love of reading is inspiring.
Eden	Adam	Adam has put a great effort into his learning this week. He has really impressed me in our maths lessons where we started a new topic. Keep up the good work Adam!
Avon	Emma	Emma has shown growth in her confidence and has shared her ideas much more during lessons. It has been wonderful to see her contributing actively. Keep it up!
Peck	April	For excellent progress in her handwriting and presentation of work across all books. April's work is immaculate and carefully done and it is really her supporting her progress in other areas such as spelling.
Effra	Anwar	Anwar used literary devices really well in his writing: his similes and personification made scenes come alive, and his choice of vivid verbs helped the reader picture every moment. Well done and keep it up!
Brent	Mark	Mark has done an outstanding job in his writing this week. He has been putting in tremendous effort, showing great creativity, focus and care in every piece he completes. His ideas have been thoughtful, his sentences well-crafted and his enthusiasm for improving his writing has really shone through. Keep up the brilliant work!
Lea	Harper	Harper has written an amazing retell of the Sleeping Beauty fairy tale this week. She has been focussed during lessons and listened carefully to feedback. I thoroughly enjoyed reading her work!
Thames	Wisdom	For showing a noticeable improvement in his ability to stay focused and engage in class discussions. His effort to participate appropriately is commendable and it is making a positive impact on his learning. Keep it up!

Art

These are just some of our schools wonderful Anti-bullying poster entries .

We are hoping we get more of these amazing posters .

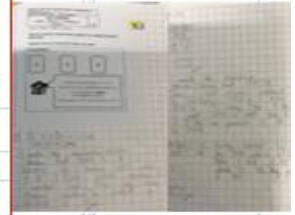
Due date :

Monday 17th of November



MATHEMATICS

This week the year 4 have been finding the products of the three numbers by multiplying them efficiently.



Science

Last week, the year 1 and year 2's baked mug cakes with their parents in the practical room .



Computing

Year 6 were building circuits.



Remembrance Day



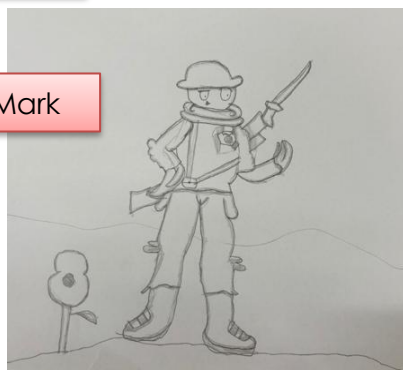
Chloe



Anis



Faith



Mark



Madison

During assembly, on Remembrance Day the children paid respect to all those service people and their families who have been affected by war. They learned about the poppy appeal and how it supports veterans and their families.

In art club, the children created pictures inspired by Remembrance Day.

Millwall Breakfast and After School Clubs

Come and join us for our Breakfast and After School Clubs!

Breakfast club will start at 7.45am- This will include breakfast of cereal or toast and will cost £5.50 per day

After School club- sports activities and games will cost: 1 hour £6.30 and 2 and half hours £13.65

We are able to offer a discount to families that wish to book a full week after school club and this is charged at £57.75 per week.

Wraparound Care (ASC) will not be suitable for Nurse pupils (5 years old+ only). Please see Sharon in the Office for more information!



Are you interested in working for NEST—or do you know someone who might be?

At NEST, we offer a wide range of rewarding roles across our schools. Whether you're an early careers teacher, an experienced educator, returning to work after a break, or simply looking for meaningful employment, we'd love to hear from you.

We have opportunities in **teaching, school administration, finance, HR, and estates**. Click [here](#) to view our current vacancies or register for our talent pool and learn more about joining the NEST team and the exciting career opportunities available.



London Wildlife Trust
Centre for
Wildlife Gardening

28 Marsden Road,
London SE15 4EE

Family Workshops with London Wildlife Trust



Terrific Trees

Sunday 30th November
10am till 3pm

Have fun learning about our garden trees and using them to make natural art. Printing, leaf art, crafts, minibeasts and games.



The Holly and the Ivy

Sunday 7th December
10am till 3pm

Discover the evergreen plants in the garden and use them to make a wreath and other decorations. Games, crafts, activities.

All courses are for families living in Southwark. Suitable for primary aged children but you are welcome to bring your younger and older ones too. £3 booking fee but let us know if this is too much for you. Only one free Southwark workshop per academic year (Sept-July) These are whole day workshops not drop-ins. Booking required: visit our website www.wildlondon.org.uk/events or use the QR code email: dwallace@wildlondon.org.uk for any queries.

Funded by



To book please scan the QR code or visit wildlondon.org.uk/families dwallace@wildlondon.org.uk



MY CHILD & ME

INTERGENERATIONAL WORKSHOP (ONLINE)

- Do you find out that your children or grandchildren don't understand you or your generation?
- Do you want to understand why mental health affects us and our children in the United Kingdom?

Join us on line for interactive sessions



EVERY 3RD FRIDAY OF THE MONTH
STARTS 21ST NOVEMBER 2025
TIME: 10:00AM-11:30AM

FOR DETAILS & TO REGISTER

02035369609

Admin@parentskills2go.com
parentskills2go.org





Southwark
Independent
Voice

Empowering families - creating brighter futures

**Sunshine House and CAMHs
Autism and ADHD diagnosis pathways
Restricted eating including ARFID plus dietician**

**Thursday 20th November 2025
10am until 2.30pm**

**353 Rotherhithe New Road
SE16 3HF**

****Please note places are limited and will be allocated on a first come first serve basis on the day of the event.***

The Autism & Related Disorders (ARD) pathway

Come along and learn how to apply for an assessment: pre-assessment support available, what the process in the assessment includes and post-assessment support. This presentation including Q&A will be presented by a **Sunshine House Paediatrician, Speech & Language therapist plus clinical psychologist.**

ADHD pathway

Learn how to apply for an assessment: pre-assessment support what the process in the assessment entails plus post-assessment support. This presentation including Q&A will be presented by a **CAMHs Consultant Child and Adolescent Psychiatrist, Senior Clinical Specialist and Psychologist.**

Restricted Feeding including ARFID pathway

Learn what restricted feeding is and what support is available. Referral criteria: assessment and therapy offer. This presentation with Q&A will be presented by **Dietician, Occupational Therapist and Speech & Language therapist**

*This event is for parent carers only who live in Southwark.
Any questions email: info@southwarkiv.co.uk*



Nutrition Q&A Coffee Morning with School Food Matters

We invite you to a parent coffee morning with registered nutritionist Adaeze Ezeji from the charity School Food Matters.

She will be showcasing some budget-friendly packed lunches and snack options as well as sharing some tips and tricks on how to encourage children to try new foods.

There will also be a Q&A where you can ask her any questions you have regarding food and nutrition.

[Click here to register.](#)



9 - 9:45 am



20th November 2025



Monday

NO GROUP ON 3rd NOVEMBER

Stay & Play + mini Boogie Mites

18 months – 4 years
Ellen Brown
 10:00am – 11:30am

NO GROUP ON 3rd NOVEMBER

Baby Boogie Mites
 0-12 months
South Bermondsey
 11:00am – 11:45am

Tuesday

NO GROUP ON 4th NOVEMBER

Tiny Moments – Baby Group

0-12 months
Ellen Brown
 10:00am – 11:30am

Toilet Training Workshop

2-3 years
Ellen Brown
 1:30pm – 2:30pm
25th November 2025

Unicorn Theatre Family Workshop

1 – 5 years
Ellen Brown
 1:00 – 3:00pm
11th November 2025
18th November 2025

Christmas Show @ the Unicorn Theatre - Tooley Street – 3+

'How does Santa go down the Chimney'
2:00 pm
16th December 2025
 Email to book your place
familyhub@pilgrimsway.southwark.sch.uk

Wednesday

NO GROUP ON 10th DECEMBER

SENSational Group

1-4 years
Ellen Brown
 10:00am – 11:30am

Play Together (twins)

0-3 years
South Bermondsey
 1:00pm – 2:30pm

NO GROUP ON 10th DECEMBER

Early Words Together

2 – 3 years old
Ellen Brown
 1:30pm – 3:00pm
12th Nov – 3rd December 2025

Generation Study Event St Thomas Hospital

Invites only
 9:00am – 2:00pm
10th December 2025
Ellen Brown

Thursday

Breastfeeding Café

Infant Feeding Drop in
Ellen Brown
 10:00am – 12 noon

Walk & Talk Group in Southwark Park

Rotherhithe
0-18 months
 1:30pm – 2:30pm

Stay & Play

0 – 5 years
Pilgrims' Way
 10:00am – 12:00 noon

Tiny Moments – Baby Group

0-12 months
Ellen Brown
 2:00pm - 3:00pm

Friday

Baby Explorers + Mini Boogie Mites

12 months to 18 months
Ellen Brown
 10:00am – 11:30am

Toddler Boogie Mites

1-3 years
South Bermondsey
 10:00am – 10:45am

'Going Back Strong'

Parents returning to work following maternity/paternity leave may like to explore with professionals some tips and guidance for smooth and supportive transition.
South Bermondsey
 10:00am – 12:00 noon
28th November 2025

Saturday

Well-being through Nature

2 years +
Rotherhithe
 10:00am – 11.30am

22nd November 2025

UPDATE

Our Rotherhithe Centre is having a face lift for a few weeks. **Groups cannot be delivered inside the centre but we are able to continue with the Saturday group on 22nd November and Walking Group on Thursday afternoons. Some groups have been moved to South Bermondsey Hub temporarily and will return to Rotherhithe in January 2026.**

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Chattertime

1 year – 5 years



South Bermondsey

4th Nov – 9th Dec 2025

10:00am – 11:30am

Meet a speech and language therapist and practice general communication strategies with your child.

**Southwark
Housing Advice Clinic**

9:00am – 4:00pm

South Bermondsey

12th November 2025

10th December 2025

Melodies for Mums

1:30pm – 2:50pm

and

3:15pm – 4:30pm

South Bermondsey

2nd October – 4th

December 2025

Adolescent Sure Start

Team – Drop In

11 years +

South Bermondsey

2:30pm to 5:00pm

**SEND Parenting
Support Group**

10:00am – 12:00 noon

South Bermondsey

(booking ONLY)

18th November – 16th

December 2025

Email to book your place
familyhub@pilgrimsway.southwark.sch.uk

Ante-natal Workshop

'Preparing to feed your baby'.

5th November 2025

South Bermondsey

1:30pm – 2:30pm

'Welcome to Parenthood'

1:30pm – 3:00pm

South Bermondsey

(booking ONLY)

Dates to be confirmed for

January 2026

Email to book your place
familyhub@pilgrimsway.southwark.sch.uk

Starting Solids Workshop

Henry Programme

10:00am – 12 noon

South Bermondsey

6th November 2025

4th December 2025

To book Starting Solids Workshop and Fussy Eating Workshops please email below



gst-tr.hvsupportanddevelopmentworker@nhs.net

Rose Vouchers

Collection

Ellen Brown

9:30am – 12:00 noon



We would like to keep EVERYONE safe and healthy, and some groups have a limited number of families permitted in our centres.



We kindly ask everyone **NOT** to use their mobile phones whilst in our sessions. This is for safeguarding purposes, and it is an opportunity to spend quality time with your child/ren.

Contact us!

South Bermondsey Children and Family Hub

Tenda Road, London, SE16 3PN

Ellen Brown Children and Family Centre

145 Grange Road (Spa Park) SE1 3EU

Pilgrims' Way Children and Family Centre

Tustin Estate, Manor Grove, SE15 1EF

Rotherhithe Children and Family Centre

Southwark Park (Hawkstone Road entrance) SE16 2PF

Telephone: 0207 358 2878

familyhub@pilgrimsway.southwark.sch.uk

Please visit our website for further information

br-cc.org.uk



Free Vitamin D

Pregnant women, new mums, and children under four in the borough can get free vitamin D supplements.

Dolly Parton Imagination Library

If you live in Southwark and have a child under 5, you can register to receive a FREE book every month until their 5th birthday. Sign up and make bedtime fun. Check your eligibility and sign up on the Dolly Parton Website.

<https://imaginationlibrary.com/check-availability/>



50 Things To Do Before Five!

Download the app or visit the website for free fun activities to do with your child and have fun, play, and learn.

Website: <https://50thingstodo.org/>



SOUTHWARK START FOR LIFE offer includes help with:

- Feeding your baby ✓
 - Making friends and connections ✓
 - Mental health & wellbeing ✓
 - Building relationships with your baby ✓
 - Support for children special needs & disabilities ✓
 - Early education at home ✓
 - Everyday parenting challenges ✓
 - Accessing information, advice, and your free childcare offer ✓
- <https://services.southwark.gov.uk/>

All sessions are free of charge. For more information about our sessions and services please contact familyhub@pilgrimsway.southwark.sch.uk

0207 358 2878

South Bermondsey Children and Family Hub, Tenda Road, London, SE16 3PN



FAMILY HUBS

baby buddy

50 five

easyPEASY

Southwark 2030

