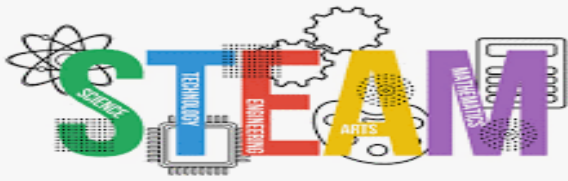


RPS Weekly Newsletter



Friday 19th April 2024

Dear Parents and Carers,

Welcome back. I hope you all had a fantastic break. What an exciting and busy time it has been!

This week we delivered **STEAM** (Science, Technology, Engineering, Arts and Mathematics) week. The children have enjoyed so many fun and exciting learning experiences. Some of this fantastic learning is shared in this newsletter but please do check out the school's blog for more information and photographs [click here](#).

The week kicked off with a special **career's assembly** delivered by Abby Turin, a climate change presenter. She talked to the children about time and dimension as they grow up. She encouraged children to have aspirations for different careers in the future and considered a range of different occupations.

On Wednesday all children were thrilled by our **science workshops** delivered by Ted from the Royal Institution of Science (funded through a charitable grant). He explored the digestive system, the explosiveness of food and so much more. Please do read the science ambassador's account of their experience.

STEAM week culminated in a STEAM Dress Up Day and STEAM Fair! The children dressed as their favourite character from the world of STEAM. We had Doctors, Scientists, Artists, Astronauts, Designers and more [click here](#).

I would like to say thank you to all staff (especially Alex (Science and Art Lead), Conor (DT Lead), Anthony (Computing Lead), Annalise (Maths Lead) and to our Science Ambassadors for their hard work organising this fantastic week of learning.



Stop the press! Sir Keir Starmer (Labour Leader) and Baroness Doreen Lawrence visited RPS on Wednesday. This visit was in preparation for Stephen Lawrence Commemoration Day on Monday 22nd April. The focus of the visit was on breaking down barriers in society and the impact and power of learning. Jellyfish were surprised when our esteemed visitors popped into class to see them!



Our visitors then had a tour of the school with Galiema and Paula, our CEO from NEST. The school's vision and work to provide fantastic learning opportunities for our children was celebrated. They even got a sneak peek at some of the brass band practicing! They then met with the most important people in our school – the children. The School Council chair Jaida and vice chair Alexander represented the school and were joined by Jasmine, Walid and Adonijah. They suitably impressed our visitors with their eloquence and observations. They recalled Stuart Lawrence visiting our school last year and his message about having a voice and believing in yourself. This visit will feature in an article within the Mirror newspaper on Monday and we cannot wait to see a film that is being produced about the visit. Well done to our children for their fantastic contributions. Thanks to Conor for organising this visit. [Click link](#).



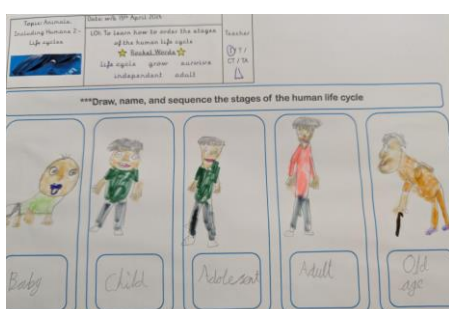
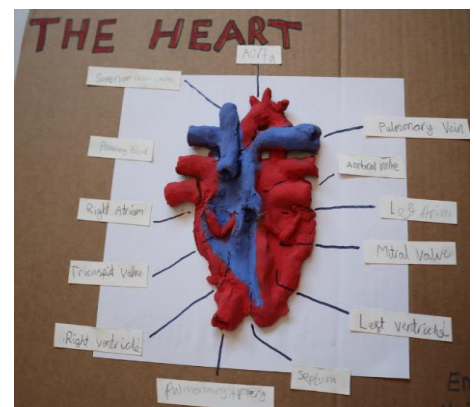
Have an amazing learning inspired weekend!
Lisa (HoS)

STEAM Week

It has been a fantastic week of Science, Technology, Engineering, Art, and Maths as RPS celebrated STEAM Week.

The week has been packed with workshops and fun activities to challenge our children's critical and creative thinking skills. To name just a few - the children in year 1 made water clocks, while children in year 3 & 4 delved into the world of physics and grappled with how pendulums work. The children explored computational thinking with a variety of activities involving puzzles. Water tension was explored, how the heart and lungs work and the children have even made bio-degradable plastic! Phew, such amazing learning!

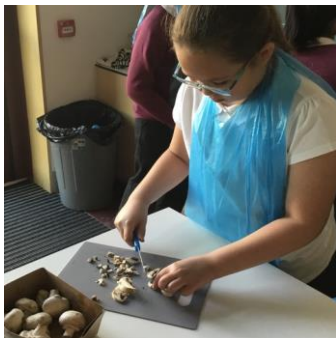
At the STEAM fair the children did an amazing job of sharing their learning with both parents and children. What a fantastic week!



STEAM - Technology

In food technology lessons our year 5 & 6 children have been utilising the bountiful supply of fresh vegetables and herbs from our garden to create a delicious sauce for their spaghetti bolognese.

We took some pictures of our children in action as they created a delicious meal using ingredients from 'farm to table' ensuring that the meal is using the freshest and most organic produce. Yum!



Brent Class were tasked with finding the most efficient and fastest method of solving a jigsaw puzzle on their computers. They were then asked to write/build an algorithm or flow-chart illustrating their chosen path.

Year 2 took part in playdough programming. The children were organised into pairs with one partner in the role of 'Programmer' and the other partner in role of the 'Human Computer'. The programmer had to choose an emoji for the 'Human Computer' to create and then provided verbal instructions for them to follow.

Year 1 children have enjoyed making healthy fruit smoothies. These were delicious and enjoyed at the STEAM Fair!

It was a tough challenge as there were many pieces to the puzzle. It seemed that the most popular strategy used was to begin with the corner pieces and then work inward towards the centre.



Explosive Food Workshops!



Science Ambassadors Reporting on what they learned in the Explosive food workshops.:

'On Wednesday, Ted came to our school to teach us about the science of food! He asked us why food is important to eat. Some children answered, "so we don't starve," and "because it is good for you." There are 5 main tastes: sweet, salty, sour, savoury and bitter. He said we use our food to warm up our bodies and to move our body around. Ted showed us wire wool then he put a battery against it, releasing its energy, setting the wool alight. After, Ted showed us an igniter which had a tiny, tiny, tiny bit of dynamite! Then, he put the battery on one end, and it made a snapping sound, then a puff of smoke came out of it! You need 3 things for a fire: heat, fuel and oxygen.

After, he had dish soap and water and put a lighter fuel in it. He made flammable bubbles! He then put a lighter on it, and it caused a massive fire! After, he took a piece of bread, put a blowtorch against it, but it toasted. Next, he had flour in a flannel, blew it, used the blowtorch, and fire flew up!

Did you know there is one animal that is good for the environment it is better than plants.... Insects! Some children thought it was pigs, chickens, sheep and fish. What did you think?

Next, he showed us his apron which had the digestive system on it. Did you know your small intestine is as long as a bus? Ted squished a bag with many foods to show your teeth crushing food up. After, he got a stocking, put the food inside, squeezed it to show it going inside your bloodstream. He got a plastic bag to represent the rectum, then cut it open to show it like your anus.

Ted told us that if someone wanted to do a job like him his advice would be to listen to science teachers and try to do science wherever you can. Other jobs he'd like to do, he said a monkey scientist and a comedian.

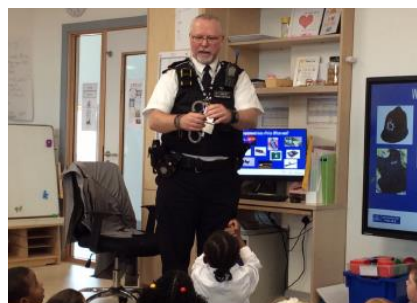


PC Trevor Investigates Evil Pea's antics!

On Friday, a special visitor joined Reception class. PC Trevor came to ask questions and collect evidence about the recent events and mayhem caused by Evil Pea's antics in school. As you know Evil Pea has been very mischievous in our reception classrooms. He took the children's toys and even managed to freeze a few of them!

The children wrote and spoke to me about their concerns and I promised the children I would report these misdemeanors to the police and thankfully PC Trevor is continuing his investigations.

As PC Trevor was in attendance we also asked him to field questions from the children about the job of a police officer. He kindly showed them the equipment that he carries and explained how they help to keep us safe. The children were very excited to learn about his career and asked him to show them how handcuffs work. Children also learned about calling for help from the police by dialing 999 or 101.



Dates for your Diary

16 th April	Children return to school STEAM week starts
17 th April	STEAM workshops for children Parent Workshop- Explosive Food 2-3 pm Bikeability for year 3
18 th April	MTC Parent Workshop
19 th April	STEAM dress up day
25 th April	NSPCC workshops for years 2, 5 & 6
29 th April	Kings College Dental visit
2 nd May	Maths parent workshop – supporting children with additional need
9 th May	Pedestrian training for year 3 children
13 th May	Year 6 SATS week starts
20 th May	Spanish Dress up day Year 6 Residential trip to Hindleap Warren
23 rd May	National Literacy Trust reading event for years 1 & 2
24 th May	Break up for half term
Week starting 10 th June	Phonics screening check for year 1 Multiplication check for year 4 Bikeability for year 5
14 th June	Class photographs
25 th June	Summer Reading event for KS1
26 th June	Pop and Ollie workshops
28 th June	Rainbow Dress up Day
1 st July	Year 6 Bikeability
5 th July	Bike Market and the Summer Fair
Week starting 8 th July	Sports day events
11 th July	Year 6 Prom
15 th July	Meet your new class teacher
19 th July	Year 6 graduation at 11:30 am Class parties Break up for the holidays

Attendance Matters

This week's winners of the
attendance award.

Whale Class 99%

Eden Class 98.1%

Well done and keep it up!

**Please do not book holidays during
term time!**

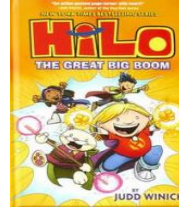


Pupil Book Recommendations

Pupil: Dexter

Book: Hilo – The Great Big Boom

Author: Judd Winick



The book 'Hilo - the boy that crashed onto earth series' is a great set of books with amazing pictures and graphics in general. I have read the first, second and the third book and I cannot wait to get the 4th one. I can't really say too much because I don't want to spoil it, but in the third book it is so unexpected and surprising at the same time. If you want to read the series, I suggest you read the first one for the full experience, but beware, these books contain interesting characters from a robot superhero to a talking red globe and they make these books great. So, if you like funny books containing superheroes you are in luck. Hilo will be perfect in every way for you as it has unique characters with their own special talents.

Hilo is a perfect family book so I would say this book deserves a 10/10 and if you are wondering if your child is old enough to read it I would put the age rating at about high level 7 year old to 8 years old upwards.



SILENCE
IS NEVER AN OPTION
STAND UP, SPEAK OUT, BE THE DIFFERENCE.

Stuart Lawrence



Star of the week



Whale	Jamal	Jamal has been trying hard to write with independence. He has been learning to re-read his writing to check for errors. We are very proud of Jamal. Keep it up!
	Tristan	Tristan has had a fantastic week in Y1. He has been trying hard to improve his presentation and handwriting during English lessons. He has remembered to use finger spaces and he has also shown improved behaviour for learning. Keep it up Tristan!
Octopus	Kiona	Kiona has had a great start to the summer term. She has had a brilliant attitude to her learning and her behaviour has been fantastic. Well done and please keep it up!
Seal	Ruben	For his home learning project about the respiratory system. His model was creative and contained lots of fantastic scientific vocabulary. Great effort, Ruben!
Avon	Rae and Ameila	Rae and Amelia set a great example during our cooking session in DT. Both have shown fantastic teamwork when supporting each other and a real dedication to the task. They were actively listening and extremely engaged. Keep it up girls!
Eden	Urannia	Urannia has been a hardworking member of the class since the beginning of the school year. She quietly goes about her day doing her best in every subject. She is an amazing, loyal friend to her group of peers and constantly supports them emotionally and academically. This award is well overdue and I'm very proud of her diligence to her learning. Keep going, Urannia.
Tyne	Malik	Malik has really worked hard in Maths. He is always willing to try and actively engages in his lessons. I really enjoy teaching him.
Brent	Esther	For her home learning presentation about Easter. Esther's work included lots of creativity and was wonderfully presented. Well done Esther!
Lea	Leah-Rose	Leah-Rose used her knowledge and skills of cooking well in our DT lesson this week. She enthusiastically chopped, sliced and diced; then happily helped to do the cleaning and washing up at the end.
Thames	Adela	For being a helpful member of Thames class and displaying great patience when assisting her peers. Well done!



This workshop created by the NSPCC provides parents and carers with information about how to support their child in their online world. It covers topics such as online bullying, mental health and social media, as well as signposting to resources and organisations for help and support. Please follow [this link](#) to our school website to access the [NSPCC workshop](#).

You can find more tips and subscribe for the NSPCC newsletter using the following link: <https://www.nspcc.org.uk/keeping-chil...>

For more information and advice, contact the NSPCC's trained helpline practitioners, you can call the NSPCC Helpline on **0808 800 5000**.

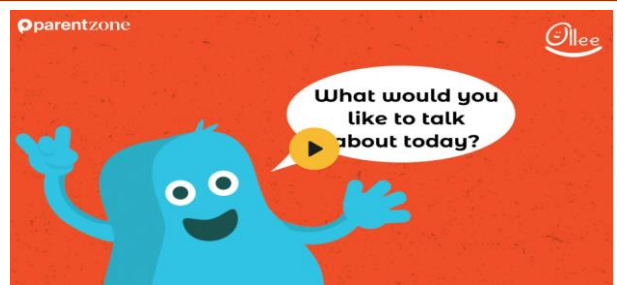
Support for children and young people is available through Childline on **0800 1111** or at www.Childline.org.uk. They can visit the Childline website for advice and information, share experiences and get peer support on the Childline message boards: www.childline.org.uk/get-support/message-boards

Report Remove is a tool that allows young people under the age of 18 to report a sexual image or video of themselves that's been shared online, to see if it's possible to get it taken down.

The service is provided by Childline and the Internet Watch Foundation: <https://www.childline.org.uk/info-adv...>

Contact Young Minds crisis messenger (Text YM to 85258) or visit the Young Minds website for advice about mental health: www.youngminds.org.uk Reporting sites:

- Contact CEOP if you're concerned about someone making inappropriate or sexual contact with a child online: www.ceop.police.uk/safety-centre
- If you believe a child is immediate risk of harm then call 999 *Advice and statistics up to date as of Dec 2023



Across the UK, over 1 million children already have a diagnosable mental health condition, and that number is only likely to rise. It's a difficult situation, but it's not hopeless. With funding from BBC Children in Need, local charities and organisations are finding innovative ways to tackle what many are calling a crisis in children's mental health and emotional wellbeing.

[Parent Zone](#) is just one of those organisations. They exist to improve outcomes for children in a digital world – so that children can be safer, resilient and educated for a digital future.

With funding from BBC Children in Need, they've created a brand-new app, called [Ollee](#).

"Ollee is a digital friend that supports parent and child communication, particularly around what can be difficult topics," says Lucy, Partnerships Manager at Parent Zone.

"Ollee supports a child's and a family's emotional wellbeing by promoting discussion and enabling children to express themselves. It's designed to help children reflect on how they feel."

So far, Ollee has proved popular with families, receiving over 1,000 downloads in one day. The positive impact is already starting to show.

The Ollee app is free to download and available on Apple and Android devices. To find out more about including information about how to download Ollee, follow this link: <https://www.bbcchildreninneed.co.uk/changing-lives/stories/meet-ollee-the-digital-friend-boosting-childrens-mental-health-and-emotional-wellbeing/>





Southwark Children and Family Centres
Bermondsey and Rotherhithe



Timetable 16th April-24th May 2024

We are now operating a system on first come, first served basis with a limited capacity in each centre. A few sessions still require a booking so please check our timetable and email us to book on

ccadmin@pilgrimsway.southwark.sch.uk



Monday

Venue: Ellen Brown

Sessions start on Tuesday 16th April
Stay and Play (1 year and above)
10:00am-11:30am

Parent/Carers exploring, learning, and developing through fun and stimulating play activities.

Baby Massage (8 weeks old-Pre-crawlers) Booking Required

Dates: Various Dates across the year

This group has a long waiting list so please email us to go on the list.

Baby massage promotes bonding and attachment, and helps to boost a baby's immune system, reduce stress, relieve colic, and encourage sleep.

Venue: Rotherhithe

Stay and Play (1 year and above)
10:00am-11:30am

Parent/Carers exploring, learning, and developing through fun and stimulating play activities.

Bookstart Sessions at local libraries

Bookstart (0-4 years) Term Time Only

Canada Water Library 10-11:30am
21 Surrey Quays Rd, SE16 7AR

Blue Anchor Library 10-11am
Market Place, London, SE16 3UQ

Tuesday

Venue: Ellen Brown

Baby and Us (From birth up to 12 months)
10:00am-11:30am

Join this relaxed session and have an opportunity to bond, play and have fun with your baby and meet other parents.

SENsational Stay and Play (0-5 years)
1:30pm-3:00pm

A fun and playful session that encourages the development of early attention, social interaction, and communication skills, for children with additional, special educational needs.

Venue: Rotherhithe

Welcome to Parenthood!
10am-11:30am
Dates: 30th April, 7th May, 14th May and 21st May

A new supportive group for families with babies **0-12 months** aimed at exploring and discussing topics on the first year of your baby's life with the additional benefit of support around emotional and mental wellbeing for you and your baby.

Wednesday

Venue: Ellen Brown

Toddler Time (2 years and above)
10:00am-11:30am

A session for families with toddlers to explore their curiosity, learn through play and supporting next steps into nursery.

Chattertime Plus (18 months and above)
1:30pm-3:00pm **Re-starting from 24th April**

A stay and play group tailored to support children with complex communication needs and areas such as attention, social interaction, behaviour, understanding language and talking.

Venue: Pilgrims' Way

Stay and Play (0-5 years)
10am-11:30am

Parent/Carers exploring, learning, and developing through fun and stimulating play activities.

Thursday

Venue: Ellen Brown

NO SESSIONS ON THE 2nd MAY

Boogie Miles (0-12 months)
Times: 10am-10:30am

Music programme to support babies' development.

Mother and Baby Wellbeing Group (Invitation Only)

Talking Therapies is delivering a 7-week group for mums with babies 0-14 months old to develop skills in managing mental wellbeing.

Dates: 9th May-27th June
Time: 12pm-1pm

For more information and to book please contact:

www.talkingtherapiesouthwark.nhs.uk
Telephone: 020 3228 2194

Email:
ccadmin@pilgrimsway.southwark.sch.uk

Venue: Rotherhithe

Breastfeeding Café 10:00am-12:00pm

A session offering information and practical support for pregnant and breastfeeding mums and their families.

Venue: Pilgrims' Way

NO SESSIONS ON THE 2nd MAY

Boogie Miles (From 6 months-5 years)
10:00am-10:30am

Music programme to support children's development.

Melodies for Mums (Invitation Only)
16th May-18th July 2x groups

Connect with your baby in a supportive space, unwind and de-stress through the joy of singing and music-making.

For more information and to register,
email: m4m@breatheahr.org

Friday

Venue: Rotherhithe

NO SESSIONS ON THE 19th OF APRIL

Boogie Miles

Music programme to support children's language, brain development, communication, physical and social development. You and your child will benefit from the mood-boosting effect of sharing music together.

Times: 10:00am – 10:30 am

Ages: 0-12 months

Times: 11:30am-12:00pm

Venue: Ellen Brown

NO SESSIONS ON THE 19th APRIL

Baby Explorers (12 months-24 months)
10:00am-11:30am

Engage with your baby in play and help them discover the world through fun and engaging activities.

Healthy Minds Thrive Project

The Healthy Minds Thrive project aims to support parents and carers across Southwark (with 0-2 infants) thrive in their parenting journey. We understand that parents may experience isolation, low mood, and anxiety, worries around bonding with baby or shame about having these feelings.

For more information, please email:
premila.soobul@southwark.gov.uk



Timetable 16th Apri-24th May 2024

Speech and language support

Virtual Chattertime and Drop in Sessions

Are you worried that your child is not talking or doesn't understand you? Do you have questions or concerns about your child's communication skills? Please book onto a virtual session with a speech and language therapist

To book on, email: gst-tr.contacts@nhs.net

Website:
www.evelinalondon.nhs.uk/communityspeechandlanguage

Facebook: @EvelinaSLT



What is WellComm? Speech and Language Support

This is practical tool that the Early Years Team uses to discover children's level of communication, promote, and support the development of speech and language from as young as 6 months old- 5 years, through working together with parents/carers and completing fun activities.

Please speak with a member of staff for further information.



50 Things To Do Before Five!

Download the app or visit the website for free fun activities to do with your child and have fun, play, and learn.

Website: <https://50thinastodo.org/>



Free Vitamin D

Pregnant women, new mums, and children under four in the borough can get free vitamin D supplements.



Due to our popularity of our groups please note that priority will be given to families trying to access our sessions. We would like to keep EVERYONE safe and healthy, and some groups have a limited number of families permitted in our centres.

We kindly ask everyone NOT to use their mobile phones whilst in our sessions. This is for safeguarding purposes, and it is an opportunity to spend quality time with your child/ren.



We have gone paperless to help save the environment.

Please scan the QR Code to download the timetable and find out updates.

br-cc.org.uk



Dolly Parton Imagination Library

If you live in Southwark and have a child under 5, you can register to receive a FREE book every month until their 5th birthday. Sign up and make bedtime fun.

For more information please email:
ccadmin@pilgrimsway.southwark.sch.uk



HENRY Programme

This programme aims to help you feel more confident as a parent, physical activities for the little ones, what children and the whole family eats, family lifestyle habits and enjoying life as a family.

For more information, please visit
<https://www.henry.org.uk/>

To book please email:
gst-tr.hvsupportanddevelopmentworker@nhs.net



Rose Vouchers

Support to buy fresh fruit and vegetables for low-income families and living in SE1, SE15, SE5 or SE17
If you wish to register to please phone 0207 358 2878 or email ccadmin@pilgrimsway.southwark.sch.uk



Contact us!

Ellen Brown Children and Family Centre

145 Grange Road (Spa Park) SE1 3EU

Pilgrims' Way Children and Family Centre

Tustin Estate, Manor Grove, SE15 1EF

Rotherhithe Children and Family Centre

Southwark Park (Hawkstone Road entrance) SE16 2PF

Telephone: 0207 358 2878

ccadmin@pilgrimsway.southwark.sch.uk

Please visit our websites for further information

<http://br-cc.org.uk/br-cc/>



@BRCFC_