

RPS Weekly Newsletter



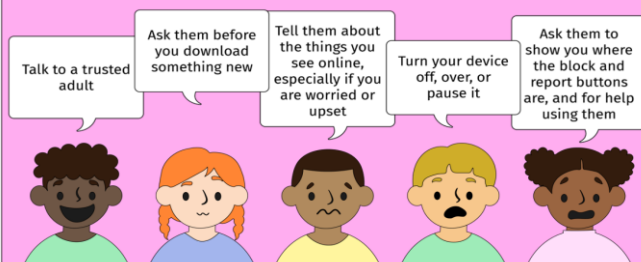
Friday 9th February 2024

Dear Parents and Carers,

I can't believe it is half term already! We have finished this short half term with a hive of activities.

Internet Safety Day: Anthony, our Computing Lead introduced Internet safety week with an assembly on Monday. This considered how devices have changed over time and continue to change, for example, the increasing use of AI or pop ups that may appear on the children's screens. They talked about who 'trusted adults' are if children experience something online that concerns them and what to do.

How can you stay safe even when things change online?



Then on Wednesday, Open View Education visited the school to deliver a series of workshops to deepen children's understanding about internet safety and how to make good choices online.

The Safer Internet Day poem

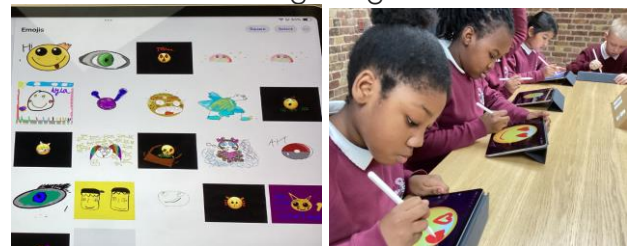
Going online can be so much fun,
You can play, and chat, and find out.
But when things change and you feel unsure,
Then that's when it's time to shout...
"Something has changed, and I need some help,
What's happening doesn't feel good."
Things will get better when a trusted adult knows,
And your feelings have been understood.

We would like to take this opportunity to thank Anthony and the Open View Education team for these stimulating workshops.



Internet Safety Parent Workshop: Ensuring your children stay safe online can seem like a minefield for parents. We are offering a parent workshop on Thursday 22nd February at 3:45 pm in the Meeting Room. We invite you to come along. See leaflet attached.

Trips: Both Eden and Lea class have visited the Apple Store this week. The children in **Lea class** participated in a 'Code Your First App' workshop. The Apple team lead the children through an interactive activity using iPads and an app called **Swift code**. They used swift code to create and customise their app with fun fonts, background colours and emojis. **Eden class** learned fun ways to create their own emoji. They learned to draw colourful faces and objects. Then the children explored the **Procreate app** on iPads using the Apple Pencil to draw an emoji to take home. The children thoroughly enjoyed the experience and created some amazing designs!



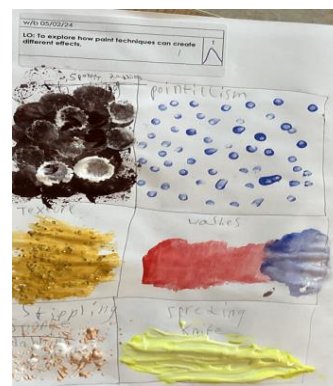
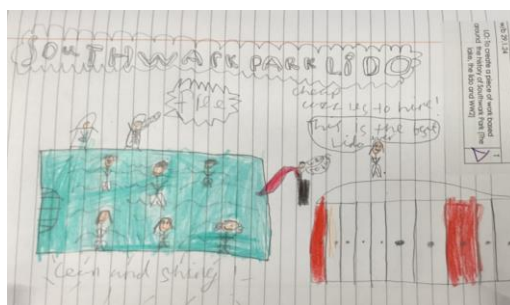
Dance: Eden and Avon classes wowed their parents on Thursday with a celebratory dance performance to demonstrate their skill and learning during their dance unit with Chantal from Pioneer Dance. Well done all.



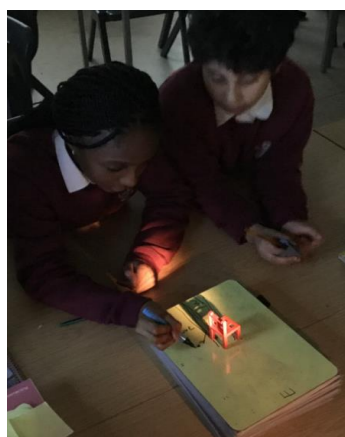
I wish all families a happy half term break and look forward to seeing you all on Monday 19th February. Lisa (HoS)

We love learning!

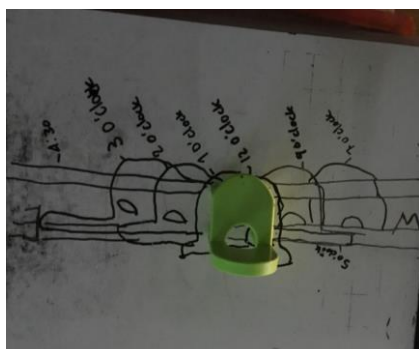
As part of their cross curricular heritage study children in year 3 & 4 interviewed Donna. They asked her lots of questions about the Lido and what it was like going there when she was younger. Her comments really inspired them. They then used their imaginations to write an advert for when the Lido first opened.



Year 5/6 children completed their science unit on Light by planning out where to position sunshades to protect people from getting too hot or burnt from the sun. They drew the shape created by the shadow of the miniature sunbeds then made another drawing on the paper to show what happens when the sunbed shape is moved a particular distance towards the torch. They explored where they would need to place the umbrellas so that the people around the pool have the most shade.



Year 3 & 4 children continued their art learning by experimenting with different tools and techniques, such as dabbing with a sponge and using a spreading knife. They also looked at how to create a pointillist effect using paint and stippling using ink.



Dates for your Diary

	Half Term Break
19th February	Children return to school
20th and 21st February	Parent's Evening
22nd February	Year 1 dance lessons start
Week beginning 26th February	Parent's meetings with children with SEND need
	LGBTQ+ week
29th February	Inclusion Quality Mark Review
7th March	World Book Day
26th March	Easter Bonnet Parade
28th March	Year 1 Dance performance for parents.
28th March	Break up for the Easter holidays. Finish at the normal time.
	Easter Break



Smithy (Avon Class) for being a supportive friend and always complimenting other children's artwork during art club.

Sapphire (Octopus Class) for always being kind to others and making everyone smile.

Attendance Matters

This week's winners of the attendance award.

Thames Class 96.1%

Whale Class 96%

Well done and keep it up!

Please do not book holidays during term time!



I did it!



Hal has completed his **150th** and final lap around Southwark Park! At RPS we teach children that they can make a difference. Hal took this message to heart and decided to raise funds to support his friends to attend the Hindleap Warren residential trip in May. Hal has been walking or cycling around the park since September and has raised a magnificent £1,840!

His efforts have not gone unnoticed and on Friday he featured in an education article in Southwark News. You can read the article by following this link:

<https://southwarknews.co.uk/area/rotherhithe/generous-rotherhithe-schoolboy-raising-money-so-classmates-can-afford-school-trip/>

Hal would like to say thank you to all his sponsors to date. He is aiming to raise £2,000 for the trip and he is nearly there. It is not too late to make a contribution on Hal's Go Fund Me page. You can do this by following the link below or using the QR code. [Click here.](#)



BEFORE YOU POST...

THINK!

T - is it true?

H - is it hurtful?

I - is it illegal?

N - is it necessary?

K - is it kind?



Whale	Amber	Amber has been amazing this week. She was immersed in her science lessons – focusing on which materials float and which materials sink and considering which materials are absorbent/non-absorbent. I was also very proud of Amber's amazing artwork this week that focussed on Southwark Park Pond. Well done, Amber!
Octopus	Ibrahim	Ibrahim has become much more familiar with classroom routines. All the adults have noticed and commented on his increased independence. Well done, Ibrahim.
Seal	Ashley	Ashley has made amazing progress this term. He is contributing towards class discussions, learning lots of new vocabulary and trying his best in all areas of his learning.
Avon	Smithy	For being resilient and ambitious during his swimming lessons. Smithy has showcased great swimming skills and always takes on board feedback to master his techniques.
Eden	Rawdah	Over the last couple of weeks, Rawdah has grown in confidence while interacting with her peers during class discussions. She is raising her hand more and speaks with more enthusiasm than ever seen. I am so glad to see she is enjoying school. Keep it up, Rawdah.
Tyne	Harper	Harper has worked hard this term during gymnastics. She has been practicing taught skills, thinking about different ways to improve it each time. She can master the moves in a way that she can help to make suggestions to her peers on how to improve.
Brent	Tamera	For her bravery and fantastic acting skills during a Safer Internet Day workshop. She made sure that she was always facing the audience and spoke with a loud and clear voice. Well done, Tamera – a future actress in the making.
Lea	Amina	Lea class visited the Apple store on Tuesday. They used an app called Swift code to create and customise their app. Amina was very focussed which enabled her to complete the activity and even explain the steps to the adults.
Thames	Brooklyn	For displaying excellent diligence in her role as gardening ambassador and for always being happy to assist her peers when required. Well done!

2d people
 - Dark blue glow vase
 - Bright yellow background
 - Light blue dog
 - Colourful chair
 - Light blue table
 - Ball on orange table
 - Apple person
 - Redwood looking good
 - Red glow
 - It's right to tell a story on a person who doesn't like the good and the other who doesn't like to persuade them to eat. person is trying to persuade the person as a discussed it. Because the person as a discussed it. look on his face and the other one is trying to talk to him. Also the good doesn't look that appalling.

Joshua in Lea Class



Anu in Whale Class

Wednesday 7th - Friday 9th February 2024
 (3 lessons)
 LO: To write a recount of Where's My Teddy.
 Freddie the giant bear was too big to fit in Eddy's bed.
 A big bear came.
 The giant bear was holding a small bear.
 Shouted the giant bear.
 Shouted the boy.

Anu in Whale Class



By: Jasmine Stanton, Cristina Olmedo-Bogicevicova, Jaida hallowell & Sabreen Hamsa Ali and Jade Scriven

Gardening

In Gardening, there has been reports of digging radishes: "The radish was flavourful and tastes a bit like nuts and it was very crunchy though it was a bitter but I still enjoyed it!"

Walid reported on the Radish Project.



Art

"For art, we had a photo of artwork, and had to draw arrows and explain what we saw and what we thought it meant ; how on the plate was Africa, that's where the artist was born.". And, the art they done the next day, "We had to get a topic, about what we care for, etc: war, landfill. We had to agree with our partner of what we drew. I done one side of Earth bright and one dull."-Jade



Science

Year 2 Science Ambassadors have been checking strong materials and weak materials by bending them and twisting them,

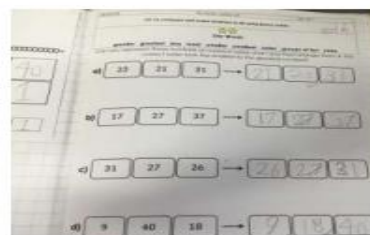
"I really liked this lesson it was the best science lesson" Nandana replied.



By: Jasmine Stanton, Cristina Olmedo-Bogicevicova, Jaida hallowell & Sabreen Hamsa Ali and Jade Scriven

Math

In Kealan's class, they learned to arrange the numbers from smallest to largest on a value chart.



Computing

In Lea Class, they were doing a project design with a game with 3 Sprites , one of the sprites are bad and one is good an the last one is a bonus .

"It was fun because it contained drawing . "

Parent / Carer Workshops Online

Thursdays 1pm - 2pm

MARCH

7

Talking to Teens

APRIL

18

Dealing with Difference

MAY

9

Online Safety & Social Media

JUNE

6

Sleep Hygiene for Teens

JULY

4

Transitions to Secondary school

SEPTEMBER

12

CBT & Anxiety

OCTOBER

3

CBT & Low Mood

NOVEMBER

7

Self Esteem

For more information, please contact
rebecca.skinner@groundwork.org.uk
or rosa.kornfein@groundwork.org.uk

These sessions will be held ONLINE

Run by Southwark MHST - Groundwork London

MANAGING CHALLENGING BEHAVIOUR



ONLINE GROUP FOR PARENTS AND CARERS OF PRIMARY AGED CHILDREN

Advice, support and strategies to encourage positive behaviour and improved relationships

TUESDAYS 1 - 2PM

20TH FEBRUARY, 27TH FEBRUARY, 5TH MARCH, 12TH MARCH, 19TH MARCH, 26TH MARCH

SIGN UP

CONTACT ROSA OR REBECCA TO FIND OUT MORE AND COMPLETE YOUR SIGN UP:

rosa.kornfein@groundwork.org.uk
rebecca.skinner@groundwork.org.uk

GROUNDWORK
CHANGING PLACES
CHANGING LIVES

Internet Safety Parent workshop



Learn tips for internet safety

Join us for a session of advice and guidance on keeping your children safe online, including social media awareness and home internet security.



Thursday 22nd February
2024, 3:45- 4:30pm
School Meeting Room

For more information
on how to keep your
children safe online -
scan the QR code!



SCAN ME

Parent/Carer Coffee Morning



With Groundwork's Mental Health Support Team

We offer non-judgemental and confidential support for parents/carers of children with anxiety and challenging behaviour

Drop in to ask questions about your child's wellbeing and find out more about the service

Dates:

Wednesday 7th February 2024
Wednesday 21st February 2024
Wednesday 28th February 2024
Wednesday 6th March 2024

9:15 - 10:15

Rotherhithe Primary School

For more information email:
MHST@groundwork.org.uk

PARENT-LED INTERVENTIONS FOR CHILD ANXIETY

Facilitated by Groundwork MHST

CHILD ANXIETY

Many children experience problems from anxiety. If left unchecked, these feelings can continue over time. They can affect a child's ability to cope with every day life. It can also impact their schooling, friendships, family life and hopes for the future.

WHY IS IT LED BY PARENTS ?

Parents are in a great position to help their child with their anxiety, because they can teach them to apply the skills in their everyday life. Many parents feel empowered by working on their child's anxiety as a family. This intervention allows parents to share their experiences and feel supported. Parents are also more likely to remember the strategies if problems occur in the future, and children do not miss any time at school.



WHAT DOES THE INTERVENTION INVOLVE ?

The intervention is based on CBT and involves five steps:
-Setting goals for your child's progress
-Understanding what your child needs to learn to help them with their anxiety
-Encouraging independence and brave behaviour
-Developing a plan to help your child face their fears
-Help your child learn how to become an independent problem-solver and develop autonomy

THE EVIDENCE

Research suggests that when following this Parent-led intervention, 65% of children under the age of 10 lose their anxiety diagnosis (compared to 18% on the wait list)*

At 3-8 months after treatment, 70% of children do not require any further interventions for anxiety **

* (Cartwright-Hatton et al, 2010)
** (Evans et al, 2018)

BETWEEN SESSIONS...

The intervention is based on *Helping your Child with Fears and Worries* by Cathy Cresswell & Lucy Willetts. Parents are given book chapters to read between sessions. Parents are encouraged to try out the strategies with their child between sessions.



HOW LONG DOES IT TAKE ?

The intervention consists of 8 sessions, which last up to one hour.

There will be a follow-up session after the sessions end, to see how the child is coping with their anxiety.

If you have any questions, please contact us at MHSTSouthwark@groundwork.org.uk



Mental Health Support Team

Groundwork London

MHST Aims

Mental Health Support Teams are part of a governmental initiative to transform children and young people's mental health. To promote access to mental health services and improve children and young people's wellbeing.

MHST Primary School Offer

One to One Parent Support

Anxiety

In Primary schools the Educational Wellbeing Practitioner (EWP) will deliver Low-Intensity Cognitive Behavioural Therapy (CBT) based parent interventions to support children with anxiety disorders. The interventions consist of one-to-one weekly sessions with parents/carers over a 6-8 week period. EWPs work collaboratively with parents to support their child with low to moderate anxiety including Generalised Anxiety, Separation Anxiety, Panic or phobia.

Challenging Behaviour

In Primary schools EWPs will deliver Anna Freud Centre's Social Learning Therapy (SLT), which explores techniques such as modelling and positive reinforcement to support children with low to moderate challenging behaviour. The interventions consist of one-to-one weekly sessions with parents/carers over a 9 week period.

Group work

EWPs can deliver the Brain Buddies Emotional Regulation programme to Years 4, 5 or 6 within whole-class groups. The aim of the programme is to develop students' understanding of what emotion regulation is. Over a 10 week period, it focuses on psychoeducation and skills building in understanding, identifying and developing strategies for children to regulate their emotions through self-care, self-calming strategies and thinking strategies such as problem-solving.

Further Support

The MHST is flexible and can tailor support depending on the school's need. We can offer assemblies, workshops and short term groups around wellbeing themes such as transition to secondary school, exam stress and self-care, as well as specific themes identified by the school. MHST can provide psycho-education and support to children, staff, and parents / carers.

How to Access Support

If you feel you and your child may benefit from support please speak to your school's Mental Health Lead, who can then make a referral to our service.

For further information please contact:
MHSTSouthwark@groundwork.org.uk



Nexus Education Schools Trust

Finance Vacancies February 2024



NEST Central Finance Team are looking to recruit:

Finance Assistant: S4-S5 (£26,238-£27,438 outer London pay scale)
Permanent, Full-time, 36 hours a week, 52 weeks per year
Closing date: Midday on Wednesday 21 February 2024

We are looking for a **Finance Assistant** to join the Trust's Central Services Finance Team. NEST would support training/qualification opportunities for the successful candidate.

The role will involve providing accounts payable and other financial support to the Central Team and partner schools, whilst ensuring that Trust financial processes and procedures are followed. The role will be line managed and supported by the Head of Hub Finance.

As this role involves providing support to partner schools as well as to the Central Team, the successful candidate may be required to travel to different school locations so access to their own vehicle would be essential.

Finance Lead: S9 (£34,491-£36,567 outer London pay scale)
Permanent, Full-time, 36 hours a week, 52 weeks per year
Closing date: Midday on Monday 19 February 2024

We are looking for a **Finance Lead** to join the Trust's Central Services Finance Team.

The role will involve providing budget monitoring and other financial support to the Central Team and partner schools, whilst ensuring that Trust financial processes and procedures are followed. The role will be line managed and supported by the Head of Hub Finance.

As this role involves providing support to partner schools as well as to the Central Team, the successful candidate may be required to travel to different school locations so access to their own vehicle is essential.

Further information on the above posts can be found on the NEST website at www.nestschools.org. If you wish to discuss either of these posts in more detail, please contact Annick Smith on 020 8289 4767 x118.

We may also have an upcoming vacancy for a **Payroll Officer: S9-S10 (£34,491 to £39,264)** – previous experience is essential. To express your interest in this post, please email asmith@nestschools.org



INCLUSIVE SHORT BREAKS HALF TERM SESSIONS

Monday 12th & Wednesday 14th February 2024 10am to 3pm
Spa School Camberwell
150 Southampton Way London SE5 7EW

Sign-up for our safe and supportive half term programme
for children and young people with disabilities and
additional needs aged 8 – 12 years
with a strict 1:3 staff ratio

Prebookable only. Please contact Faye 0203 375 9045
Booking line open Monday to Wednesday 10 am – 2pm

Rotherhithe Community Kitchen Free for the Community!



**We provide freshly cooked meal!
Every Sunday 11:00 -13:00 @RCK**

020-39781995

Pick up @ Peter Hills C of E Primary School
2 Beatson Walk, Rotherhithe
London SE16 5ED

For Volunteering Please contact :
Rocomkitchen1106@proton.me



Are you struggling to make ends meet?
Do you need help with your energy bills?
Are you in debt or rent arrears?
Do you need help with Universal Credit - or any other benefit?
Do you need help with your Council Tax?

For expert help with any of these issues and more, come to
our Cost of Living Crisis Support Roadshow.

COST OF LIVING CRISIS SUPPORT ROADSHOW

"Speaking to all the
different people I got
lots sorted - they were
all so helpful and
friendly"

**The Dockland Settlements
400 Salter Road
Rotherhithe
London SE16 5AA**

**Thursday 29th February
10am – 1pm**



Southwark Children and Family Centres



SENsational Stay & Play



Free February Half Term Fun for Autistic Children aged 5-11

Delivered in partnership with Southwark Autism Support Team

- Have fun with your child through a range of activities, including arts and craft, games, food play
- Capoeira sessions [More Info](#)
- Meet other families
- Get advice and support on a range of topics including; communication, behaviour, and toileting



Thursday 15th February 2024 10-3pm
Dulwich Wood Children's Centre
Lyal Avenue, London SE21 8QS

Places are limited, please register
your interest via :
<https://forms.office.com/e/1uHcNtR8mh>
Or scan QR code



Sessions provided by Southwark C&F centres in collaboration with Cherry Garden School



Half Term Fun at the Centre for Wildlife Gardening 28 Marsden Road, SE15 4EE

For Southwark residents only. Booking is required. Free, but £3 refundable deposit (please contact dwallace@wildlondon.org.uk if this is too much for you). Visit our website www.wildlondon.org.uk to find these and other activities. Suitable for primary aged children but you are welcome to bring your younger ones too. These are not drop-in activities. Only one course per adult each academic year 23/24.

Monday 12th and Tuesday 13th February 10am till 3pm Nature Detectives

Two family activity days exploring the tracks and signs that animals leave behind. Can be booked as a single day or for two days. On Monday there will be sensory games, making footprint traps and track printing. On Tuesday you will make your own plaster cast footprint, watch camera trap footage and make your own trails. Stories, crafts and games in our wildlife garden and indoor space.



To find out more and book your place
please visit:
www.wildlondon.org.uk/events

