

# ROTHERHITHE PRIMARY SCHOOL INFORMATION SESSIONS - for all parents and carers



**How to support your child to be the best learner they can be, today and in the future.**



## ABOUT THESE SESSIONS

Find out:

**How to raise resilient children.**

**How we teach about resilience in school**

**How to keep our children safe online**

**Where to get help and support**

Monday 16<sup>th</sup> & 23<sup>rd</sup> May,  
Monday 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup>  
June and  
Monday 4<sup>th</sup> July  
9-11am

Breakfast will be provided.  
Parents who attend all sessions will receive a  
£50 voucher.  
Childcare may be possible if requested.

Venue: Rotherhithe Children and  
Family Centre, Southwark Park

## OUR MAIN TOPICS



**PSHE, RSE & MINDFULNESS**

**UNDERSTANDING  
RESILIENCE** and how  
this affects learning



**WORKING TOGETHER** and  
supporting each other.  
**BECOMING A PARENT  
MENTOR**



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