

# RPS Weekly Newsletter



Friday 17<sup>th</sup> January 2025

Dear Parents and Carers,

We have come to the end of another really busy week at RPS with lots of exciting learning opportunities being engaged with in school.

We are so lucky to have such fantastic teachers. Alex is such a passionate art and science lead. She has enthused the children who have been visiting me at lunch time with fun things that they have been making with her during their lunch time. We are all very grateful for her hard work and dedication.

**We love art!** Y6 have explored painting further this week by experimenting with paint and observing the different effects that can be created. They practised techniques such as stippling, water wash, pointillism, dabbing and adding texture. They then utilised these whilst painting a simple 3D object.



The results as you can see are brilliant.



Tamarah



Bintu



Aleena



Bintu

**Children's Book Project:** Reading is a pathway into new worlds. Evidence suggests that children who read for pleasure regularly, not only experience the joy of reading but also do better academically over time. So, we hope that all the children who have engaged in a reading café this week and chosen 2 books to take home, have enjoyed sharing these books with you. I am always looking for book reviews to add to the newsletter so do encourage your children to write about their books at home and to share them with me.

Jellyfish, Tyne and Eden class will have their reading café next Friday 24<sup>th</sup> January.

**Apple Store Trip:** On Friday, it was Wandle class's turn to visit the Apple Store in Covent Garden and they too participated in an exciting "Create a Theme Song" workshop utilizing GarageBand on iPads. They were very well behaved and had a fantastic time.

**London sights:** Year 2 have started their English and History unit on the Great Fire of London. To set the scene for their historical learning, Tyne class went to see the sights in London. They have taken lots of pictures and I can't wait to read their fantastic writing next week when they tell us all about it!

**Sound Steps Assembly:** On Monday, the children were treated to a special music assembly led by teachers from Sounds Steps. If your child is interested in learning to play the keyboard they provide tuition and offer a free taster session. Please see the flyer below with contact details for booking a session.

**Parent Code of Conduct:** Please remember that we ask parents not to speak to children or parents directly when children have disputes as this frequently leads to misinformation and makes the situation worse. Please read our [Parent and visitor code of conduct](#).

Have an enjoyable weekend! Lisa (HoS)

# We love learning!

## Digestive system

### 1. Mouth

- food is broken down by the saliva and teeth



2. Oesophagus - tube in your body that transports to your stomach



### 3. Stomach-

Uses acid to break down food, and churns up food

### 4. Small intestine -

- helps to digest food coming from the stomach



### 5. Large intestine

Absorbs water and salts from the material that has not been digested as food, and get rid of any waste products left over



### 6. Anus

-the food gets passed down through the rectum, into the anus and is wasted out as poo



PIC•COLLAGE

## MOUTH

Food is broken down by saliva and teeth



## OESOPHAGUS

Pushes food down to the stomach



## STOMACH

Churns the food and breaks it down with acid



## SMALL INTESTINE

Breaks down food so that nutrients can be taken into the blood



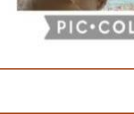
## LARGE INTESTINE

It absorbs the moisture from the food



## ANUS

The food from the large intestine moves to the rectum and gets stored until the Anus pushes the food out



PIC•COLLAGE

Year 6 used a model of the digestive system to explain the journey of food. They describe the functions of the organs in the digestive system and explained how the equipment used in the model relates to the digestive system. They collaborated well as a team and used the computing app 'PicCollage' to record their learning.

## mouth

Food is broken down by saliva and teeth



## Oesophagus

Oesophagus pushes down to the stomach



## Stomach

The stomach churns the food and breaks it down with acid



## Small intestine

Breaks food down so that nutrients are taken into the blood



## Large Intestine

Absorbs liquids and transports waste to the rectum



PIC•COLLAGE

## 1. MOUTH

The food gets broken down by the saliva



## 2. OESOPHAGUS

The food goes down the esophagus



## 3. STOMACH

The food entered the stomach



## 4. SMALL INTESTINES

The nutrition is absorbed



## 5. LARGE INTESTINES

The food exits through the anus as poo



Digestive system

PIC•COLLAGE

## 1.

Mouth  
Food is broken down by saliva and teeth



6. Anus remains from large intestine is discharged as poo into the toilet



2. Oesophagus  
The food is squeezed down a tube connecting the mouth to the stomach in a process called peristalsis.



3. stomach it churns your food up



4. Small intestine helps you digest food coming from your stomach



5. Large intestine absorbs water and salt from the material that has not been digested as food and get rid of any waste products left over



**THE DIGESTIVE SYSTEM**

PIC•COLLAGE

# Dates for your Diary

6 <sup>th</sup> January	Children return to school
Week starting 13 <sup>th</sup> January	Children's Book Project
16 <sup>th</sup> January	Brain buddies start for Wandle class
27 <sup>th</sup> January	Eden class to Creekside Year 6 maritime Museum
30 <sup>th</sup> January	Height and weight check for Reception and Year 6 children
31 <sup>st</sup> January	Tyne class to Creekside
6 <sup>th</sup> February	Year 4 & 5 trip to Ragged School Museum
7 <sup>th</sup> February	Time to Talk Day
7 <sup>th</sup> February	Year 4 & 5 trip to the Ragged School Museum
10 <sup>th</sup> February	Amber returns from maternity leave
11 <sup>th</sup> February	Internet Safety Day
14 <sup>th</sup> February	Break up for half term
	Half Term Break
24 <sup>th</sup> February	Children return to school
4 <sup>th</sup> & 5 <sup>th</sup> March	Parents Evening
6 <sup>th</sup> March	World Book Day – dress up as a book character.
Week starting 10 <sup>th</sup> March	STEAM week
	Artist Kandace Siobhan Walker working with groups of children in Avon class.
13 <sup>th</sup> March	Scholastic Book Fair
	Science Workshops for classes
17 <sup>th</sup> March	Mock SATS year 6
24 <sup>th</sup> March	SEND parents meetings
2 <sup>nd</sup> April	Easter Bonnet Parade
4 <sup>th</sup> April	Break up for the Easter Break
	Easter Break
	Children return to school

**“Don’t count  
the days.  
Make the days  
count.”**

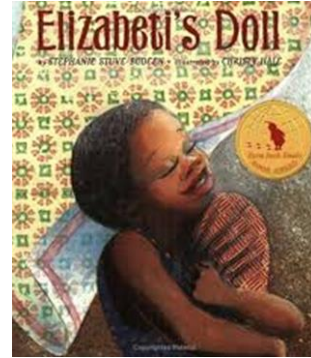
MUHAMMAD ALI

## Pupil Book Recommendations

**Pupil:** Gladys Martina

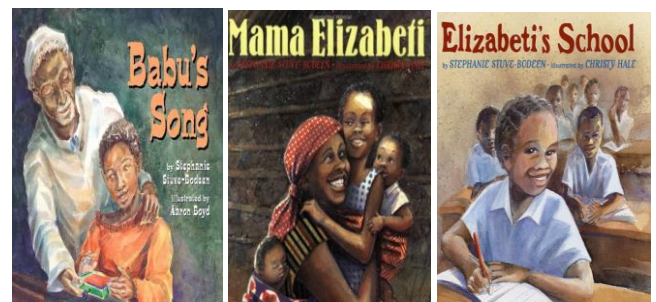
**Book:** Elizabeti's Doll

**Author:** Stephanie Stuve-Bodeen & Christy Hale



My favourite book is called Elizabeti's Doll. It was written by Stephanie Stuve-Bodeen and Christy Hale. It was about a little girl and her doll. She liked her doll very much, so she played with it every day. She even gave it a bath and looked after it like a real baby, even though it was actually just a big rock. I liked this story because at the end when the doll got lost, she found it again and was happy. My favourite bit of the story is when Elizabeti sang lullabies to the doll to make it sleepy.

Why not try some of these other books by the same author.



## Attendance Matters

This week's winners of the attendance award.

**Upper phase (year 4, 5 & 6)**  
**Trent Class 98.3%**

Well done and keep it up!

**Please do not book holidays during term time!**

I CHOOSE  
KINDNESS

# Star of the Week

I CHOOSE  
KINDNESS

<b>Tyne</b>	Ibrahim	Ibrahim keeps inspiring us all with his resilience and creativity. He produced some amazing artwork, mixing Primary colours to make secondary colours.
<b>Eden</b>	To the whole class	For adapting so well when a number of adults have taught them during their teachers absence this week. Well done Eden class
<b>Avon</b>	Thea	For working hard this term and being more engaged and attentive in lessons. Keep it up!
<b>Fleet</b>	Jayden F	Excellent work during English lessons, particularly his diligence when using word banks to support and develop his writing.
<b>Ravensbourne</b>	Charlotte	For her exemplary attitude and behaviour during our class trip to the Apple Store. She showcased impressive musical skills and successfully created a catchy theme song that added to the overall experience of the trip.
<b>Wandle</b>	Antonella	Antonella is in my Maths' class. We have been learning about short division, which can be a tricky concept to grasp, however, Antonella has ended the unit by declaring 'I love division'. Music to a teacher's ear. Keep up the good learning, Antonella. I'm so proud of you.
<b>Severn</b>	Lauk	For displaying great perseverance in calculating the area of composite rectilinear shapes and applying it to reasoning questions. Well done!
<b>Trent</b>	Cameron	Cameron has been an excellent problem solver in our work on area and perimeter this week. He has shown both resilience and ambition and his explanations have really helped his class mates.

A huge thank you to Andreia and Gary, our fantastic parent helpers who once again enabled our classes to attend trips this week. We really appreciate your help.

An additional thank you to Gary for running chess club. The children have really learned a lot while having fun!





**Science**  
 In year 4/5 children learnt about how to separate salt from water using the process of evaporation.

**ART**

**In Year 1 children learnt about primary and secondary colours**



**Mathematics**

**Children in year 1 have been learning about 12 hour clock and 24 hour clock.**



**Computing**  
 In computing year 6 have been learning about microcontrollers LADs and motors using the program 'Scratch'



25TH JANUARY - 2ND FEBRUARY 2025  
**THE GOLDEN HINDE FLAG DESIGN**

COMPETITION  
*exhibition*



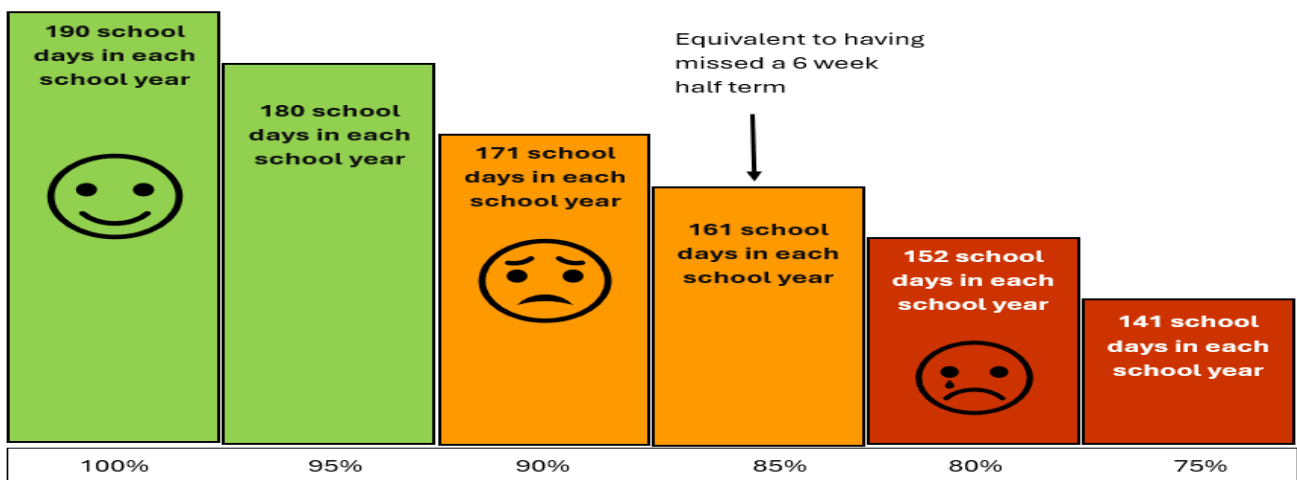
VISIT THE SHIP BEFORE 31ST JANUARY AND ENJOY OUR PAY WHAT YOU WANT OFFER!  
 GENERAL ADMISSION PRICES APPLY AFTER 31ST JAN

EXPLORE THE CREATIVITY OF LOCAL STUDENTS CELEBRATING THE GOLDEN HINDE'S LEGACY THROUGH BOLD AND INSPIRING DESIGNS!

# Attendance Matters

The government has a national focus on improving attendance in schools and have created stages and systems that schools are required to follow when children's attendance becomes a concern. All local authorities and academy trusts have reviewed and adjusted their responses to high absences. A child whose attendance falls below **90%** is considered to be '**persistently absent**' and will require the school to meet with parents to work towards improving attendance. Taking holidays within school time is not permitted and runs the risk of being fined by the local authority, so please do not book holidays within term time. Regular absences lead to gaps in learning and subsequently, children finding return to school more challenging.

Good attendance is extremely important. There is evidence that children who have good attendance achieve better academically and are more likely to have secure friendship groups.



## STARTING YOUR KEYBOARD JOURNEY

### SOUTHWARK AND CROYDON

ST JOHNS CENTRE: LARCOM STREET, WALWORTH, SE17 1NQ:

- Monday 6.15pm
- Tuesday 4pm, 5pm or 6pm
- Wednesday 4pm, 5pm or 6pm

OUR LADY OF SORROWS CHURCH: FRIARY ROAD, PECKHAM, SE15 1RH:

- Monday at 5pm
- Thursday at 4.15pm
- Friday 4pm or 5pm
- Saturday at 11.45am or 3.45pm

ROSENDALE COMMUNITY HALL 135 PEABODY COTTAGES, NORWOOD, LONDON SE24 9DR

- Thursday at 4pm, 5pm or 6pm
- Saturday at 10am or 11am or 2pm or 3pm

CHRISTCHURCH METHODIST CHURCH: 114 LOWER ADDISCOMBE ROAD, CROYDON CR0 6AD:

- Monday at 4pm or 5pm or 6pm
- Wednesday at 4pm or 5pm or 6pm
- Friday at 4.15pm
- Saturday at 10.30am
- Saturday at 1pm

OR JOIN  
US  
ONLINE



BOOK A FREE TRIAL NOW



WWW.SOUNDSTEPSMUSIC.CO.UK  
OFFICE@SOUNDSTEPSMUSIC.CO.UK  
07926 371583

# SOUTHWARK JAGUARS GIRLS FOOTBALL CLUB

Looking to start your football journey?  
Looking for a new challenge?  
Looking to make new friends?

### Who we are...

Southwark Jaguars are the newest and fastest growing girls football team in Southwark.

Established in 2023 we currently have over 80 girls signed across 6 different teams from U9 to U12.

All teams train on a Monday (17:00 - 18:00) at Burgess Park Astro Turf. This is also where we play our home games on a Sunday as part of the Tandridge League.



### Interested in joining? What to do next...

- Scan the QR code on the left hand side.
- You will be redirected to our website. Please complete the form in full.
- You will then be contacted by a member of our team with more details.

Do not hesitate to contact either Wilma Friesing (wilma@jaguars.org.uk) or Jon Howard (jon@jaguars.org.uk) for more information.

You can also find us across our social media platforms.

SCAN HERE



## BLACK SWIMMING ASSOCIATION

### 5 WEEK WATER SAFETY COURSE

FREE

### IS THIS COURSE FOR ME?

Do you live, work, or study in Southwark?

Do you fear water, have had a bad experience, or lack confidence around it?



### CAN YOU MAKE IT?

Peckham Pulse Leisure Centre, 10 Melon Rd, London SE15 5QN

Friday 7th February - Friday 7th March

Every Friday, 1pm - 2pm

To find out more or to register, contact us on:

LOCALENGAGEMENT@THEBSA.CO.UK @BLACKSWIMMINGASSOCIATION

## ENGLISH SECOND LANGUAGE AND LITERACY FOR ADULTS

Free course  
starting  
February  
2025

Tuesdays, 5pm to 7pm at  
South Bank  
University Academy



LEARN IN A SAFE AND SUPPORTIVE SPACE

MEET OTHER ADULTS FOR TEA AND  
LEARNING ACTIVITIES

ACCESS NUMERACY, LITERACY  
AND DIGITAL SKILLS PROGRESS

If you are interested in joining the course, please contact Reception at the school:  
Email: office@southbankua.org.uk  
Phone: 020 7277 3000

Would you like to support your children with their school work and exams? Do you want to increase your confidence in English for your own life or work?

Join us for classes dedicated to parents. Lessons will help you improve your reading, writing and communication skills. We will also guide you to further courses to support with numeracy and IT.

This course is completely free, and you will have help and support from experienced teachers.

At: South Bank University Academy,  
Trafalgar St, London SE17 2TP

southbankua.org.uk

southbankcolleges.ac.uk



LET'S CELEBRATE

# LUNAR NEW YEAR



**29 JANUARY 2025**

# LUNAR NEW YEAR

## MAINS

Cantonese Sweet and Sour Chicken  
or Sweet and Sour Vegetables

## SIDES

Egg Noodles  
or Coconut Rice

## DESSERT

Golden Apple Fortune Muffin

*\*Menus may be subject to change*

**Timetable – Wednesday 8<sup>th</sup> Jan – Friday 14<sup>th</sup> February 2025**

**Bermondsey and Rotherhithe Children and Family Hubs**

To book on sessions please email us below  
[ccadmin@pilgrimsway.southwark.sch.uk](mailto:ccadmin@pilgrimsway.southwark.sch.uk)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Venue: Ellen Brown</b></p> <p><b>Toddler Time</b>  <b>(2 years and above)</b>                      10:00am-11:30am                      A session for families with toddlers to explore their curiosity, learn through play and supporting next steps into nursery.</p> <p><b>Baby Massage</b>  <b>(8 weeks Old-Pre-crawlers)</b>  <b>Booking Required</b></p> <p>Various Dates across the year Starts</p>	<p><b>Venue: Ellen Brown</b></p> <p><b>Baby and Us</b>  <b>(From birth up to walkers)</b>                      10:00am-11:30am                      Join this relaxed session and have an opportunity to bond, play and have fun with your baby and meet other parents</p> <p><b>SENSational Stay and Play</b>  <b>(0-5 years)</b>                      1:30pm-3:00pm                      A fun and playful session that encourages the development of early attention, social interaction, and communication skills, for children with additional, special educational needs.</p>	<p><b>Venue: Ellen Brown</b></p> <p><b>Stay &amp; Play</b>  <b>(1-5 years old)</b>                      10:00am-11:30am</p> <p><b>Parent Drop In</b>                      A member of staff is available for help and advice for parents that are experiencing difficulties. We are here to help!!</p> <p><b>Chattertime Plus</b>  <b>(18 months and above)</b>                      1:30pm-3:00pm  <b>starts 15<sup>th</sup> Jan 2025</b></p> <p>A stay and play group tailored to support children with complex communication needs and areas such as attention, social interaction, behaviour, understanding language and talking.</p>	<p><b>Venue: Ellen Brown</b></p> <p><b>Boogie Miles</b>  <b>(0-12 months)</b>                      10:00am-10:30am</p> <p><b>Venue: Pilgrims' Way</b></p> <p><b>Stay and Play</b>  <b>(0-5 years)</b>                      10:00am-11:30am</p> <p><b>Venue: Rotherhithe</b></p> <p><b>Breastfeeding Café</b>  <b>Infant feeding Drop-in</b></p> <p>10:00am-12:00pm                      Information and practical support for pregnant and breastfeeding mums and their families.</p> <p><b>NEW GROUP</b></p> <p><b>Baby Sensory Group</b>  <b>(0-12 months)</b></p> <p>1:30pm-2:30pm                      A relaxed space for you and your baby to exploring &amp; discovering their new world together through touch, sound, vision, taste and smell</p>	<p><b>Venue: Rotherhithe</b></p> <p><b>Toddlers Boogie Miles</b></p> <p>Music programme to support children's language, brain development, communication, physical and social development.</p> <p><b>Ages: 12 months and above</b>                      Group 1: 10:00am – 10:30 am                      Group 2: 11:30am-12:00pm</p>
<p><b>Venue: Rotherhithe</b></p> <p><b>Stay and Play</b>  <b>(1 year and above)</b>                      10:00am-11:30am</p>	<p><b>Venue: Pilgrims' Way</b></p> <p><b>Stay and Play en Español</b>  <b>(Spanish speaking parents)</b>                      0-5 years</p> <p>10:00am-11:30am</p>	<p><b>Venue: Rotherhithe</b></p> <p><b>NEW GROUP</b></p> <p><b>Baby Boogie Miles</b>  <b>(0-12 months)</b>                      2:00pm-2:30pm</p>	<p><b>Venue: Rotherhithe</b></p> <p><b>Little Explorers</b>  <b>(Newly Walkers-18 months)</b>                      10:00am-11:30am                      Engage with your child in play and help them discover the world through fun and engaging activities.</p>	<p><b>Saturday</b></p> <p><b>Venue: Rotherhithe</b></p> <p><b>Gardening Workshop</b>  <b>(2 years plus)</b>                      10.00am-11:30am</p> <p>25/01/2025                      22/02/2025                      Email to book  <a href="mailto:ccadmin@pilgrimsway.southwark.sch.uk">ccadmin@pilgrimsway.southwark.sch.uk</a></p>
<p><b>HENRY WORKSHOPS</b></p> <ul style="list-style-type: none"> <li>Thursday 16<sup>th</sup> January (1pm-2:30pm) Eating Well for Less at Ellen Brown</li> <li>Friday 7<sup>th</sup> February (1pm-3pm) Starting Solids at Ellen Brown</li> <li>Thursday 13<sup>th</sup> February (10am-12pm) Fussy Eating at South Bermondsey</li> </ul> <p>To book email:  <a href="mailto:gst.tr.HVsupportanddevelopmentworker@nh.s.net">gst.tr.HVsupportanddevelopmentworker@nh.s.net</a></p>	<p><b>Venue: TBC</b></p> <p><b>'Welcome to Parenthood'</b>                      1:30pm  <b>From 21<sup>st</sup> Jan-10<sup>th</sup> Feb</b></p> <p><b>INVITATION ONLY</b></p> <p>A new supportive group for families with babies 0-12 months aimed at exploring and discussing topics on the first year of your baby's life with the additional benefit of support around emotional and mental wellbeing for you and your baby.</p> <p><a href="mailto:lulleralph@pilgrimsway.southwark.sch.uk">lulleralph@pilgrimsway.southwark.sch.uk</a></p>	<p><b>Venue: Rotherhithe</b></p> <p><b>NEW GROUP</b></p> <p><b>Melodies for Mums group</b>  <b>(0-12 months)</b>                      2:00pm-2:30pm</p> <p><b>Venue: Ellen Brown</b></p> <p><b>Melodies for Mums group</b>  <b>From 30<sup>th</sup> January to 3<sup>rd</sup> April</b>  <b>(INVITATION ONLY)</b></p> <p>For more information and to register email: <a href="mailto:m4m@breatheahr.org">m4m@breatheahr.org</a></p>		





Southwark Family Hubs



### Speech and Language support



#### Virtual Chattertime and Drop in Sessions

Are you worried that your child is not talking or doesn't understand you? Do you have questions or concerns about your child's communication skills? Please book onto a virtual session with a speech and language therapist

To book on, email: [gst-fr.contacts@nhs.net](mailto:gst-fr.contacts@nhs.net)

Website:

[www.evelina.london.nhs.uk/communityspeechandlanguage](http://www.evelina.london.nhs.uk/communityspeechandlanguage)

Facebook: @EvelinaSLT

### Free Vitamin D

Pregnant women, new mums, and children under four in the borough can get free vitamin D supplements.

### HENRY Programme

This programme aims to help you feel more confident as a parent, physical activities for the little ones, what children and the whole family eats, family lifestyle habits and enjoying life as a family.

For more information, please visit

<https://www.henry.org.uk/>

To book please email:

[gst-fr.hvsupportanddevelopmentworker@nhs.net](mailto:gst-fr.hvsupportanddevelopmentworker@nhs.net)



### Rose Vouchers

Support to buy fresh fruit and vegetables for low-income families and living in SE1, SE15, SE16, SE5 or SE17. If you wish to register to please phone 0207 358 2878 or email [ccadmin@pilgrimsway.southwark.sch.uk](mailto:ccadmin@pilgrimsway.southwark.sch.uk)



### Southwark Start for Life offer includes help with

- Feeding your baby ✓
- Mental health & wellbeing ✓
- Support for children special needs & disabilities ✓
- Early education at home ✓
- Accessing information, advice, and your free childcare offer ✓
- Making friends and connections ✓
- Building relationships with your baby ✓
- Everyday parenting challenges ✓

<https://services.southwark.gov.uk/>

Due to our popularity of our groups please note that priority will be given to families trying to access our sessions. We would like to keep EVERYONE safe and healthy, and some groups have a limited number of families permitted in our centres.



We kindly ask everyone **NOT** to use their mobile phones whilst in our sessions. This is for safeguarding purposes, and it is an opportunity to spend quality time with your child/ren.

We have gone paperless to help save the environment.

Please scan the QR Code to download the timetable and find out updates.

[br-cc.org.uk](http://br-cc.org.uk)



### 50 Things To Do Before Five!

Download the app or visit the website for free fun activities to do with your child and have fun, play, and learn.

Website: <https://50thingstodo.org/>

### Dolly Parton Imagination Library

If you live in Southwark and have a child under 5, you can register to receive a FREE book every month until their 5<sup>th</sup> birthday. Sign up and make bedtime fun.

For more information please email:

[ccadmin@pilgrimsway.southwark.sch.uk](mailto:ccadmin@pilgrimsway.southwark.sch.uk)



### Contact us!

#### Ellen Brown Children and Family Centre

145 Grange Road (Spa Park) SE1 3EU

#### Pilgrims' Way Children and Family Centre

Tustin Estate, Manor Grove, SE15 1EF

#### Rotherhithe Children and Family Centre

Southwark Park (Hawkstone Road entrance) SE16 2PF

#### South Bermondsey Children and Family Hub

Tenda Road, London, SE16 3PN

Telephone: 0207 358 2878

[ccadmin@pilgrimsway.southwark.sch.uk](mailto:ccadmin@pilgrimsway.southwark.sch.uk)

Please visit our websites for further information

<http://br-cc.org.uk/br-cc/>

### Healthy Minds Thrive Project

The Healthy Minds Thrive project aims to support parents and carers across Southwark (with 0-2 infants) thrive in their parenting journey. We understand that parents may experience isolation, low mood, and anxiety, worries around bonding with baby or shame about having these feelings.

For more information, please email: [julia.tropiano@southwark.gov.uk](mailto:julia.tropiano@southwark.gov.uk)