RPS Weekly Newsletter



Dear Parents and Carers,

It was wonderful seeing so many children riding bikes and scooters this week for **Cycle to School week.** Keep it up! We are now very fortunate to have scooter and bike racks in school so bicycles can be stored safely.

RPS Lionesses: This morning, our fantastic Girls' Football Team set off for the City of London Academy (COLA) to take part in a fun-filled day of football-based activities. The girls have made fantastic progress in their football skills and were very well behaved. Well done girls.





Welcome Abigail: Abigail was a former teacher at RPS before she ventured off to travel abroad. Now she has returned and is teaching English and Maths booster classes. These booster classes are being offered as part of the DFE school led tuition campaign, which is part funded by the DFE and part funded by the school. If your child has been invited to attend after school booster clubs please ensure your child attends.





Friday 7th October 2022

Election Week! It has been School Council election week at RPS. Classes have been voting for their class representatives and on Wednesday children in year 6 completed their campaign bids to hold the prestigious School Council chair or vice chair positions. As would be expected in any election campaign, the candidates had the opportunity to lead a presentation to their constituents letting them know what they are planning to do to make RPS an even better place for us all.

With the speeches done and behind us, it was time to vote. The children all gathered in the foyer and were greeted by ushers who pointed them towards the voting stations and the ballot boxes. The votes have been cast and will be counted in due course. We will soon reveal our new School Council chair and vice chair.



Hello Yellow Day! Let's brighten everyone's day with a sea of yellow on Monday. We will be collecting donations for the charity Young Minds.

Lisa (Head of School)

The Fantastic Fred Experience

This week RPS was visited by the team from the Fantastic FRED Experience! This was a live performance-led mental health workshop delivered by a team of trained actors. The performance was interactive and very engaging, which was obvious from the children's peals of laughter!

The performance commissioned on behalf of the NHS teaches children how they can look after their mental health and explains the link between our physical and mental health. The children were also treated to Fantastic Fred wrist bands to remind them of the important messages the workshop introduced them to.

Please watch this film link which shares a summary of what the children have learnt and helps to communicate the messages in a fun and engaging way so that the children's learning can carry on at home too. To watch the film clip, click <u>here.</u>













Children Need....

Balanced diet with lots of fruit and vegetables and only occasional snacks.

Children need between 9 to 12 hours of sleep per day.

1 hour of exercise each day, so get walking and cycling to school!

Limit to 1 hour per day and not before bedtime.

FOOD Eating the right foods

REST Getting enough sleep

EXERCISE Being active

DEVICES Managing time on digital devices



How to Make a Jam Sandwich

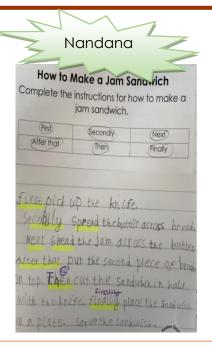
Complete the instructions for how to make jam sandwich. <u>First Secondly Next</u> <u>After that Then Finally</u> <u>Fiftplik up the nife</u> <u>Rext Stat Butten on the Brew</u> <u>Bitten Splat the Jam on the Brew</u> <u>Bitten that put the Second pic</u> <u>5 Finany cut the Saulisandwon</u> <u>Aiya</u>

Environment (poem)

Hedgehog flying with Spinning seeds of sycamore In a chilly breeze with yellow, orange, brown and red Find a comfy bed To collect nuts in at Halloween

By Kloe, Annabel and Ayana (Effra class)





Star Writing: Year 1 Fabulous instructional writing

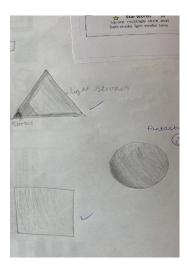
As part of the art curriculum, our year 6 classes have been looking at world famous artists. In this case, they have been studying the life and works of Vincent Van Gogh. I can't wait to see the children's finished master pieces.



The children from Walbrook Class have been learning about geometrical shapes and have now implemented shading techniques into their artwork. They have used different tones to differentiate between shadows and solid objects. The children have demonstrated how to use light stokes and dark strokes, to strengthen the accuracy of their pieces.

How to Make a Jam Sandwich Complete the instructions for how to make jam sandwich.			
Secondly	Next		
Then	Finally		
FIFST Pick UP the ADIR SPF could the butter across & the Next SPF could the jam across the butter of breaded put the second pice of breaded top cut the sandwich in half with the KAJRE Prace the sandwich of a plate of the remember run support			
	Secondy Then Secondy Then Sk UP to Could the Sk UP to Sk UP to Could the Sk UP to Sk		







October	Black History Month
	,
10 th October	Hello Yellow Day (world
	mental health day)
16 th October	Year 1 Film Festival
17 th October	Fleet class – trip Fire
	concert
18th October	Parent cooking workshops
20 th October	Mr B autism parent
	workshop
21 st October	Year 2 - Museum trip
	Break up for half term
	(close normal time)
24th-28th October	Half Term break
31 st October	Children return to school
8 th and 9 th	Parents evening
November	
Week beginning	Children with SEND parent
14 th November	meetings
14th November	Anti-bullying week
22 nd November	School Photographer
	taking individual pictures
	and pictures of siblings
28th November	British Math's Week
29 th November	Health and safety audit
Week beginning	Christmas performances
5 th December	
15 th December	Christmas parties
	All after school clubs finish
16th	Break up for Christmas
	holidays
	(Early Closure at 2pm)

Fleet class will be participating in a 'Fire' themed music concert at Milton Court Concert Hall on the 17^{th of} October. Please sign and return the trip letter to Anthony or the school office. Please pay for the trip on Parent Pay.

Thought of the Week

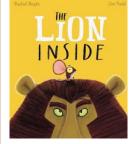
Never be limited by other people's limited imaginations.

Dr Mae Jemison

Teacher Book Recommendations

PA to the Executive Head Teacher: Maxine Walters

Favourite Book: The Lion Inside by Rachel Bright and Jim Field



As it was poetry day on Thursday, I thought I would share one of my favourite narrative poems – The Lion Inside. Poor little mouse is very quiet in fact 'He was so very tiny and incredibly small that nobody noticed him Ever... at all'. Mouse lived at the bottom of the craggy rock, while Mr Lion lived on top of it. Bold and brave lion makes sure everyone knows it that it is 'lion o'clock'. How mouse dreams of being big and brave like lion. If only he could roar like him maybe that would be the answer to his problems! So, mouse sets off on a brave adventure to find the Lion Inside.

The poem is beautifully written and illustrated. Children absolutely adore this book. A must read for younger children.

Attendance Matters

This week's winners of the attendance award.

Thames class97.4%

Coral class



Well done and keep it up!

Please do not book holidays during term time!

98.8%



Whale	Aiya	Aiya has worked extremely hard all week. She has particularly tried hard with writing instructions. She has shown care and kindness to her friends. She is a fantastic role model in Whale Class. Well done, Aiya.
Seal	Quan	Quan is an excellent class role model. He works well with talk partners and has excellent carpet behaviour. He is full of good ideas that he shares with his classmates. Keep it up!
Effra	Henry	Henry has worked hard in both swimming and dance to listen to the teacher's instructions and to be calm. As a result, he has really enjoyed the sessions, leaving with a big smile on his face.
Walbrook	Adel	Adel has been extremely focused this week by demonstrating fantastic listening during his lessons. Adel has also modelled how to walk around the school sensibly. This has resulted in a much more positive attitude towards his learning. Well done!
Ravensbourne	Libaan	Libaan is becoming increasingly independent during English lessons and producing good quality writing pieces. He is really trying to use more authors' crafts when composing his sentences, and I couldn't be prouder of his efforts. Keep it up, Libaan!
Wandle	Jasmine	Jasmine wows me every day with the exceptionally high standards she has for both behaviour and learning. She maintains these expectations of herself across all curriculum subjects and as a result makes excellent progress. Well done, Jasmine.
Fleet	Tamera	Tamera has been supporting her class to understand the importance of looking after their mental health. She gave a passionate and professionally researched presentation which we all enjoyed. Well done!
Lea	Tyler	Tyler has worked very hard on his independence in writing and has built up his confidence to read out loud to the whole class. Very proud of you Tyler!
Thames	George	For consistently being an active participant in every session of learning, particularly in mathematics. Keep it up!





FUTURE STORIES

How would you tell **YOUR** story? Join us for a week full of creativity and fun while you discover artistic ways to share your ideas, feelings and dreams!

FUTURE STORIES is a 3-courses programme for 7–18-year-olds interested in **theatre**, **filmmaking** and **visual arts** happening during the October half-term. Through theatre games, improv, creative writing, documentary, collage and drawing, participants will explore confidence, well-being and relationship-building in a fun, educational and constructive way!

Where: Theatre Peckham When: Monday 24 – Friday 28 October Times: 11:00 am – 1:00 pm and 2:00 – 4:00 pm

£3 per course*

*Fee support is available if you can't afford it. Please let us know answering question 6.

Please sign up by filling out this form https://forms.office.com/r/kJeGL9Qcd6



Cost of living crisis: A guide to some of the support available in Southwark

Second Edition - September 2022

2 @lb_southwark 🛛 🛃 facebook.com/southwarkcouncil

The information contained within this handout was checked for accuracy in September 2022. Please call ahead/ check websites before visiting services or sign-posting other people to them.

outhwar

Southwark are providing information about support available to manage the cost of living crisis which includes any grants that may be available to families on the following website: https://communitysouthwark.org/cost-of-living-crisis-a-guide-to-support-available-in-southwark/