



Lesson Sequence



1. Learn about the
digestive system



2. Explore the digestive
system in humans



3. Know about your teeth



4. Understand how to care
for your teeth



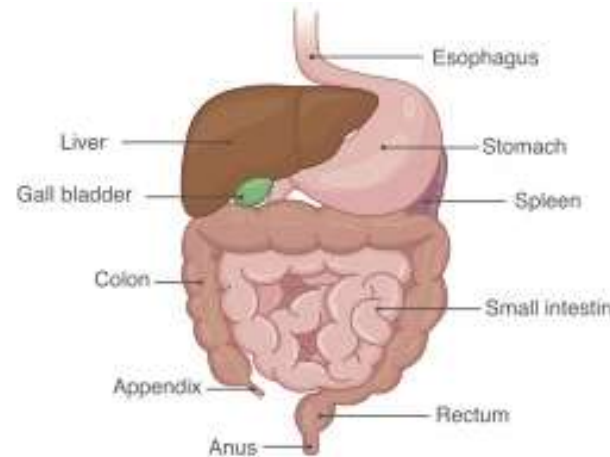
5. Investigate food chains



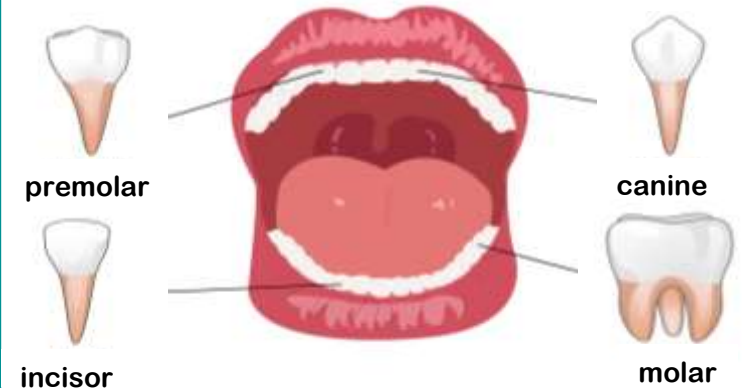
6. Explore food webs

The Digestive System

- The digestive system begins with the **mouth** and **teeth** where food is ingested and chewed.
- Saliva is mixed with the food which helps to break it up.
- When the food is small enough to be swallowed, it is pushed down the **oesophagus** by muscles to the stomach.
- In the stomach, food is mixed further.
- The mixed food is then sent to the **small intestine** which absorbs nutrients from the food.
- Any leftover broken down food then moves on to the **large intestine**.
- The food minus the nutrients arrives in the **rectum** where muscles turn it into faeces (poo). It is stored here until it is pushed out by the **anus**. This is called excretion.



Types of Teeth and their function

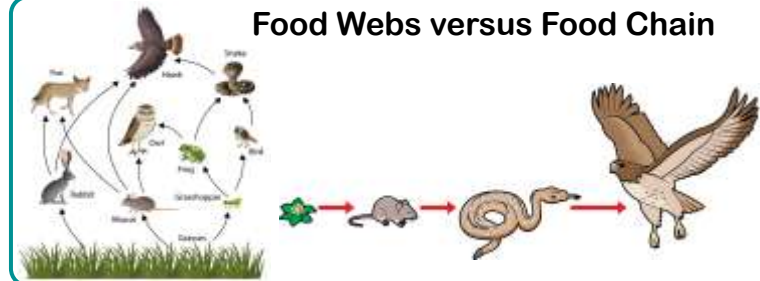


Different teeth have different functions
Teeth of animals are designed for the foods they eat

- **Herbivores** (e.g., horses) have little use for canines and mainly use incisors and molars
- **Carnivores** (e.g., Lion) mainly use canines and incisors, they don't have molars (have premolars – small molars)
- **Omnivores** (e.g., humans) use all three

Tooth enamel is the hardest substance in the human body
Humans have two sets of teeth; milk teeth and adult teeth

Food Webs versus Food Chain



Rocket Words

	digestive system	series of organs that break down food
	oesophagus	tubes running from mouth to stomach
	saliva	a fluid in the mouth which helps break down food
	peristalsis	the movement of food through parts of the digestive system
	incisors	front teeth for cutting food
	molars	wide, flat teeth for grinding food
	enamel	very hard layer covering the tooth
	fluoride	ingredient in toothpaste that helps prevent cavities forming
	consumer	an animal which gets its food from other living things
	predator	an animal that gets its food from killing and eating other animals
	tundra	region found in the Arctic, where the climate is cold and windy
	hide	the skin of an animal

What I already know:

Year 3

- ☐ I can identify that animals, including humans, need the right types and amount of nutrition, and that they cannot make their own food; they get nutrition from what they eat
- ☐ I can identify that humans and some other animals have skeletons and muscles for support, protection and movement

What I will learn now:

Year 4

- ☐ I can describe the simple functions of the basic parts of the digestive system in humans
- ☐ I can identify the different types of teeth in humans and their simple functions
- ☐ I can construct and interpret a variety of food chains, identifying producers, predators and prey

What I will learn next:

Year 5

- ☐ I can describe the changes as humans develop to old age



Place these in order of what happens in the digestive system.

before after

teeth chew food and saliva helps the food to break down.

any final nutrients are absorbed before waste is pushed out by the anus.

in the stomach the food is mixed further and then sent to the intestines

The substance that contains bacteria on the surface of your teeth is called...

before after

plaque

canines

molars

incisors

What carries food from the mouth to the stomach?

before after

blood

oesophagus

teeth

Which of these life processes takes place when waste is pushed out?

before after

respiration

reproduction

excretion

growth

Tooth decay is when..

before after

teeth are used to chew

teeth are kept healthy

teeth are destroyed and damaged

teeth are brushed twice a day

The substance that helps break down food in the mouth is...

before after

oesophagus

saliva

nutrients

Name the human teeth below.

Before

After

