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HEALTHY SCHOOLS LONDON

Mathematics **Mastery**
Partner School 2021-22

HEALTHY SCHOOLS LONDON
GOLD AWARD

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RIVER HILL FEDERATION

COVID update letter to all school parents

Advice to All Parents - warn and inform

Dear Parents,

We have been advised that there have been 9 staff members confirmed as being positive with COVID-19. (Staff who have tested positive work in Reception, Nursery, Year 2 and Year 3 & 4). There have been 6 confirmed cases of children testing positive for COVID-19 within the school setting.

We appreciate that you may find this concerning so we are continuing to monitor the situation and are providing the following advice. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What are we already doing?

Students and staff who have tested positive are isolating. The children/staff who are identified as contacts of the confirmed cases will have guidance from NHS Test and Trace.

Those aged five and above will be advised to take daily LFD tests before attending school for a period of 7 days. Outbreak control measures are also in place within the setting and being kept under review.

If your child is well

The school remains open. If your child remains well, they can continue to attend school as normal. We will keep this under review.

In addition to daily LFD testing for close contacts, we encourage household members aged 11 and over to continue with twice weekly LFD testing to help identify cases promptly.

Southwark NQTs

The Basic Skills Agency
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If you think your child is a close contact but has not been contacted directly by NHS Test and Trace, then we would advise they undertake daily LFD tests for a period of 7 days. This advice applies to children aged 5 and over. Whilst daily testing for 7 days is your choice, it is strongly encouraged as it helps to reduce the spread of COVID-19 in your community. (LFD tests are available via community testing sites, local pharmacies or you can order online for home delivery).

If your child develops symptoms of COVID-19 or tests positive for COVID-19

If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test (https://www.gov.uk/get-coronavirus-test or call 119) and remain at home at least until the result is known and they are fever free (without medication) for at least 24 hours.
· If negative, the child can end self-isolation and return to school once well;
· If positive, the child should isolate as a positive case (see below)

People who test positive for COVID-19 should self-isolate at home until they are well (48 hours fever free) and *either*:
a) 10 full days have passed, *or*
b) They have produced two negative LFD tests at least 24 hours apart, with the first taken no earlier than day 5.

Note: Lingering coughs and changes to smell/taste are *not* a sign of ongoing infectiousness, so children can return to school if they have ended their self-isolation period (see above).

If your child does not have symptoms, count the day they took the test as day 0. If they subsequently develop symptoms, they will need to restart their isolation period using the day symptoms developed as day 0.

You can seek advice on COVID-19 symptoms from the nhs.uk website. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at https://111.nhs.uk/ or by phoning 111

Instructions for people who live in the same household as someone who has tested positive for COVID-19 or is symptomatic and awaiting a test result

NHS Test and Trace will contact you to check whether you are legally required to self-isolate. If you are not legally required to self-isolate, you will be provided with advice on testing, **advised to take extra caution**, and given guidance on preventing the spread of COVID-19.

Those who are [clinically extremely vulnerable](#) should be supported to minimise their contact with other people in the household during this period, regardless of whether others have symptoms or not.

You are *not* required to self-isolate [if any of the following apply:](#)
- You are fully vaccinated
- You are below the age of 18 years 6 months
- You have taken part in or are currently part of an approved COVID-19 vaccine trial
- You are not able to get vaccinated for medical reasons

Fully vaccinated means that you have been vaccinated with an MHRA approved COVID-19 vaccine in the UK, and at least 14 days have passed since you received the recommended doses of that vaccine (note this is currently under review and may be updated to include a booster dose in due course).

In line with national guidance for households with Covid-19 infection, household and other close contacts of someone who has tested positive for COVID-19 should undertake **daily LFD testing for a period of 7 days** or for 10 days from their last contact with the positive case (whichever is first). This is recommended for all close contacts aged 5 and over who are not required to isolate.

For most people, coronavirus (COVID-19) will be a mild illness.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- Get vaccinated – everyone aged 12 and over can book COVID-19 vaccination appointments now
- Wash your hands with soap and water or use hand sanitiser regularly throughout the day
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Meet people outside and avoid crowded areas
- Open doors and windows to let in fresh air if meeting people inside
- Wear a face covering if aged 11 and over when it's hard to stay away from other people – particularly indoors or in crowded places

- · Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: https://www.gov.uk/log-test-site-covid19-results

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Remote Learning

Children who test positive for COVID but who are well enough to work can access remote learning on our website via the following link: https://bit.ly/3taYLU5

Yours sincerely

Lisa Christiansen
Head of School