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Monday, 30th November 2020

RE: Learning Pack to use during self-isolation

Dear Year 2 Parents/Carers,

You have been given this Learning Pack because your child has been asked to self-isolate due to a positive COVID-19 case within their Year 2 bubble.

We know how disruptive missing school can be to the lives and routines of our children. The self-isolation period can be a particularly difficult time for children and families as they have been advised to socially distance themselves from friends and family.

We have prepared this Learning Pack in order to support your child's learning while at home and we are requesting that the completed Learning Pack with all its contents be returned to school at the end of the isolation period. We will be able to review this and make sure any misconceptions are addressed when they return.

Within this pack you will receive:

- Suggested weekly timetable
- Zones of regulation to establish emotions
- A link to mindfulness activities
- Reading books
- English lessons for ten days
- Maths lessons for ten days
- PE activities to be completed indoors
- Topic work for ten days

What we expect from your child

It is important that your child engages with home learning and keeps to the suggested timetable as far as possible.

If children are struggling to engage with the learning or you are experiencing difficulty in supporting your child, please do not hesitate to contact the Alex or John directly via email. If

you have any concerns about your child or you need any other support from the school, please let us know.

What parents can do to help

- We appreciate that the self-isolation may present some challenges for you. We kindly ask for your support so that we can continue to provide education for your child while they are self-isolating.
- Children may need support in accessing the activities and staying focused with their remote learning. We ask that you help them as much as you can.
- We do not expect parents/carers to replace the teacher or deliver lessons in the same manner as children would have received in school. It is important, however, that you do take an active role in your child's learning as much as possible.

Our top tips:

- Try to encourage your child to stay within the normal routines of a typical school day. This will mean getting up at your usual time, getting dressed at the usual time and having breakfast as normal.
- Distinguish between weekdays and weekends, and make it clear when the school day is over, to separate home and school life
- Plan indoor breaks and exercise into the day to help keep your child active (PE activities have been provided)

Please get in touch with your class teacher in the first instance.

We hope that you find this Learning Pack useful and easy to manage at home. We would like to continue working in partnership with you and ensure that our children remain engaged in learning even while self-isolating.

We wish you and your families all the best during this period of isolation. Please take care and stay safe. We will see you all on the 9th December 2020.

Yours sincerely,

Lisa Christiansen
Head of School