

RPS Weekly Newsletter



Friday 18th November 2022

Dear Parents and Carers,

Odd sock day launched anti-bullying week on Monday. We invited children (and staff and parents) to wear odd socks to celebrate our uniqueness. It is so important that we learn to appreciate not only the similarities we share with others but also our differences.



The theme of anti-bullying week was 'Reach out' and children have been selected for star of the week based on the kindness and empathy that they show to others. The children have considered what bullying is and how to stop it. They have designed some stunning posters to promote this really important message and some won a prize too! See winning posters below.

Cyber bullying is defined as "ongoing hurtful behaviour towards someone online". Cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health. Unfortunately, there have been times when our children are unkind to each other online. We recommend that parents check children's phones regularly and add restrictions to children's access. See below.



On Wednesday our year 6 debate mates worked with the Childhood Trust to consider the challenges families are facing particularly in the current economic crisis. They were very thoughtful, articulate and empathetic in their comments and shared some personal experiences of the difficulties facing families. We are very proud of them. They will be part of a film to raise money for the trust.

Starting Reception in 2023? - If you or your friends have a child born between 1st September 2018 and 31st August 2019, they will start Reception in September 2023. To help you make your choice for your child's first steps onto their school learning journey, we have created a video of our learning environment for you. [Click here.](#)

Art and Design: We love art at RPS and our Art Ambassadors take their roles very seriously. They have asked me for a weekly slot in the newsletter, so we are very proud to announce the first issue of 'Exhibition Express' written and produced by the Art Ambassadors. Why not look at some other fantastic drawings from Fleet class on our website too: [Click here.](#)

Reminder that Tuesday 22nd the school **photographer** will be taking photographs of all children.

Have a fantastic weekend. Lisa (HoS)



Exhibition Express



Rotherhithe Primary School's Art Ambassador's Newsletter

18th November 2022

Issue 1

Hi all,

Welcome to our first report on the fabulous Art and Design learning that has taken place this week. We are very excited to have our very own section in the newsletter and look forward to sharing our learning, news and events with you all!

We have been exclusively extended an exciting opportunity by Marc Craig, a local street artist, to collaborate on a very large-scale mural on around 80m of hoarding at the Scape student accommodation building on the corner of Canada Street and Quebec Way. Each member of RPS (children and staff) will generate a design (with the use of Artificial Intelligence software) that Marc will sketch and spray paint on the hoarding. The mural is scheduled to be completed on the 9th of December and is to remain for two years. In the Spring term, each class will have an opportunity to visit the mural and find their design!



In Art lessons this week, the year 5 classes have been tracing their hands with pencils, then colouring the hands with geographic patterns and bright colours. Some students have written encouraging phrases on the hands with words such as 'be kind' and 'be thankful' for anti-bullying week. They enjoy doing lessons and always remember to remind their teachers to look at the knowledge organisers. Also, they are exploring patterns such as geographic patterns which are symbols of positivity and happiness. What fabulous cross-curricular learning!



Anti-bullying week 2022

The judges have huddled. The prizes have been sorted and the certificates written and signed to congratulate our amazingly creative artists who have been chosen as our winners for this week's Anti-Bullying Week poster design competition. The winners are Ivan (Thames class) David (Penguin class) and Amelia (fleet class). All runners up received a prize too!



A huge well done to all of the children who took part this year. A great effort by everybody. Thank you to Kealan for organizing anti-bullying week.



Children in Need 2022

We finished anti-bullying week by getting spotty on Friday. It was lovely seeing the children in their bespoke clothing with lots of stuck on or drawn spots- very creative! I **spotted** a few Pudsey Bears too! We raised nearly £200 so thank you for your generosity. To see all the fun, we had [click here](#).



Get Ready for some festive fun!

Christmas Jumper Day is on **Thursday 8th December**. So get designing a new jumper for Christmas. How creative can you be? Can you add tinsel, baubles or even lights? We will be dressing up to raise money for Save the Children. We will also be holding our **Christmas Dinner** on this day. If your child normally has a packed lunch but would like to join in the festivities and have a delicious roast dinner, please let Sharon in the school office know.



Dates for your Diary

21st November	Carbon-zero – special guest speaker
23rd-25th November	Marc Craig art workshops
22nd November	School Photographer taking individual pictures and pictures of siblings
28th November	British Math's Week
29th November	Health and safety audit
Week beginning 5th December	Christmas performances
5th December	Bowling competition
8th December	Christmas Jumper Day Christmas Dinner
13th December	Christmas Fair 3:30-4:15 pm
14th December	Achievement Awards
15th December	Christmas parties All after school clubs finish
16th December	Break up for Christmas holidays (Early Closure at 2pm)

Bikes and scooters: Cycling and scooting to school is a great form of exercise. We now have space for bikes and scooters to be stored in school.

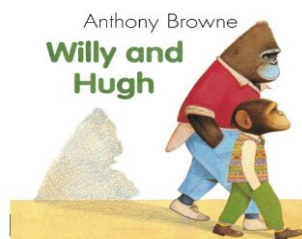
We do, however, recommend that all bikes and scooters that are left on school premises are locked with a chain. The school cannot accept any responsibility or liability for bikes and scooters left on school premises. playground.



Teacher Book Recommendations

Head of School: Lisa Christiansen

Favourite Book: Willy and Hugh by Anthony Browne



This was always one of my favourite books to read with my own children when they were younger and also children in school, because it deals with a bullying issue. Hugh **reaches out** towards Willy who is being bullied by the mean 'Buster Nose'. I love Anthony Browne's illustrations. There is often something hidden in them.

Books like these help children to understand that bullying is not acceptable and that treating each other with kindness is the best option.

There are many books for children of all ages that address bullying. This link has some fantastic texts that you can choose to read with children.

<https://www.weareteachers.com/14-must-read-anti-bullying-books-for-kids/>

Attendance Matters

This week's winners of the attendance award.

Walbrook 97.7%

Coral class 100%



Well done and keep it up!

Please do not book holidays during term time!



Whale	Rayyan	Rayyan has been given the kindness award this week for the excellent support she gives to her friends when they are feeling sad or upset. She is a fantastic role model.
Coral	Sofije	Sofije has been chosen for this special kindness award because she shows compassion and empathy towards her peers. She always reaches out to check that they are ok and is a supportive friend.
Seal	Jamie	Jamie is Seal Class's Kindness Star because he is consistently kind to all children and adults in school. He is always helpful, respectful, and empathetic.
Effra	Arlena	Arlena always shows kindness towards others. She takes time to listen to them and support them, not always thinking of herself first.
Walbrook	Jayden	Jayden has shown great kindness towards his peers and adults in class. He has been incredibly respectful and supportive towards his classmates. Jayden motivates and always celebrates the achievements of his peers. He ensures he includes other children when they feel left out and is always giving a helping hand when needed.
Ravensbourne	Lemar	Lemar for his sense of justice for his classmates. He is quick to defend and support his friends to make sure they are safe. Well done!
Wandle	Gabby	Gabby always shows kindness towards others. He is respectful, caring and empathetic and is always willing to help his friends if they are sad or struggling. He is a true role model!
Fleet	Tamera	For showing kindness towards her classmates and always ensuring everyone has someone to play with at break times.
Lea	Sainthavi	For being very kind to Astera and always making sure she is okay and for giving up her playtime to stay with Astera in class while she has her foot in a cast. Sainthavi is always kind to everyone in class. Well done, Sainthavi
Thames	To all the year 6 Debate mates	To all the year 6 Debate Mates for their fantastic contributions during the Childhood Trust workshops. The trainers felt the children were very articulate and empathetic and their contributions will support the charity to raise money for children experiencing poverty.



RPS CHRISTMAS



Fair



TUESDAY 13TH 2022

DECEMBER 3:30-4:15 PM

Santa's Grotto

Face Painting

Tattoos



Christmas Food and drinks

Brass band



Merry

Christmas!



As I am sure you are aware there is planned development projects planned for the Canada Water area including Hawkstone Estate. They are currently considering proposal for development of the Red Lion Boys Club. The architects are keen to engage families to give their opinions about how use of space can improve their neighbourhood. For more information about the proposal and to make suggestions please go to the following website:

<https://redlionhawkstoneproposals.commonplace.is/>

Margaret's music will be hosting family workshops on the Hawkstone Road Estate.
For more information contact Margaret on: info@margaretsmusicltd.com

Saturday 26th November

10am - 11am Family Music Workshop

12pm - 1pm African Drumming Workshop

All our families are welcome to attend for free.



Parents.com

This is a website dedicated to providing up to date information and advice for parents.

Click this link: <https://www.parents.com/kids/problems/bullying/18-tips-to-stop-cyberbullying/>

Some particularly good sections are:

How to Stop Cyberbullying: 18 Tips for Parents and Kids

Parents, children, and school administrators can take steps to stop cyberbullying before it starts or becomes worse. Here are practical steps to prevent cyberbullying.

7 Best Parental Control and Monitoring Apps of 2022

These free (and premium) apps will monitor your kid's phone and/or computer activity, bringing you awareness and peace of mind.

Related Articles



BULLYING
4 Types of Bullying Parents Should Know About

By Parents Editors



BULLYING
A Parent's Guide for How to Deal With Bullies

By Shacey Colino and Laura Broadwell



INTERNET SAFETY
How to Teach Kids To Be Good Digital Citizens

By Jenna Astuari-Dedio



BETTER PARENTING
5 Little Ways to Boost Your Child's Self-Confidence

By Parents Editors

The #1 Parental Control and Family Locator App

OurPact is the most comprehensive parental control app & family locator, and is perfect for families of any size.

SIGN UP for FREE

VIDEOS



Putting Parents In Control:

The OurPact cross-platform app not only puts you in control of how much time your kids can spend online, but just as importantly, what type of content and apps they can utilize. From text messages and app blocking, to website filtering and locator abilities, you now have a wide-range of online management supervisory tools to keep your children safe from intrusive and harmful content. For more information [click here](#).

How to remind children to keep safe online – **the Smart Rules**

SMART Rules

Safe

Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

Meet

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

Accepting

Accepting emails, messages, or opening files, images or texts from people you don't know or trust can lead to problems — they may contain viruses or nasty messages!

Reliable

Someone online might lie about who they are and information on the internet may not be true. Always check information.

Tell

Tell a parent, carer or a trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.



Southwark Children and Family Centres
Bermondsey and Rotherhithe



Autumn Timetable 31st Oct-16th December 2022

We are now operating a system on first come, first served basis with a limited capacity in each centre.
A few sessions still require a booking so please check our timetable and email us to book on

ccadmin@pilgrimsway.southwark.sch.uk



Monday

Venue: Ellen Brown

Stay and Play (1-5 years) 10am-11:30am

Learning through play and stimulating activities whilst meeting other families with our team on hand to support you with any queries.

Boogie Miles (0-5 yrs) Times: 1:30pm-2:15pm

Music programme to support children's language, brain development, physical and social and emotional development.

Venue: Rotherhithe

Drop in 'Warm Welcome' (0-5 years) 9:45am-12:00pm

From: 14th November
Come to our centre and keep yourself and your child/ren warm, whilst meeting other families and accessing information and support.

Bookstart Sessions

Bookstart (0-5 years) Term Time Only 10am-11:30am Have fun bringing stories alive through storytelling, arts and crafts and sharing books.

Canada Water Library
21 Surrey Quays Rd, SE16 7AR

Blue Anchor Library
Market Place, London, SE16 3UQ

Tuesday

Venue: Ellen Brown

SENSational Stay and Play (0-5 years) 10:00am-11:30am Booking Required

A session that encourages the development of early attention and social communication skills for children with additional and special educational needs such as Autism, Global Developmental Delay, Social Communication Delay, ADHD, and any other additional needs.

Baby Massage (8 weeks old-pre-crawlers) Booking Required

Dates: 8th Nov-29th Nov (4 weeks)

Times: 1:30pm-2:30pm

Baby massage promotes bonding and attachment, and helps to boost a baby's immune system, reduce stress, relieve colic, and encourage sleep.

Venue: Rotherhithe

Drop in 'Warm Welcome' (0-5 years) 9:45am-12:00pm

From: 15th November

Come to our centre and keep yourself and your child/ren warm, whilst meeting other families and accessing information and support.

Venue: Ellen Brown

Communication and Play (18m-5 years) 1:30pm - 2:30pm

6th/13th/20th December

Booking Required

A session that encourages the development of early communication skills through play.

Wednesday

Venue: Ellen Brown

Toddler Time (2-5 years) 10am-11:30am

An opportunity for toddlers to learn and develop through fun by exploring, being active and creative, supporting next steps into nursery education.

Chattertime (18 months-5 years) 1:30pm-3:00pm Booking Required

A session that encourages the development of early communication skills through play with a top tip every week and support from a Speech and Language Therapist.

Session cancelled on 30th Nov due to training

Venue: Ellen Brown

Save a Baby's Life and Mental Health Workshop

30th November ONLY 1:30-3:30pm

For parents/carers with children under 1.

To book please email:
ccadmin@pilgrimsway.southwark.sch.uk

Venue: Pilgrims' Way

Bookstart (0-5 years) Term Time Only

10am-11:30am Have fun bringing stories alive through storytelling, arts and crafts and sharing books.

Venue: Rotherhithe

Drop in 'Warm Welcome' (0-5 years) 9:45am-12:00pm

From: 16th November

Come to our centre and keep yourself and your child/ren warm, whilst meeting other families and accessing information and support.

Thursday

Venue: Ellen Brown

Baby and Me (0-12 months) 10:00am-11:30am Booking Required

Bond, play and have fun with your baby and meet other parents.

Baby and Me (0-12 months) 12:30pm-2:00pm Booking Required

Bond, play and have fun with your baby and meet other parents.

Please read below

Bookings will open on Mondays 9am until Tuesdays 4pm. You will be informed of your space on Wednesdays by email.

To book, please email:
ccadmin@pilgrimsway.southwark.sch.uk
(Your name, child's name, and child's date of birth) and indicate which session you would like to attend.

Venue: Rotherhithe

Breastfeeding Café (Invitation Only) 10am-12:00pm

A session offering information and practical support for pregnant and breastfeeding mums and their families.

Venue: Rotherhithe

Drop in Breastfeeding Café
From 8th December
10am-12:00pm (Please arrive by 11:30am)

A session offering information and practical support for pregnant and breastfeeding mums and their families.

Venue: Pilgrims' Way

Melodies 4 Mums (Invitation Only)
1:30pm-2:30pm 10 weeks programme
Dates: 6th October - 8th December
Contact the centre for more details

Friday

Venue: Ellen Brown

Baby Explorers (12 months-24 months) 10:00am-11:30am

An opportunity for you and your child to play together and actively explore the environment through stimulating learning opportunities

Venue: Rotherhithe

Boogie Miles (0-5 years) Times: 10:00am-10:45am

Music programme to support children's language, brain development, physical and social and emotional development.

Healthy Movers (0-5 years) OUTDOOR SESSION - Weather permitting

11:30am-12:15pm

Interactive and fun physical activities to help you and your child stay fit and healthy, both physically and mentally.

Babies/Non walkers: Please bring a sling to carry your baby for safety reasons.

Speech and Language Additional Support

Are you concerned about your child's communication skills? Contact us to book an appointment for the **WellComm** session to receive one to one support and advice on next steps.

Email:
ccadmin@pilgrimsway.southwark.sch.uk

Autumn Timetable 31st Oct-16th December 2022

Speech and Language support

Virtual Chattertime and Drop In Sessions

Are you worried that your child is not talking or doesn't understand you? Do you have questions or concerns about your child's communication skills? Please book onto a session with a speech and language therapist

To book on, email: gst-tr.contacts@nhs.net

Website:
www.evelinalondon.nhs.uk/communityspeechandlanguage

Facebook: @EvelinaSLT



Free Vitamin D

Pregnant women, new mums, and children under four in the borough can get free vitamin D supplements.



HENRY Programme

This programme aims to help you feel more confident as a parent, physical activities for the little ones, what children and the whole family eats, family lifestyle habits and enjoying life as a family.

To book please email:

gst-tr.HVsupportanddevelopmentworker@nhs.net

For more information, please visit
<https://www.henry.org.uk/>



Rose Vouchers

Support to buy fresh fruit and vegetables for low-income families and living in SE1, SE5 or SE17
If you wish to register to please phone 0207 358 2878 or email ccadmin@pilgrimsbay.southwark.sch.uk



Contact us!

Ellen Brown Children and Family Centre

145 Grange Road (Spa Park) SE1 3EU

Pilgrims' Way Children and Family Centre

Tustin Estate, Manor Grove, SE15 1EF

Rotherhithe Children and Family Centre

Southwark Park (Hawkstone Road entrance) SE16 2PF

South Bermondsey Children and Family Centre

Tenda Road, SE16 3PN

Telephone: 0207 358 2878

ccadmin@pilgrimsbay.southwark.sch.uk

Please visit our websites for further information

<https://br-cc.org.uk/>



We have gone paperless to help save the environment. Please scan the QR Code to download the timetable.

50 Things To Do Before Five!

Download the app or visit the website for free fun activities to do with your child and have fun, play, and learn.



Website: <https://50thingstodo.org/>



Dolly Parton Imagination Library

If you live in Southwark and have a child under 5, you can register to receive a FREE book every month until their 5th birthday. Sign up and make bedtime fun.

For more information please email:
ccadmin@pilgrimsbay.southwark.sch.uk



Cygnat Parenting Programme (Families with children over 5yrs) Booking Required

Venue: Pilgrims' Way Children and Family Centre **Time:** 12:00pm-2:00pm **Dates:** 14th November-19th December 2022

6-week course delivered by the Autism Support Team to provide you with support, understanding and advice following a diagnosis of Autism.

Our registration form is now available to complete on our website

<http://br-cc.org.uk/br-cc/>

Please complete this if you are new to attending our Children and Family and Centres.

Sign up to our mailing list and be the first to know everything that is happening in the Children and Family Centre.