

Relationships & Sex Education



Parent Meeting

Aims of this meeting

- To share our approach to the teaching of RSE
- To share Christopher Winter lesson resources
- To listen to any concerns and answer any questions that you may have
- To share the National Curriculum guidance around the teaching of RSE

Government rational

Relationships Education

Relationships Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online.

Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, your child's school will cover how to treat each other with kindness, consideration and respect.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

You can find further detail by searching **'relationships and health education'** on GOV.UK.

Health Education

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise.



By the end of primary school, pupils will have been taught content on:

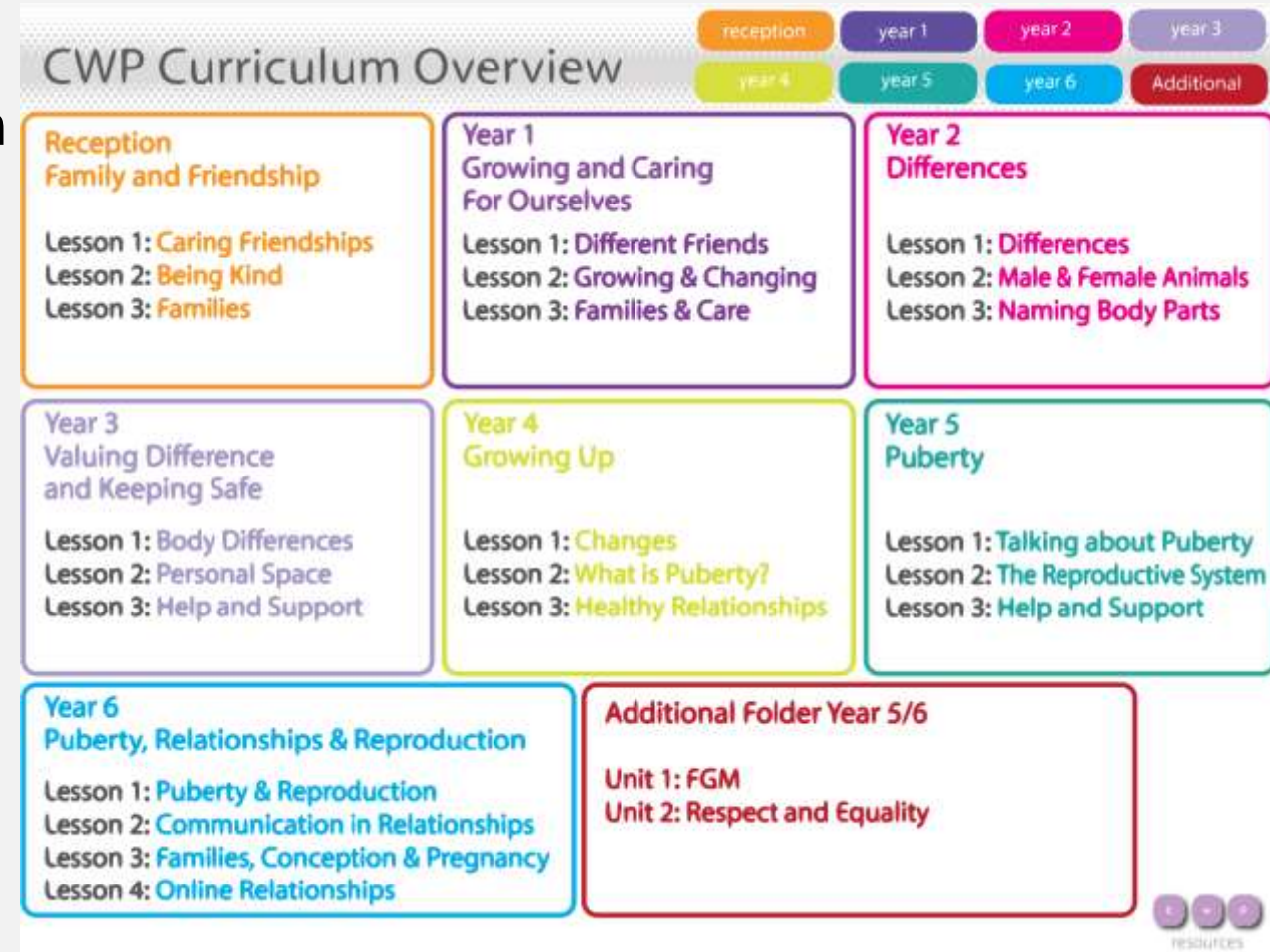
- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

About the Christopher Winters Project

CWP have trained teachers in PSHE Education since 1995. They have used classroom-based experience to design age-appropriate resources for the teaching of Relationships & Sex Education.

CWP lessons focus on families, relationships, safeguarding/keeping children safe and include additional units on Respect and Equality.

It equips children and young people with the information, skills and positive values required to be confident in themselves; have safe, fulfilling relationships; and to take responsibility for their health and well-being.



How will my child be taught RSE?

- In a sensitive, age-appropriate way.
- Through careful planning that will enable children to acquire knowledge and develop life skills and respectful attitudes and values
- By being medically and factually correct.
- In an inclusive way – accepting of faith, culture and gender identity.
- By setting ground rules so that children feel confident to engage in discussions and ask questions.
- By considering and respecting the attitudes and values of students and a range of other significant groups in society.

What is the right age to start teaching RSE?

- Children are interested in the human body, where babies come from and the differences between girls and boys from a young age – it is natural for children to be curious and ask questions.
- Children will take in information around them about sex and relationships from a young age even if no-one talks to them about it. Many of the things they pick up are incorrect and confusing. For this reason it is important that:
 - 1) Schools teach factual and age-appropriate information.
 - 2) Parents and carers answer questions that their children have to help them make sense of what they hear or learn.
- The teaching of RSE allows us to safeguard children from abusive or unhealthy relationships online or in person.

Risks of online exposure

In the age of the internet, children have the potential to be exposed to inappropriate and incorrect information online relating to sex and relationships.

It is important to consider whether you would prefer children to learn about RSE online and through conversations with peers, or from a teacher delivering carefully designed and age-appropriate lessons.

We talk regularly with our children about staying safe on the internet and we strongly suggest parental locks on phones and ipads that children use.

Will my children learn about same-sex relationships?

Yes. We have a duty to comply with the **Equality Act** and ensure that we are being inclusive to all our children.

There is equality in the law for opposite and same sex couples. The **Equality Act 2010** states that 'Schools must accurately state the facts about marriage of same-sex couples under the law of England and Wales, in a way that is appropriate to the age, level of understanding and awareness of pupils.'

Will my children learn about LGBT?

Relationships Education prepares children for the world they are growing up in and it is important to teach respect for all other people. This includes respecting people from other religions, ethnic backgrounds or sexual orientations. RPS is committed to protecting children and families against discrimination, whether knowing or unintentional. This includes discrimination against people's religion, culture or sexuality, to name just a few of the Protected Characteristics in the Equality Act. Government guidance strongly encourages and enables schools to teach LGBT content, in the context of different types of families.

Reviewing RSE policy nationally and at RPS

As you may have heard in the news, the government are currently reviewing the teaching of RSE in primary and secondary schools. We will keep you up-to-date on any changes if and when they occur.

As a school, we will soon be reviewing our RSE policy. We will be holding a parent consultation to help inform this and we thank you in advance for your involvement in this process.

Right to withdraw your child

You cannot withdraw your child from Relationships Education because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Your child's primary school can choose to teach Sex Education. If you'd like to know more about this, we recommend speaking to the school to understand what will be taught and when. If you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. At primary level, the head teacher must grant this request.

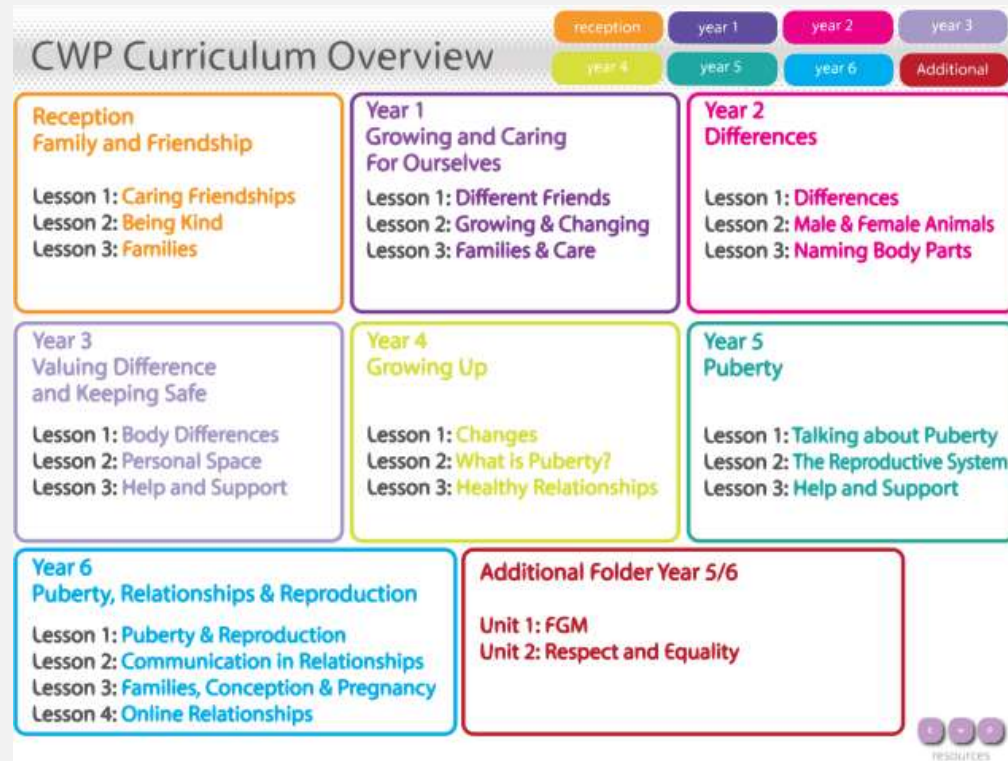
The science curriculum in all maintained schools also includes content on human development, including reproduction, which there is no right to withdraw from.



Department
for Education

We now invite you to explore the CWP resources. Please use the post it notes provided to ask any questions.

CWP Lesson resources



Parts of RSE taught in the Science curriculum

- Y1** Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.
- (including head, neck, arms, elbows, legs, knees, face, ears, eyes, hair, mouth, teeth) through games, actions, songs and rhymes).
- Y2** Notice that animals, including humans, have offspring which grow into adults.
- They should be introduced to the processes of reproduction and growth in animals.
 - The focus at this stage should be on questions that help pupils to recognise growth; they should not be expected to understand how reproduction occurs. The following examples might be used: egg, chick, chicken; egg, caterpillar, pupa, butterfly; spawn, tadpole, frog; lamb, sheep. Growing into adults can include reference to baby, toddler, child, teenager, adult.
- Y5** Describe the life process of reproduction in some plants and animals.
- Pupils should find out about different types of reproduction, including sexual and asexual reproduction in plants, and sexual reproduction in animals. They might observe changes in an animal over a period of time (for example, by hatching and rearing chicks), comparing how different animals reproduce and grow.
- Y6** Describe the changes as humans develop to old age.
- Pupils should draw a timeline to indicate stages in the growth and development of humans. They should learn about the changes experienced in puberty.
 - Pupils could work scientifically by researching the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.
- Y6** Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

For more information on RSE at Rotherhithe, please visit our website.

SMSC, PSHE & RSHE at RPS

Welcome to our SMSC, PSHE & RSHE page at Rotherhithe Primary school. At our school, we recognise that our wellbeing sets the foundation of learning, positive relationships and resilience. This value underpins the culture within our school and we aspire to carry our skills further into the community.

Pupils engage in weekly lessons lead by the PSHE curriculum which offers opportunities to explore the subject thoroughly. However, throughout school life at RPS, we promote resilience, emotional regulation, and life skills through use of some of the frameworks listed below. Please watch the 'How we learn' video for a preview on some of these frameworks in action.

SMSC – Social, Moral, Spiritual and Cultural:

The overarching ethos of the school that encompasses personal development

PSHE – Personal Social Health Economic Education = the curriculum:

A curriculum through which children learn skills they need to have a healthy, safe and prosperous life beyond school.

RSHE – Relationship, Sex and Health Education:

RSE Information Video:



Downloads: