

Celebrating our differences

The Colors Of Us by Karen Katz:

<https://www.youtube.com/watch?v=O58brpCvmRs>

This story talks about the colour of our skin and noticing the many different variations of colour we all come in.

Parents: after watching this with your child –

Point out that Lena's mother is an artist and tells Lena that she can mix colours to find the shade of brown for her skin colour. Discuss all the different colours it takes to mix the right shade of colour to match Lena's skin.

Talk about the colour of your skin, your child's skin, and other members of your family. Encourage your child to compare the differences in your own family. Hold your hands together. Are they all the exact same shade? Talk about school and your child's classmates. Can they think of some of their friends? If they were going to paint their friends, would they use the same colour and tone for every child?

Some vocabulary to use:

Colour, mix, shade, tone, lighter, darker, skin, beautiful, different, varied. Light brown, creamy peanut butter, chocolate, peachy, tanned, honey, reddish brown - like leaves in fall, light cocoa brown, butterscotch, golden brown, cinnamon, jewel, bronze, amber, ginger, tawny tanned, coffee.

Same Difference by Calida Garcia Rawles:

<https://www.youtube.com/watch?v=XpSLtVXF0Mc>

This story talks about how differences are beautiful and how we are all beautiful in our own way.

Parents: after watching this with your child –

Talk about your child's friends and family and how different they all look.

Does the way we look mean we should be treated differently?

Discuss how diverse everyone is and how no one is better and that we are all beautiful in our own way.

Some people are treated differently and badly because of the colour of their skin. People all over the world have been protesting against this and you

might have heard about that on the news. These protests are happening to try and change the way some people are treated by others.

What is a protest?

A protest is when lots of people come together to have their voices heard. Sometimes people give speeches at a protest, or chant and hold up big posters. Protesting happens so things that aren't fair or right can be changed.

Skin Shades Story from Autism little learners -

There is a separate PDF story all about different shades of skin.

You can also access this resource here:

<https://www.autismlittlelearners.com/2020/06/we-all-have-different-shades-of-skin.html>