



**ROTHERHITHE PRIMARY SCHOOL**  
**School Closure Week Beginning 06/07 Timetable**  
**Nursery**



Subject	Monday	Tuesday	Wednesday	Thursday	Friday
<b>English</b>	<p>Listening to the story</p> <p>"I believe I can" by Grace Byers. Illustrated by Keturah A. Bobo</p> <p>Listen to the new story Emily added on tapestry this week. Talk about it with your family.</p>	<p>Reflecting on the story</p> <p>"I believe I can" by Grace Byers. Illustrated by Keturah A. Bobo</p> <p>Listen to the story again. Pay attention to the part of the story where the boy doesn't want to go down the slide.</p> <p>Can you think of a time where you were scared or worried about something? What helped you feel better about it</p>	<p>Reflecting on the story</p> <p>"I believe I can" by Grace Byers. Illustrated by Keturah A. Bobo</p> <p>Listen to the story again.</p> <p>Can you think of a part of the story where children do something that isn't right? What did they do to make it better?</p>	<p>Reflecting on the story</p> <p>"I believe I can" by Grace Byers. Illustrated by Keturah A. Bobo</p> <p>"I believe I can" practice saying this with your family. What would you like to be able to do?</p> <p>Can you draw a picture of yourself doing that?</p>	<p>"I believe I can" by Grace Byers. Illustrated by Keturah A. Bobo</p> <p>Choose a part of the story you really like. Can you draw a picture about it?</p> <p>Could you draw a picture of you doing something that took lots of courage?</p>
<b>Phonics</b> Search tapestry for 'phonics songs' 'phonics rhymes' and 'phonics letter formation rhymes' for observation we have also added to help.	<p>Learning new sounds – l, h, sh</p> <p>Listen to this phonics song  <a href="https://www.youtube.com/watch?v=saF3-f0XWAY&amp;feature=youtu.be">https://www.youtube.com/watch?v=saF3-f0XWAY&amp;feature=youtu.be</a></p> <p>Learn the sound 'l'</p> <p><a href="https://www.youtube.com/watch?v=sq-q2jzM78c">https://www.youtube.com/watch?v=sq-q2jzM78c</a></p> <p>Can you practice writing 'l'</p>	<p>Learning new sounds – l, h, sh</p> <p>Play this sound game!  <a href="https://www.phonicsplay.co.uk/resources/phase/1/sound-starters">https://www.phonicsplay.co.uk/resources/phase/1/sound-starters</a></p> <p>Learn the sound 'h'</p> <p><a href="https://www.youtube.com/watch?v=Oiu_YmW_Efk">https://www.youtube.com/watch?v=Oiu_YmW_Efk</a></p> <p>Can you practice writing 'h'</p>	<p>Learning new sounds – l, h, sh</p> <p>Listen to this phonics song  <a href="https://www.youtube.com/watch?v=saF3-f0XWAY&amp;feature=youtu.be">https://www.youtube.com/watch?v=saF3-f0XWAY&amp;feature=youtu.be</a></p> <p>'Learn the sound 'sh'</p> <p><a href="https://www.youtube.com/watch?v=nx2Tf9TE1bc">https://www.youtube.com/watch?v=nx2Tf9TE1bc</a></p> <p>Can you practice writing 'sh'</p>	<p>Learning new sounds – l, h, sh</p> <p>Play this sound game!  <a href="https://www.phonicsplay.co.uk/resources/phase/1/sound-starters">https://www.phonicsplay.co.uk/resources/phase/1/sound-starters</a></p> <p>Recap the sounds 'l','h','sh'</p> <p>Listen to the 'l' song  <a href="https://www.youtube.com/watch?v=OAipmwVQQ58">https://www.youtube.com/watch?v=OAipmwVQQ58</a></p> <p>What words can you remember that begin with 'l'?</p>	<p>Learning new sounds – l, h, sh</p> <p>Listen to this phonics song  <a href="https://www.youtube.com/watch?v=saF3-f0XWAY&amp;feature=youtu.be">https://www.youtube.com/watch?v=saF3-f0XWAY&amp;feature=youtu.be</a></p> <p>Recap the sounds 'l','h','sh'</p> <p>Listen to the 'h' song  <a href="https://www.youtube.com/watch?v=kfxm1I7L07I">https://www.youtube.com/watch?v=kfxm1I7L07I</a></p> <p>What words can you remember that begin with 'h'?</p>
<b>Maths</b> Number	<p>Shapes  <a href="https://classroom.thenational.ac.uk/shapes">https://classroom.thenational.ac.uk/shapes</a></p>	<p>Listen to the shape song  <a href="https://www.youtube.com/watch?v=Oiu_YmW_Efk">https://www.youtube.com/watch?v=Oiu_YmW_Efk</a></p>	<p>Go on a shape hunt in your house – take a piece of paper</p>	<p>Listen to the shapes song  <a href="https://www.bbc.co.uk/bite">https://www.bbc.co.uk/bite</a></p>	<p>Go on a shape hunt outside– take a piece of paper with you</p>

blocks on bbc iplayer is also fun. We also love the fun games on busy things – check tapestry for log in details.	<a href="https://www.bbc.com/1/learning-teachers/2d-shapes">l.academy/lessons/sorting-2d-shapes</a>	<a href="https://www.bbc.com/1/learning-teachers/2d-shapes">atch?v=pfRuLS-Vnjs</a>	with you to draw the shapes you have spotted!	<a href="https://www.bbc.com/1/learning-teachers/2d-shapes">size/clips/zhnvcdm</a>	to draw the shapes you have spotted!
<b>Indoor Exercise</b>	<p>Cosmic Yoga- Please subscribe to Jamie and her channel. She has many yoga lessons, mindfulness sessions and disco lessons (cosmic disco) for more active sessions! Here is the link:</p> <p><a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p>Try some dance routines out! Look on BBC Iplayer at boogie beebies.</p>	<p>Cosmic Yoga- Please subscribe to Jamie and her channel. She has many yoga lessons, mindfulness sessions and disco lessons (cosmic disco) for more active sessions! Here is the link:</p> <p><a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p>Try some dance routines out! Look on BBC Iplayer at boogie beebies.</p>	<p>Cosmic Yoga- Please subscribe to Jamie and her channel. She has many yoga lessons, mindfulness sessions and disco lessons (cosmic disco) for more active sessions! Here is the link:</p> <p><a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p>Try some dance routines out! Look on BBC Iplayer at boogie beebies.</p>	<p>Cosmic Yoga- Please subscribe to Jamie and her channel. She has many yoga lessons, mindfulness sessions and disco lessons (cosmic disco) for more active sessions! Here is the link:</p> <p><a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p>Try some dance routines out! Look on BBC Iplayer at boogie beebies.</p>	<p>Cosmic Yoga- Please subscribe to Jamie and her channel. She has many yoga lessons, mindfulness sessions and disco lessons (cosmic disco) for more active sessions! Here is the link:</p> <p><a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p> <p>Try some dance routines out! Look on BBC Iplayer at boogie beebies.</p>
<b>Foundation Subjects</b>	<p>Worried</p> <p><a href="https://classroom.thenational.academy/lessons/worried">https://classroom.thenational.academy/lessons/worried</a></p>	<p>Habitats</p> <p><a href="https://classroom.thenational.academy/lessons/habitats">https://classroom.thenational.academy/lessons/habitats</a></p>	<p>Rainforest Animals</p> <p><a href="https://classroom.thenational.academy/lessons/rainforest-animals">https://classroom.thenational.academy/lessons/rainforest-animals</a></p>	<p>Minibeast</p> <p><a href="https://classroom.thenational.academy/lessons/construction-a-minibeast">https://classroom.thenational.academy/lessons/construction-a-minibeast</a></p>	<p>My Rainforest</p> <p><a href="https://classroom.thenational.academy/lessons/my-rainforest">https://classroom.thenational.academy/lessons/my-rainforest</a></p>
<b>Project work/ PSHE /Citizenship</b>	<p>Newsround</p> <p>Here is the link: <a href="https://www.bbc.co.uk/newsround/news/watch_newsround">https://www.bbc.co.uk/newsround/news/watch_newsround</a></p> <p>Please log in and watch what is happening in the world at the moment! There are regular shows at least twice per day</p>	<p>Newsround</p> <p>Here is the link: <a href="https://www.bbc.co.uk/newsround/news/watch_newsround">https://www.bbc.co.uk/newsround/news/watch_newsround</a></p> <p>Please log in and watch what is happening in the world at the moment! There are regular shows at least twice per day</p>	<p>Newsround</p> <p>Here is the link: <a href="https://www.bbc.co.uk/newsround/news/watch_newsround">https://www.bbc.co.uk/newsround/news/watch_newsround</a></p> <p>Please log in and watch what is happening in the world at the moment! There are regular shows at least twice per day</p>	<p>Newsround</p> <p>Here is the link: <a href="https://www.bbc.co.uk/newsround/news/watch_newsround">https://www.bbc.co.uk/newsround/news/watch_newsround</a></p> <p>Please log in and watch what is happening in the world at the moment! There are regular shows at least twice per day</p>	<p>Newsround</p> <p>Here is the link: <a href="https://www.bbc.co.uk/newsround/news/watch_newsround">https://www.bbc.co.uk/newsround/news/watch_newsround</a></p> <p>Please log in and watch what is happening in the world at the moment! There are regular shows at least twice per day</p>

<b>Mindfulness/ Wellbeing</b>	<b>One Minute Mindful Listening:</b>  Find a place in your house and sit down. Listen carefully to all the sounds around you for one minute. After a minute, write down all the sounds you heard.	<b>The body scan</b>  Lie down on your back and close your eyes. Squeeze every muscle in your body. Squish your toes and feet, squeeze your hands into fists, and make your legs and arms as hard as stone; After a few seconds, release all of your muscles. How does your body feel?	<b>1 minute quiet breathing</b>  Set a timer. Sit comfortably and close your eyes, concentrating on your breathing. Let it relax your mind and body. Talk about how it made you feel afterwards.	<b>Teddy Bear Belly Breathing</b>  Lie with your back on the floor and put a soft toy on your belly. Breathe in and out slowly. Try and concentrate on the way your toy rises and falls with your breathing.	<b>Helping Others</b>  Help someone at home without them asking you. How does this make you feel?
<b>Create</b> Start with the challenge, then have fun and free play	Create a cardboard butterfly with Evie this week. <a href="https://www.bbc.co.uk/cbeebies/makes/make-your-own-cardboard-tube-animal-with-evie">https://www.bbc.co.uk/cbeebies/makes/make-your-own-cardboard-tube-animal-with-evie</a>				