

RPS Weekly Newsletter



Dear Parents & Carers,

I hope you have had a great week. Those of you supporting home learning - keep going you are doing a fantastic job!

At home and in school the children have really enjoyed the puppet project. It is fascinating seeing how focused and diligent they have been. After half term we will be setting another Art/DT project for all children across the school to complete. This will focus on architecture. We are very excited to see the work the children produce.

The Department for Education (DfE) has confirmed that schools will be closed, as usual, for the February half term and we will not be expected to remain open to vulnerable children and the children of critical/key workers during that week. I am sure that staff, children and those delivering home learning will be grateful for the chance to pause and rest. Please note that if you are entitled to free school meals, you will receive your voucher through Wonde during February half term.

Reporting COVID cases during half term

If your child has been attending school and they become unwell over the first weekend of the half term - receiving a positive COVID case - you must report this to the school either via email:

lchristiansen@rotherhithe.southwark.sch.uk or by mobile phone: 07561 817448

Interventions

We have started running small group interventions via TEAMS. We have experienced a few technical hitches but so far these are going well. The Teams links will be saved on the private pages on the website.

Friday 5th February 2021

TEAMS Class Meet

The children in school have really enjoyed meeting with their classes during the weekly 'get together' sessions. We are looking forward to them all being together soon.

Remote Learning Packs

On **Friday 12th February** children must return their home learning to school with their reading books. We will give out new learning packs and books on this day ready for children to complete on the Monday after half term. You can collect these from the school office between **9am to 3:30 pm**. We hope that this will be the final home learning pack!

Safer Internet Day- Tuesday 9th February

More than ever, we rely on technology and it has become a vital part of our lives. It is currently an important means of communication and enables us to facilitate our children's education. As positive as the internet can be, there are also dangers that children needed to be educated about.

The theme for Safer Internet Day this year is 'Together for a better internet'. Your child will be able to take part in a Safer Internet Day competition. They will have the chance to submit their creative thoughts on what the safeguarding solution of the future could look like - so please help them to get problem solving. Please make sure your children watch the assembly next week which focusses on Safer Internet Day.

I hope you all have a well-deserved rest this weekend.

Mental Health Awareness Week

This week was Children's Mental Health Week and by modelling healthy behaviour to our children, we teach them and help them develop the skills they need to maintain good mental health. Therefore, when you think 'I just can't do this,' know that it is okay. Take a moment, take a break, take a deep breath and know that we understand and are here for you if you need to talk.

THE EMOTIONAL CUP

Some ways that children deal with having an empty cup:

- Steal from other people's cups
- Misbehave to get your attention and show that they need a refill
- Seem to have bottomless cups, or need constant 'topping off'
- Can't sit still for refills or actively refuse them
- Bounce off the walls when they approach 'empty'
- Think they have to fight or compete for every refill

What fills a child's cup:

- Play
- Friendship
- One-on-one time
- Love and affection
- Connection
- Succeeding
- Doing what they love



What empties a child's cup:

- Stress and strain
- Rejection by peers
- Loneliness and isolation
- Yelling and punishment
- Failing
- Fatigue
- Doing what they hate



Anxiety presents itself in many different ways...

The desire to control people and events



Difficulty getting to sleep



Feeling agitated or angry



Defiance and other challenging behaviors



Having high expectations for self, including school work & sports



Avoiding activities or events (including school)

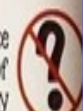
Pain like stomachaches and headaches



Struggling to pay attention and focus



Intolerance of uncertainty



Crying and difficulty managing emotions



Over-planning for situations and events



Feeling worried about situations or events

Children's Mental Health Week

This year, the theme for Children's Mental Health Week is Express Yourself. Every week we will include different ways to encourage your child/ren to express themselves. Please share your creative efforts with us. We look forward to seeing how you have expressed yourself!



<p>1</p> <p>What makes you feel happy? Draw anything at all that expresses your happiness.</p>	<p>2</p> <p>Create a collage of calm by cutting out pictures that are calming for you. Stick them to a piece of card and hang up in your room</p>	<p>3</p> <p>Draw a large heart on a piece of paper and fill it with colour to represent how you are feeling right now</p>	<p>4</p> <p>If you could choose an animal to turn into for one day. Which animal would you choose and why. Draw it</p>	<p>5</p> <p>What is on your mind right now? Draw a huge thinking bubble and fill it with drawings</p>	<p>6</p> <p>Where do you feel the safest? Draw your safe place. It can be anywhere at all where you feel calm and relaxed</p>
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Tuesday, 9th of February is...



Safer Internet Day

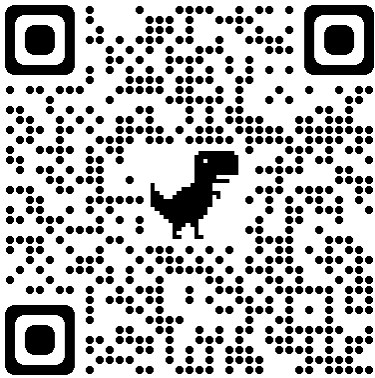
You do not need to be an expert on the internet to help your child stay safe online. It can be as simple as having a conversation. It is important to chat with your children on an ongoing basis about staying safe online. Try these conversations below.

What sites do you like to visit? What do you do there?

How do you stay safe online? What tips do you have for me, and where did they learn them? What is OK and not OK to share?

If something online made you feel uncomfortable, where would you go for help? What would you do?

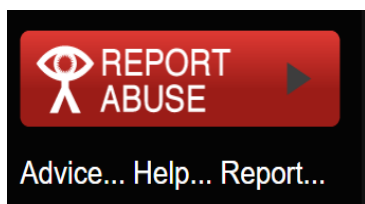
What do you do really well on the internet? Can you teach me? Is there something we could do on the internet together?



Scan this QR code to access more resources from Childnet to help you support your child to have a happy and safe online experience.

Are you worried about online abuse or the way someone has been communicating, with your child online?

[Click on this link to report](#) to report any concerns and keep a look out for the icon below.



[The THINK U KNOW website](#) offers advice and supports parents in helping their children get the most out of the internet. Use the link above to access their website.



Free School Meals

Are you entitled?

If you think your child may be entitled to FSM please complete the FSM application form. You can download the form using this link: or call the school office to request a form. Once you have downloaded and filled out the form, please hand your completed application into the school office.

Your child may be able to get free school meals if you get any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Registering for free meals could also raise an extra **£1,320** for your child's primary school.

If you require further help, please contact Sharon Hudson or Maxine in the school office or email at: shudson@rotherhithe.southwark.sch.uk or office@rotherhithe.southwark.sch.uk

4.2.21	Rosa Parks Day
Week beginning 8.2.21	Poetry Week
9.2.21	Safer Internet Day
12.2.21	Chinese New Year
12.2.21	Break up for half term
22.2.21	Critical worker children return to School / Remote Learning restarts
12.3.21	World Maths Day
18th and 19th March 21	FGM awareness session for KS2
30.3.21	Achievement Awards
31.3.21	Break up for Easter

**“A SINGLE ACT OF KINDNESS
THROWS OUT ROOTS IN
ALL DIRECTIONS, AND THE
ROOTS SPRING UP AND
MAKE NEW TREES.”**

Parents Evening Due to lockdown we have made a decision to organise our parents evening differently. Each teacher will hold Teams appointments/phone calls with parents virtually between 9- 6pm. Class Teams meetings will not occur on this day and the teacher will not be available to answer emails.

Class	Date	Class	Date
		Nursery- Emily/Matt	Thursday 4 th March
Jellyfish Class -Suzy	Thursday 25 th Feb	Penguin Class -Helen	Friday 5 th March
Octopus Class -Leah	Thursday 25 th Feb	Whale Class- Rochelle	Thursday 4 th March
Seal Class - John	Thursday 25 th Feb	Coral Class -Alex	Thursday 4 th March
Effra Class - Conor	Thursday 25 th Feb	Fleet Class - Grace	Thursday 4 th March
Walbrook Class – Anthony	Tuesday 23 rd Feb	Brent Class -Amber	Thursday 4 th March
Ravensbourne Class -Colleen	Friday 26 th Feb	Wandle Class - Sarah	Friday 5 th March
Lea Class - Aaliyah	Friday 26 th Feb	Thames Class - Nina	Friday 5 th March

If children have SEND interventions these will be discussed with parents in a longer appointment on this day.

Your teacher will email you to offer you a timeslot. Please make a note of the day in your

RPS Gallery

Amazing space project Kaiden!



Star writing based on the Northern Lights – Tyler in year 6

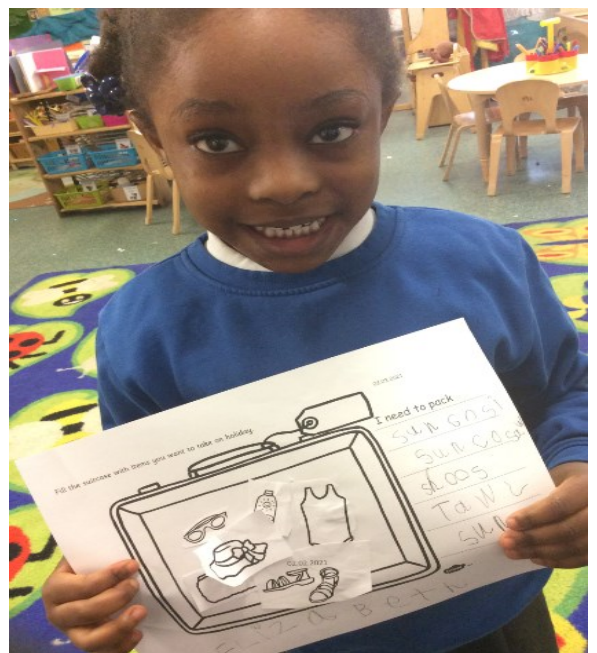
Arriving at Svalbard, emerging over the snowy blanket stood the steely researcher Lord Asriel and his fellow companion Stelmara. Taking of his weathered goggles Lord Asriel and Stelmara hobbled in search of Dust, which conferred consciousness upon certain species without a warning. Soaring through the sky was a fire bullet from one of Samojied – bandits guns. With luck it didn't hit Asriel or Stelmara but it hit the frosty, blood turning snow. Making a run for it Lyra's uncle and Stelmara leaped over the snow-capped peak still having his gun I his grasp as he was being chased by Smaojed bandits. All of a sudden, Asriel and Stelmara were captured they were outnumbered.....

RPS Gallery

Mikey's fantastic WWII mask. The detail is incredible and the box makes it look very professional.



Elizabeth from Reception class is quite clearly proud of her fantastic work- well done!






STAR OF THE WEEK

Reception	Elizabeth	Elizabeth has been amazing this week. She packed her bag for her sunny holiday, she chose to bring sunglasses, sun hat and some other things. She used her phonics well to sound out the items that she would pack too. Well done Elizabeth!
Year 1	Daniel	Daniel has been working hard this week to write the beginning of the story 'Peace at Last'. He makes sure he re-reads his sentences and tries to make corrections independently. Amazing!
Year 2	Kavarli	Kavarli for showing great resilience when sewing his puppet and for showing excellent understanding of quarter to and quarter past when telling the time. Well done!
Year 3	Jasmine	Jasmine always works hard during lessons, being ambitious with your writing and for contributing fantastic ideas in class. Keep it up!
Year 4 Brent	Aimee	Aimee has been working hard in English on sharing her ideas with the class to help improve others work. She is independently reading through her work and adding extra information or making changes. Brilliant!
Year 4 Walbrook	Jack	Jack has shown great resilience in Maths this week. He listened really carefully during teacher input and had a go before asking for help. This has led him to be able to quantify and compare decimals and fractions independently. Well done Jack!
Year 5	Nicolos J	For returning to school really well, he is focused, working hard and always respectful. It has been a pleasure having him back in school!
Year 6	Priscilla	Priscilla is naturally gifted at Art and her skills have really shone through with our puppet project – they are excellently crafted with great attention to detail and she has even been able to make more than one! Well done!



Home Learning Star of the week!

Reception	Tsan	<p>The Reception star home learner this week is Leila and the Tsan family! They have extended every home learning activity to get the whole family involved and have welcomed us into their home via Tapestry. This week we have seen Leila use her passport in a role play with her sister and the whole family had a boat floating competition in the bathtub! We have also seen Leila have a go at making sushi and take part in an indoor picnic! What fun they have at the Tsan home!!</p> 
Year 1	Deeqa Hosna	<p>Deeqa for trying really hard in the teams meeting and using very good adjectives and adverbs in English. Keep it up Deeqa!</p> <p>Hosna for always trying and when she finds something tricky she always perseveres and never gives up. Amazing!</p>
Year 2	Kaiden	Kaiden is star of the work for showing amazing creativity in his brilliant Science/art project about the Solar System. Brilliant!
Year 3	Amelia	For perfect attendance at Teams meetings, she is on time with her work prepared and ready to go through it. Further to that she has been ready and willing to put up her hand, to share answers and work and has been superb example to everyone. Keep it up!
Year 4	Deren	For his excellent use of alliteration in his diary entry and for remembering to support his impressions of a character with evidence from the text. Well done!
Year 5	Kieran Dmitry	<p>Kieran for amazing English work. It is always a pleasure to read. Well done!</p> <p>Dmitry for great maths work. He consistently works hard. Amazing Dmitry!</p>
Year 6	Mikey	Mikey has really impressed us with his homework project this week, making a model of a WWII gas mask. A lot of time and effort clearly went into to making it so realistic! Fantastic!



Laptops for Learning Southwark



Southwark Council and the London South Teaching School Alliance have joined forces to launch a borough-wide 'Laptops for Learning' crowdfund appeal. Money raised through the appeal will be used to buy laptops for Southwark schools, for the benefit of young people who need them in order to access online learning. Any donations made to the campaign will be match-funded by the council.

Please help us to get the word out so our school and others can benefit www.crowdfunder.co.uk/laptopsforlearning

The appeal is also accepting second-hand devices from businesses. If you know any business owners that may be able to help, please share the link.