



ROTHERHITHE PRIMARY SCHOOL

School Closure Weekly Timetable

Reception Week 10



Subject	Monday	Tuesday	Wednesday	Thursday	Friday
Phonics/ Reading	<p>DAILY Phonics – youtube Ruth Miskin Use the blue book from home your home learning pack and choose the Set your teacher has assigned you. https://www.youtube.com/watch?v=H9rGoXkmeyU</p> <p>DAILY Reading: Story time with David Walliams – a free audio story every day at 11am! https://www.worldofdavidwalliams.com/elevenses/ and/ or Choose a story book from home or click on: https://home.oxfordowl.co.uk/ to choose and read a story with an adult.</p>				
English	<p>WEEK 4 Lesson 1: Design a Sweet</p> <p>https://www.thenational.academy/reception/english/design-a-sweet-reception-wk4-1</p>	<p>WEEK 4 Lesson 2: Hansel and Gretel</p> <p>https://www.thenational.academy/reception/english/hansel-and-gretel-reception-wk4-2</p>	<p>WEEK 4 Lesson 3: Hansel and Gretel: Story Map</p> <p>https://www.thenational.academy/reception/english/hansel-and-gretel-story-map-reception-wk4-3</p>	<p>WEEK 4 Lesson 4: Hansel and Gretel: Story Writing (1)</p> <p>https://www.thenational.academy/reception/english/hansel-and-gretelstory-writing-part-1-reception-wk4-4</p>	<p>WEEK 4 Lesson 5: Hansel and Gretel: Story Writing (2)</p> <p>https://www.thenational.academy/reception/english/hansel-and-gretelstory-writing-part-2-reception-wk4-5</p>
Maths	<p>WEEK 4 Lesson 1: Counting Objects up to 20</p> <p>https://www.thenational.academy/reception/maths/counting-objects-up-to-20-reception-wk4-1</p>	<p>WEEK 4 Lesson 2: Ordering Numbers up to 20</p> <p>https://www.thenational.academy/reception/maths/ordering-numbers-up-to-20-reception-wk4-2</p>	<p>WEEK 4 Lesson 3: Developing a sense of 10</p> <p>https://www.thenational.academy/reception/maths/developing-a-sense-of-10-reception-wk4-3</p>	<p>WEEK 4 Lesson 4: Exploring place value</p> <p>https://www.thenational.academy/reception/maths/exploring-place-value-reception-wk4-4</p>	<p>WEEK 4 Lesson 5: Find one more of a number to 20</p> <p>https://www.thenational.academy/reception/maths/finding-one-more-than-a-number-to-20-reception-wk4-5</p>
Foundation	<p>WEEK 4 Lesson 1: Worried</p>	<p>WEEK 4 Lesson 2: Habitats</p>	<p>WEEK 4 Lesson 3: Rainforest Animals</p>	<p>WEEK 4 Lesson 4: Construct a mini-beast</p>	<p>WEEK 4 Lesson 5: My Rainforest</p>

n Subjects	https://www.thenational.academy/reception/foundation/worried-reception-wk4-1	https://www.thenational.academy/reception/foundation/habitats-reception-wk4-2	https://www.thenational.academy/reception/foundation/rainforest-animals-reception-wk4-3	https://www.thenational.academy/reception/foundation/construct-a-minibeast-reception-wk4-4	https://www.thenational.academy/reception/foundation/my-rainforest-reception-wk4-5
Physical Exercise	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEidSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEidSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEidSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEidSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEidSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>
Mindfulness/ Wellbeing	<p>Mindful Drawing</p> <p>Draw a picture of something that makes you feel happy.</p>	<p>Helping Others</p> <p>Help someone at home without them asking you to. How does it make you feel?</p>	<p>One Minute Mindful Listening</p> <p>Find a place in your home to sit down. Listen to all the sounds around you for one minute. After one minute write down all the sounds that you heard.</p>	<p>One Minute Mindful Feeling</p> <p>Close your eyes and think about how you are feeling. Which word would you use to describe it? Happy? Sad? Anxious? Nervous?</p> <p>Think about why you have this feeling.</p>	<p>Teddy Bear Belly Breathing</p> <p>Lie with your back on the floor and put a soft toy on your tummy. Breathe in and out slowly. Try and concentrate on the way your toy rises and falls as you breathe.</p>