



ROTHERHITHE PRIMARY SCHOOL

School Closure Weekly Timetable

Reception Week 10



Subject	Monday	Tuesday	Wednesday	Thursday	Friday
Phonics/ Reading	<p>DAILY Phonics – youtube Ruth Miskin Use the blue book from home your home learning pack and choose the Set your teacher has assigned you. https://www.youtube.com/watch?v=H9rGoXkmeyU</p> <p>DAILY Reading: Story time with David Walliams – a free audio story every day at 11am! https://www.worldofdavidwalliams.com/elevenses/ and/ or Choose a story book from home or click on: https://home.oxfordowl.co.uk/ to choose and read a story with an adult.</p>				
English	<p>WEEK 5 Lesson 1: Plant a Seed https://www.thenational.academy/reception/english/plan-a-seed-reception-wk5-1</p>	<p>WEEK 5 Lesson 2: Jack and the Beanstalk https://www.thenational.academy/reception/english/jack-and-the-beanstalk-reception-wk5-2</p>	<p>WEEK 5 Lesson 3: Jack and the Beanstalk Story Map https://www.thenational.academy/reception/english/jack-and-the-beanstalk-story-map-reception-wk5-3</p>	<p>WEEK 5 Lesson 4: Jack and the Beanstalk Story Writing (part 1) https://www.thenational.academy/reception/english/jack-and-the-beanstalk-story-writing-part-1-reception-wk5-4</p>	<p>WEEK 5 Lesson 1: Jack and the Beanstalk Story Writing (part 2) https://www.thenational.academy/reception/english/jack-and-the-beanstalk-story-writing-part-2-reception-wk5-5</p>
Maths	<p>WEEK 5 Lesson 1: Finding one less than a given number https://www.thenational.academy/reception/maths/finding-one-less-than-a-given-number-reception-wk5-1</p>	<p>WEEK 5 Lesson 2: Exploring one more and one less https://www.thenational.academy/reception/maths/exploring-one-more-and-one-less-reception-wk5-2</p>	<p>WEEK 5 Lesson 3: Investigating number combinations within 20 https://www.thenational.academy/reception/maths/investigating-number-combinations-within-20-reception-wk5-3</p>	<p>WEEK 5 Lesson 4: Review Lesson: A Maths meeting https://www.thenational.academy/reception/maths/review-lesson-a-maths-meeting-reception-wk5-4</p>	<p>WEEK 5 Lesson 5: Patterns and ordinal numbers https://www.thenational.academy/reception/maths/patterns-and-ordinal-numbers-reception-wk5-5</p>
Foundation Subjects	<p>WEEK 5 Lesson 1: Feelings https://www.thenational.academy/reception/foundation/feelings-reception-wk5-1</p>	<p>WEEK 5 Lesson 2: Transport https://www.thenational.academy/reception/foundation/transport-reception-wk5-2</p>	<p>WEEK 5 Lesson 3: Transport Song https://www.thenational.academy/reception/foundation/transport-song-reception-wk5-3</p>	<p>WEEK 5 Lesson 4: Construct a vehicle https://www.thenational.academy/reception/foundation/construct-a-vehicle-reception-wk5-4</p>	<p>WEEK 5 Lesson 5: Transport Model https://www.thenational.academy/reception/foundation/transport-model-reception-wk5-5</p>

Physical Exercise	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>	<p>PE WITH JOE! Daily kids P.E. sessions with fitness coach Joe Wicks. Every morning at 9AM! https://www.youtube.com/playlist?list=PLyCLOPd4VxBvQafyve889qVcPxYEjdSTI</p> <p>Cosmic Kids https://www.youtube.com/user/CosmicKidsYoga</p>
Mindfulness/ Wellbeing	<p>Mindful Drawing and Breathing</p> <p>Draw a large number '8' and turn it sideways. Trace it with your finger, when your finger moves upwards, breathe in. When your finger moves downwards, breathe out.</p>	<p>Take a close look</p> <p>Go outside, stand still and take in your surroundings. Choose one object at a time to take a deeper look at. A ladybird, a blade of grass, the bark of a tree. Get close to it, look closely. Can you see anything new?</p>	<p>Mindful Tasting</p> <p>Use snack time as an opportunity to be mindful. Hold your snack and look at it for 10 seconds. What is happening inside your mouth while you anticipate it? Gently place it on your tongue for 10 seconds. What is happening to the snack? Is it melting? Crumbling? Observe what happens when you finally bite into it!</p>	<p>Mindful Feeling</p> <p>Ask someone at home to place 10 different items in a bag/box.</p> <p>Close your eyes and hold one item at a time. Use your hands to feel and hold the item. What emotions are you feeling? Does it make you feel excited, curious, comfortable?</p>	<p>Smelly adventure</p> <p>Go on a nature walk. Collect some interesting objects. Once they are all collected, close your eyes and smell one at a time. Can you guess which item you are smelling? Can you describe how it smells?</p>